

CSUSM TRIO Upward Bound Program



Your connection to Higher Education

#trioworks

What is Upward Bound?

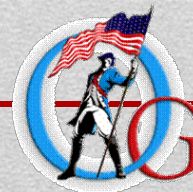
- A College Preparation Program designed to assist 9-12th grade students graduate from high school and attend the college of their choice. (We currently have CSUSM Upward Bound Alumni from Escondido High School and Orange Glen High School currently studying at Stanford University, Marquette University, UCLA, USC, CSUSM, SDSU, CSU Fullerton and more!!)
- Participation is year round
- UB serves 75 students from 2 high schools
 - Escondido and Orange Glen





Who is Eligible?

- Students who are:
 - US Citizens or Permanent Residents *(must have a Social Security Card)*
- Meets one or all of the following:
 - First-generation college bound *(neither parent has completed a 4-year college degree)*
 - Family meets Federal low-income guidelines
 - Demonstrates Academic need
- Students enrolled / or planning to attend:
 - Escondido High School
 - Orange Glen High School





What services does UB provide?

**Academic Component
(At EHS or OGHS)**

**Summer Component
(At CSUSM, Non-Residential)**

Academic Component

- **One-to-one meeting with student and parent(s) once per semester to review:**
 - A-G Requirements
 - Grades
 - Academic Goals
 - Participation in UB
 - If needed: Counselor Intervention meetings





Free: After School Tutoring & 24/7 Online Tutoring

- Where?
 - At your high school or the UB Office, as needed. We also have an online tutoring component offered to all UB Participants.
- Why?
 - Complete homework
 - Receive 1-1 help with school work
 - Develop good study habits
 - To maintain at least a 2.5 gpa
- Who are the tutors?
 - CSUSM college students who specialize in areas such as Math, Science, English, History, etc.

Online Tutoring: You will be given your own login information for our 24/7 Online Tutoring. There will be a tutor available to help you at any time of the day. You will get to use this service as much as you need and in all subjects!! For FREE!



TRIO Leaders Learning

- How often and where?
 - **ONE** Saturday per month at CSU San Marcos
 - Why?
 - Improve academic skills
 - Career Exploration: Guest Speakers
 - Life skills workshops (Time Management, Goal Setting, etc.)
 - Free College Tours!
 - Prepare for college entrance exams (SAT or ACT)
 - One on One work with CSU Admissions Staff on any/all college applications, FAFSA, scholarships etc...
 - Cultural Enrichment and Social Justice Seminars
 - How do I get there?
 - UB provides free transportation to and from each high school
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Community Service

- Why?
 - An opportunity for our students to give back
 - Looks great on college applications
 - Beneficial when completing scholarship applications
 - Encourages team work
- Examples of past community service projects
 - Juvenile Diabetes Foundation Walk
 - Oceanside Beach clean-up
 - Cardiovascular Disease Foundation
 - Garden Development at Pala Transfer Station
 - Rancho Guajome Park Clean-Up
 - San Diego Food Bank
 - Feeding America
 - Wounded Warrior Homes Clean-Up



Cultural/Motivational Activities

- Why?
 - To develop well-rounded students
- What kind of Cultural Events?
 - Broadway musicals, Plays, Museums, Tours of Movie Studios, TV Audience opportunities, Sporting Events
- What kind of Motivational Activities?
 - Professional Sporting events
 - College Sporting Events: Annual SDSU Football Game
 - Bowling, Movies, Amusement Parks
 - Career Day w/ San Diego Padres

Pier 39 San Francisco



Golden Gate Bridge San Francisco



AT&T Park: MLB Giants Stadium



Levi Stadium: NFL 49er Santa Clara



Summer Component

- Why?
 - Enrich academic skills in a college setting
 - Have first-hand college experience
 - Enhance personal growth
 - To familiarize students with a college campus
- Where?
 - California State University San Marcos
- What does it involve?
 - Daily academic classes, Recreational Activities,
 - Leadership Development, Social Activities
- How Long?
 - 6 weeks on campus at CSUSM



What else are we looking for?

- Students possessing these characteristics:
 - Academic Discipline
 - Motivation
 - Sense of Commitment
 - Appreciation for cultural diversity

UC Davis



Chico State



Humboldt State



How do you apply?

- **Complete an application packet**

- Requires 2 letters of recommendation ✓
(Teacher, Counselor, Coach, Community Leader)
- School transcripts & Test Scores ✓
- First 2 pages of Tax Return (1040 or 1040A) ✓
- Copy of Social Security Card ✓
- Short Essay about how the Upward Bound Program could help you ✓

- **Attend parent/student interview**

- We want motivated students, who are ready to learn about the college process, and willing to accept our help. We interview both parents and students to see what each student needs individually and program our services accordingly.

All personal information is kept confidential by UB Staff

Frequently Asked Questions...

- **When can I start?**

We have had current EHS and OGHS start this semester, only a week after they applied!

- **Why should I apply?**

Not only is it a great experience but our program is mentioned within the UC application! UB Students are **FOUR** times more likely to learn a 4-year degree, than their peers from the same schools, who do not join! This is because we work with you one on one, every year, ensuring your knowledge of the college application process.

- **Where do I turn in my application?**

When your application is complete you can call us at 760-750-4887 to schedule a pick up!

Frequently Asked Questions...

- **How long will I be in the program?**

All 4 years of high school. Up to 6 years after high school to ensure your higher education completion.

- **Can I be in two TRIO Programs?**




No you can only be in ONE TRIO Program.

- **What is the main difference between TRIO Upward Bound and TRIO Talent Search?**

The main difference between the two outstanding TRIO Programs would be the number of students served in each program. Our UB Program works one on one with 75 students and spends more time with our students during the summer component. Talent Search typically works with upwards of 500 students. *We encourage you to apply to whichever one program you want, TRIO WORKS!

Contact Information

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