

HUMAN DEVELOPMENT**Office:**

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Program Director:

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Programs Offered:

- Bachelor of Arts in Human Development Areas of concentration:
 - Counseling Services
 - Health Services
 - Individualized

The human development major is an interdisciplinary program that focuses on human growth and development throughout the life span, and on the familial, social, cultural, and political networks in which individuals develop. Course offerings are drawn primarily from psychology, sociology, and biology. The human development major is designed to prepare undergraduates to succeed in an increasingly diverse cultural, ethnic, economic, and political environment. Respect for those differences in the context of human service settings is an integral part of our program.

Human Development Mission Statement

The mission of the Human Development Program at California State University San Marcos as aligned with the [Program Student Learning Outcomes](#) (PSLOs) for the department are that all Human Development majors will:

- Learn to demonstrate understanding of the complex interplay of body, mind, culture and environment that shapes developmental processes and outcomes [in the life span of human development]. [PSLO 1, PSLO 4]
- Integrate complementary and interdependent disciplines in their careers that include roles, service to clients and management of resources for diverse communities in the workplace. [PSLO 1, PSLO 3, PSLO 5]
- Use multiple perspectives and theoretical frameworks to equitably serve diverse communities. [PSLO 1, PSLO 3]
- Actively and critically advance evidence-based practices that are guided by action research. [PSLO 2, PSLO 3]
- Promote social responsibility, ethical and professional standards, civic engagement, and service to the greater community. [PSLO 4]

In support of this mission, the Human Development Program engages students in a challenging academic curriculum which combines traditional classroom learning with experiential problem-based and field experience opportunities in human development-related professions in diverse settings. In addition to completing required core coursework, each student completes two courses chosen from one of three options: Counseling Services, Health Services, or a General option. Courses within the first two options have been selected to provide an educational foundation for students wishing to pursue careers in each

of these arenas. The General option allows students to create their own specialty area selected from the list of electives or taken with instructor permission. Experiential learning is gained from field experience where students participate in community service learning activities related to their career and intellectual interests in human development. Students also conduct an applied research study in subject matter in human development that is of particular interest to them. These field activities are combined with classroom-based reflection exercises facilitated by Human Development faculty in collaboration with community service providers.

Student Learning Outcomes

Students who graduate with a Bachelor of Arts in Human Development will be able to:

1. Demonstrate understanding of developmental theories and how biological, psychological, social, historical and cultural dynamics influence developmental processes, and use theory as a framework to address real-world problems related to lifespan development in applied settings such as counseling, health care, and education.
2. Demonstrate understanding of how social categories such as gender, race, ethnicity, class, age, ability, sexuality, and religion – and the intersections of these identities – relate to diverse experiences across the lifespan.
3. Apply skills, knowledge and goal setting toward employment in health and human services, including documenting field experiences in health and human services settings.
4. Demonstrate understanding of research methods that are commonly used in human development scholarship and how to design, conduct and present an original research project.
5. Summarize the delivery of social services, including: funding, staffing, assessments, program development and evaluation.

Special Conditions for the Bachelor of Arts in Human Development

All courses counted toward the major, including Preparation for the Major courses, must be completed with a grade of C (2.0) or better. A minimum of eighteen (18) units counted toward the human development major must have been completed at Cal State San Marcos.

Advising

Students first consult the Human Development Advisor in Student Services in COEHHS for assistance. After meeting with the HD advisor, students may consult with the assigned faculty mentor for additional support.

Career Opportunities

Students with a Bachelor's degree in Human Development are qualified to work in a variety of settings related to providing services for others. These might include health care, child and adult care centers, community projects providing outreach to youth and adults, sales, service related government agencies such as housing, law enforcement, and criminal justice, and assisting with community development, both in the United States and around the world. A Bachelor's degree in Human Development may also prepare students for graduate studies in marriage, family, and child counseling, social work, teaching, public administration, psychology, business, or law.

Students interested in these career opportunities should consult with advisors in appropriate areas before planning their programs. Finally, the Human Development major will prepare students for master's and doctoral level training in fields such as Sociology, Social Work, Marriage and Family Therapy, Anthropology, Ethnic Studies, Women's Studies, Psychology, and Human Development, among others.

BACHELOR OF ARTS IN HUMAN DEVELOPMENT

	Units
General Education*	51
Preparation for the Major*	15
Major Requirements	46

Students must take a sufficient number of elective units to bring the total number of units to a minimum of 120

Preparation for the Major

Lower-division (15 units)	
ANTH 200*	3
HD 101	3
HD 102	3
HD 220	3
HD 230 or HD 231*	3

• HD 230 is a traditional approach to research focusing on the various models to collect data. HD 231 is focused on developing interventions and delivery services that result from data gathering.

Upper-Division General Education "BB"

Select three (3) units from one of the following:

UDGE must be taken after you have completed 60 units

BIOL 321
BIOL 323
BIOL 325

Major Requirements

Upper-division (25 units)	
Core Courses	25

Three (3) units of Management and Administration	3
HD 300	

Three (3) units of Theory	3
HD 301	

Nine (9) units of Lifespan Studies	9
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Select nine (9) from the following choices:

HD 302 (3 units)
HD 303 (3 units)
HD 304 (3 units)

Seven (7) units of Field Studies	7
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HD 495 (3 units)
HD 497 (4 units)

Three (3) units of Capstone	3
HD 490	

Upper-division (9 units)	
Elective Courses	9

Select nine (9) units from the following options:

BIOL 327
BIOL 328
BIOL 329
HD 380
HD 381
HD 385

Counseling Services Option Requirements

This concentration focuses on psychological well-being and distress throughout the human life span.

Twelve (12) units of upper-division requirements

HD 360	3
HD 361	3
HD 382	3
HD383	3

Health Services Option Requirements

This concentration focuses on physiological well-being and illness throughout the human life span.

Twelve (12) units of upper-division requirements

HD 350	3
HD 351	3
HD 384	3
BIOL 321 Or 323 Or 325	3

The three units of BB courses taken to satisfy the Biology requirements cannot be double counted for the 3 units of Biology required for the Health option.

General Option Requirements

This concentration focuses on psychological well-being and Allows for an individualized course of study in human development.

Six (6) of upper-division requirements from other options and six (6) Upper-Division HD Elective Courses (courses will NOT count twice to meet requirement).

GRMN 312 (3)**German Composition and Advanced Oral Practice**

Advanced-level practice of German through oral and written exercises. *Conducted in German. Enrollment Requirement: GRMN 202.*

GRMN 314 (1-3)**Topics in German Culture**

Selected topics of study drawn from German culture and civilization. Topics will vary according to the instructor, and the semester offered. Students should check the class schedule for listing of actual topics. *May be repeated for credit as topics change for a total of six (6) units. Conducted in German. Prerequisite: GRMN 201.*

GRMN 315 (3)**Introduction to Literature in German**

Designed to help students read, understand, and enjoy a representative selection of masterpieces of German literature. It will survey the development of German literature from the age of Enlightenment to the present. Readings in fiction, poetry, and drama will introduce the students to a critical approach to literature. *Conducted in German. Recommended Preparation: GRMN 311. Enrollment Requirement: GRMN 202.*

GRMN 318 (3)**Business German**

German language and culture within the context of German business and economics. Extensive reading, listening comprehension, and speaking exercise about up-to-date issues related to business and political matters. *Course conducted in German. Enrollment Requirement: GRMN 202.*

GRMN 331 (3)**Introduction to German Linguistics**

Introduction to the linguistic analysis and scientific study of the German language. Examines a number of topics in German linguistics, including historical development and the relationship of German to other Germanic languages, German phonetics and phonology, morphology and word formation, and syntax. Looks at German sociolinguistics and dialectology, as well as varieties of German spoken in Eastern Europe and the Americas. *Course is taught in German and English. Enrollment Requirement: GRMN 202.*

GRMN 350 (3)**Civilization and Culture of German Speaking Countries**

Study of the culture and civilization of the German people and the Germanic world. Analysis of literature, art, history, geography, and contemporary social structures. *Conducted in German. Enrollment Requirement: GRMN 202.*

GRMN 380 (3)**German Culture Through Film**

Study of important aspects of German-speaking cultures and history as they are represented in film. Elements of film analysis. Compositions and analysis of selected grammar topics. *Conducted in German. Enrollment Requirement: GRMN 202.*

GRMN 395A (1) 395B (2) 395C (3)**Independent Study**

Students will study their own field of interest within German, Austrian, and Swiss literature and culture. Readings, written papers, and oral discussions will be guided by the instructor. A minimum of three analytical papers will be required. *Students must meet weekly with the instructor. May be repeated for a total of nine (9) units. Conducted in German. Enrollment restricted to students who have obtained consent of instructor.*

GRMN 410 (3)**Topics in German Literature**

Selected topics of study drawn from German Literature. *Topics will vary according to the instructor, and the semester offered. Students should check the class schedule for listing of actual topics. May be repeated for credit as topics change for a total of six (6) units. Conducted in German. Prerequisite: GRMN 311 or 312.*

HUMAN DEVELOPMENT (HD)**College of Education, Health and Human Services****HD 101 (3)**

Introduction to Human Development Across the Lifespan Survey the concepts, theories, and research that make up lifespan development. Students will be introduced to concepts and applications in the four emphasis areas of the Human Development Program which include Counseling, Health, Children's Services, and Adult/Gerontology. *May not be taken for credit by students who have received credit for ID 170-1.*

HD 170 (1-3)**Topics in Human Development**

Selected topics in Human Development. *May be repeated for a total of twelve (12) units as topics change. Credit may not be counted toward the Human Development major. Students should check the Class Schedule for the listing of actual topics. Enrollment restricted to students who have obtained consent of the instructor.*

HD 300 (3)**Administration in Human Service Settings**

Theory and research in the effective management and administration of human service organizations. Subject matter includes ethics, confidentiality, funding and grant-writing, licensure, decision making and leadership, personnel management, public relations, and program evaluation. *Enrollment restricted to Human Development majors with Junior or Senior standing. Prerequisites: ANTH 200, HD 101, PSYC 100, PSYC 220, and PSYC 230.*

HD 301 (3)**Theories of Human Development**

Survey of theories in human development (drawn primarily from psychology, sociology, biology and anthropology) with a focus on their application in understanding social problems and issues, and their use in the development and delivery of human services. *Enrollment restricted to Human Development majors (and Liberal Studies majors with a declared Special Field in Child Development or Human Development) with Junior or Senior standing. Prerequisites: ANTH 200, HD 101, PSYC 100, PSYC 220, and PSYC 230.*

HD 350 (3)**Health and Human Development**

Focuses on the intersection between health issues and human development across the lifespan. Explores health issues as they relate to points of human development, health policy, health promotion, prevention, wellness and disease across the lifespan. Includes a discussion of developmental, family and lifespan influences on health including health issues and explores culture as it relates to these topics. Gives students interested in health care careers essential knowledge to provide effective health services. *May not be taken for credit by students who have received credit for HD 370-1. Enrollment restricted to Kinesiology majors in the Health Science Option, and Human Development majors with Junior or Senior standing. Prerequisites: ANTH 200, HD 101, PSYC 100, PSYC 220, and PSYC 230.*

HD 360 (3)

Effective Counseling Interventions Across the Lifespan Provides a foundation in the theory of counseling and effective components of evidence-based interventions. Students will become familiar with empirically supported relationship variables that are critical to counseling interactions, evidence-based approaches to counseling across the lifespan, and specific strategies integral to these interventions. The impact of development and socio-cultural forces will be discussed. A scientific, theory-based approach to counseling, emphasizing the integration of research and clinical work, using a developmental framework, will be used. *May not be taken for credit by students who have received credit for HD 370-2. Enrollment restricted to Human Development majors with Junior or Senior standing. Prerequisites: ANTH 200, HD 101, PSYC 100, PSYC 220, and PSYC 230.*

HD 361 (3)**Introduction to Interpersonal, Interviewing, and Interaction Skills**

Provides basic training in the interpersonal and communication skills integral to counseling-related careers. Includes a focus on ethics, confidentiality, intercultural and gender issues. *Enrollment restricted to Human Development majors with Junior or Senior standing. Prerequisites: ANTH 200, HD 101, PSYC 100, PSYC 220, and PSYC 230.*

HD 370 (1-3)**Advanced Topics in Human Development**

Selected topics in Human Development. *May be repeated for a total of twelve (12) units as topics change. Students should check the Class Schedule for the listing of actual topics. Enrollment restricted to students who have obtained consent of the instructor. Prerequisites: ANTH 200, HD 101, PSYC 100, PSYC 220, and PSYC 230.*

HD 380 (3)**Applications in Child and Youth Development**

Considers the social, cultural, cognitive, emotional, linguistic, and behavioral development of children and adolescents from multidisciplinary, multicultural, and applied perspectives. Students will learn major theories of development in order to apply that knowledge to their work in evidence-based services and programs for children and youth. Includes a field experience component through which students will consider how their in-class learning is enacted in the lived experiences of children and youth. Special attention is given to identifying multicultural and socio-cultural influences on development. *May not be taken for credit by students who have received credit for HD 370-3. Also offered as EDUC 380. Students may not receive credit for both. Prerequisites: ANTH 200, HD 101, PSYC 100, PSYC 220, and PSYC 230.*

HD 490 (3)**Human Development in Perspective**

A seminar intended for students in their final year of undergraduate study. Drawing from theories and knowledge gained from previous courses, this capstone course helps students to experience the application of such knowledge within allied health and human services fields. *Enrollment restricted to Human Development majors with Senior standing. Prerequisites: ANTH 200, HD 101, PSYC 100, PSYC 220, and PSYC 230.*

HD 495 (3)**Field Experience in Human Development**

Supervised experience providing service in health and human services setting. Students will spend approximately eight (8) hours per week, for a minimum of 90 hours during the semester, in a child, adolescent and/or adult human services organization. Students will participate in service delivery, conduct observations, attend weekly class meetings, read related material and prepare written reports. *May be repeated for a total of six (6) units, but no more than three (3) units of credit may be applied toward the major. Prerequisites: ANTH 200, HD 101, PSYC 100, PSYC 220, and PSYC 230. Students must have completed a pre-course orientation offered the prior semester.*

HD 497 (4)**Applied Research in Human Development**

Reviews the importance of theory, research objectives and various quantitative and qualitative methods. Students will be expected to participate in the development and implementation of an applied research study that they either initiate or is part of an ongoing research study. Students will be involved in data collection, data coding, data analysis and manuscript preparation. *Three hours of lecture and two hours of laboratory. Enrollment restricted to Human Development majors with Junior or Senior standing. Prerequisites: ANTH 200, HD 101, PSYC 100, PSYC 220, and PSYC 230.*

HD 499A (1) 499B (2) 499C (3)**Supervised Independent Study**

Independent study deals with a special interest not covered in a regular course or with exploration in greater depth of a subject introduced in a regular course. Discussion in individual conferences. *May be repeated for a total of six (6) units of credit. Enrollment restricted to students who have obtained consent of instructor. Prerequisites: ANTH 200, HD 101, PSYC 100, PSYC 220, and PSYC 230.*

HISTORY (HIST)**College of Humanities, Arts, Behavioral and Social Sciences****HIST 101 (3)****World Civilizations to 1500**

Surveys the history of the world from the early river-valley civilizations to the year 1500. Emphasis upon Afro-Eurasia and the Americas. Subject matter includes politics, society, religion, and global interactions. *May not be taken for credit by students who received credit for HIST 201.*

HIST 102 (3)**World Civilizations to Present**

Surveys the history of the world from the 16th Century to the present. Examines transcultural interactions, colonialism, revolutions, industrialization, the world wars and the origins of the modern world.

HIST 130 (3)**U.S. History 1500-1877**

Survey of the development and changing historical interpretation of American institutions and society from the colonial period through Reconstruction. Special attention to the interplay of European, American Indian, and African cultures in this development. Themes include immigration, colonial formation, Indian-white contact, constitutional development, economic change, religion, slavery, race relations, status of women, westward expansion, reform, and political parties. *May not be taken for credit by students who have received credit for HIST 230.*

HIST 131 (3)**U.S. History 1877-Present**

A survey of the development and the changing historical interpretation of institutions and society in the United States from the end of Reconstruction to the present. Special attention to the interplay between races and cultural diversity and conflict. Themes include immigration, constitutional development politics, economics, religion, reform, the growth of the U.S. as a world power, status of women, westward expansion, and urbanization. *May not be taken for credit by students who have received credit for HIST 231.*

HIST 300 (3)**Thematic Topics in History**

Thematic topics in History. Topics may come from any world area or be comparative. *May be repeated for credit as topics change for a total of six (6) units. Students should check the Class Schedule for listing of actual topics.*

HIST 301 (3)**Historical Methods and Writing**

Offers an introduction to historical methodology and theory. Explores the various approaches historians take to their study and the variety of tools historians use, including digital history. Students will produce an original research project based on primary sources, in engagement with existing historical scholarship.

HIST 305 (3)**Early Industrial Britain, 1688-1850**

Charts the early economic transformation of Britain and its role in shaping issues of politics and constitutional forms; surrounding the developing of class, gender, and social relationships; framing questions of empire and imperial policy; and cultural and intellectual expression. Uses Britain's industrialization as a case study to isolate structural components of that process within the particular situation found in Britain from 1688-1850.

HIST 306 (3)**History of Internationalism and Human Rights**

A course in intellectual history that considers the history behind the idea of human rights in the modern world. Explores how historical ideas about universalism and human nature from the 18th century forward led to challenges to the nation-state system as the dominant model of international society. Subjects include abolitionist movements, anti-imperialism, self-determination, and humanitarian agencies, with special emphasis on the League of Nations, United Nations, and the challenges that human rights pose to questions of national sovereignty. *May not be taken for credit by students who have received credit for HIST 300G.*