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| <b>ORIGINATOR'S SECTION:</b>   |                               |  |
| 1. College: <u>Health &amp; Human Services</u> Desired Term: <u>Fall</u> and Year <u>2007</u> of implementation.   |                               |  |
| 2. Course is to be considered for G.E.? (If yes, also fill out appropriate GE form*) Yes _____ No <u>X</u>   |                               |  |
| 3. Course will be a variable-topics (generic) course? ("generic" is a placeholder for topics) Yes _____ No <u>X</u>  |                               |  |
| 4. Course abbreviation and Number:*<br><b>KINE 200</b>   |                               |  |
| 5. Title: (Titles using jargon, slang, copyrighted names, trade names, or any non-essential punctuation may not be used.)<br><b>First Aid and Safety</b>   |                               |  |
| 6. Abbreviated Title for Banner:<br>(no more than 25 characters, including spaces)<br><b>First Aid and Safety</b>  |                               |  |
| 7. Number of Units: <b>1</b>   |                               |  |
| 8. Catalog Description: (Not to exceed 80 words; language should conform to catalog copy. Please consult the catalog for models of style and format; include all necessary information regarding consent for enrollment, pre- and/or corequisites, repeated enrollment, crosslisting, as detailed below. Such information does <u>not</u> count toward the 80-word limit.)<br><br>This course acquaints the individual with emergency first aid procedures. Included in the topics will be wounds, splinting, burns, rescue breathing, diabetes, epilepsy, heart failure, stroke and environmental emergencies. Each student will have the opportunity to acquire his/her certificate in Community First Aid and Safety. This course is taught by a certified American Red Cross Instructor. |                               |  |
| 9. Why is this course being proposed?<br><br>This course satisfies a need for students in the Nursing and Kinesiology Departments, as many work at facilities or as interns with clients of all ages, abilities, and health status. Most of these positions require certification in first aid, yet no classes are currently offered at CSUSM. Thus, students seeking first aid certification currently take classes outside of CSUSM. This course will cater to their needs as well as students across campus seeking First Aid/Safety training.  |                               |  |
| 10. Mode of Instruction*<br>(See pages 17-23 at <a href="http://www.calstate.edu/cim/data-elem-dic/APDB-Transaction-DED-SectionV.pdf">http://www.calstate.edu/cim/data-elem-dic/APDB-Transaction-DED-SectionV.pdf</a> for definitions of the Course Classification Numbers)  |                               |  |
| <b>Type of Instruction</b>   | <b>Number of Credit Units</b> | <b>Instructional Mode (Course Classification Number)</b> |
| Lecture  |                               |  |
| Activity   |                               |  |
| Lab  | 1                             | C-06   |
| 11. Grading Method:*<br><input type="checkbox"/> Normal (N) (Allows Letter Grade +/-, and Credit/No Credit)<br><input type="checkbox"/> Normal Plus Report-in-Progress (NP) (Allows Letter Grade +/-, Credit/No Credit, and Report-in-Progress)<br><input checked="" type="checkbox"/> Credit/No Credit Only (C)<br><input type="checkbox"/> Credit/No Credit or Report-in-Progress Only (CP)  |                               |  |
| 12. If the (NP) or (CP) grading system was selected, please explain the need for this grade option.<br><br>The student's grade (CR/NC) will coincide with whether they pass or fail their American Heart Association certification test.   |                               |  |

\* If Originator is uncertain of this entry, please consult with Program/Department Director/Chair.

13. Course Requires Consent for Enrollment?  Yes  No  
 Faculty \_\_\_\_\_ Credential Analyst \_\_\_\_\_ Dean \_\_\_\_\_ Program/Department - Director/Chair \_\_\_\_\_

14. Course Can be Taken for Credit More than Once?  Yes  No  
 If yes, how many times 2 (including first offering)

15. Is Course Crosslisted:  Yes  No  
 If yes, indicate which course \_\_\_\_\_ and check "yes" in item #22 below.

16. Prerequisite(s): N/A

17. Corequisite(s): N/A

18. Documentation attached:  Syllabus or \_\_\_\_\_ Detailed Course Outline

19. If this course has been offered as a topic, please enter topic abbreviation, number, and suffix:\*

20. How often will this course be offered once established?\*

It is expected that this course will be offered every semester in the Department of Kinesiology.

**PROGRAM DIRECTOR/CHAIR - COLLEGE CURRICULUM COMMITTEE SECTION:**  
*(Mandatory information - all items in this section must be completed.)*

21. Does this course fulfill a requirement for any major (i.e., core course or elective for a major, majors in other departments, minors in other departments)? YES  NO \_\_\_\_\_  
 If yes, please specify:  
 This course is a required class for new concentrations in Kinesiology that are currently undergoing review by the University Curriculum Committee.

22. Does this course impact other discipline(s)? (If there is any uncertainty as to whether a particular discipline is affected, check "yes" and obtain signature.) \_\_\_\_\_ Yes  No  
 If yes, obtain signature(s). Any objections should be stated in writing and attached to this form.

|            |           |       |         |        |
|------------|-----------|-------|---------|--------|
| _____      | _____     | _____ | Support | Oppose |
| Discipline | Signature | Date  |         |        |
| _____      | _____     | _____ | Support | Oppose |
| Discipline | Signature | Date  |         |        |

**SIGNATURES : (COLLEGE LEVEL) :**

**(UNIVERSITY LEVEL)**

1. Originator (please print or type name) Kara Witzke Date 4/17/06

2. Program Director/Chair \_\_\_\_\_ Date 4/17/06

3. College Curriculum Committee \_\_\_\_\_ Date 4/18/06

4. College Dean (or Designee) \_\_\_\_\_ Date 5-15-06

5. UCC Committee Chair \_\_\_\_\_ Date \_\_\_\_\_

6. Vice President for Academic Affairs (or Designee) \_\_\_\_\_ Date \_\_\_\_\_

7. President (or Designee) \_\_\_\_\_ Date \_\_\_\_\_

\* If Originator is uncertain of this entry, please consult with Program/Department Director/Chair.

**CALIFORNIA STATE UNIVERSITY, SAN MARCOS  
DEPARTMENT OF KINESIOLOGY**

**KINE 200 First Aid & Safety  
1 semester credit hour**

**Course Description:**

This course acquaints the individual with emergency first aid procedures. Included in the topics will be wounds, splinting, burns, rescue breathing, diabetes, epilepsy, heart failure, stroke, and environmental emergencies. Each student will have the opportunity to acquire his/her certificate in Community First Aid and Safety. This course is taught by a certified American Red Cross Instructor.

**Course Objectives:**

The student will be able to:

- Recognize and treat shock, an obstructed airway, and bleeding emergencies.
- Be able to identify and care for musculoskeletal injuries to the head and neck, trunk, and extremities.
- Identify various causes, symptoms and treatment for hypothermia and hyperthermia.
- Recognize the various classifications and the appropriate management of burns.
- Identify the signs and symptoms of diabetic and epileptic emergencies and be able to give emergency care.
- Have the ability to effectively move an injured person with assistance of one or more rescuers.
- Demonstrate how to apply roller, cravat, and triangular bandages to the different parts of the body.
- Properly execute the various techniques of splinting for fractures to the musculoskeletal system.

**Course Outline:**

1. Introduction to First Aid and Emergency Care
2. Victim Assessment
3. Control of Bleeding
4. Shock
5. Wounds
6. Musculoskeletal Injuries
7. Poisoning Emergencies
8. Drug and Alcohol Emergencies
9. Diabetes, Epilepsy
10. Burns
11. Heat and Cold
12. Stabilization and Transfer of Victim

**Required Materials**

American Red Cross. Community First Aid and Safety. Staywell Publ.  
American Red Cross – First Aid Kit