California State U		Marcos • COURSE	CHANGI	E(S) •	FORM C-2		
ORIGINATOR'S SECTION:							
1. College: ☐ CHABSS ☐ CoBA ☐ CoEHHS ☐ CSM  Desired Term and Year of Spring 2017			f Implementa	tion (e.g.,	Fall 2008):		
2. Current Course abbreviation and Number: NURS 539C							
TYPE OF CHANG	F(S) Chack Val	I that apply					
Course Number C		Delete Prerequisite			Other Prerequi	site Change	
Course Title Char	ige 🛛	Add Corequisite			Grading Metho	d Change	
Unit Value Chang	ge 🗆	Delete Corequisite			Mode of Instruc Number)	ction Change (C/S	
Description Chan	ge 🗵	Add Consent for Enrollm	Add Consent for Enrollment			E. If yes, also fill iate GE form.	
Add Prerequisite		Delete Consent for Enroll	ment		Cross-list		
Infor	mation in this s	ection- both current and ne	w – is requir NEW	ed only	for items checke	ed (√) above.	
					and Number:		
CURRENT INFO	DRMATION:		Title. /Title	o nolu~ !-	waan slana same	ighted names trade -	amas
3. Title: Advanced Pr	actice Externs	ship - FPMHNP	or any non-	Title: (Titles using jargon, slang, copyrighted names, trade names, or any non-essential punctuation may not be used.)			
				Advanced Field Study: Mental Health Management of Vulnerable Populations Across the Lifespan			
4. Abbreviated Tit			Abbreviate	Abbreviated Title for PeopleSoft:			
(no more than 25 ch Adv Prac Ex			(no more than 25 characters, including spaces)				
Adv Prac Ex	trpwihnp		Auvr	Adv Field Mgmt Vulner Popul			
5. Number of Units:		Number of Units:					
Designed for the Family Psychiatric Mental Health Nurse Practitioner to work in a clinical setting and enhance advanced clinical practice under the supervision of an advanced practice nurse or physician as a role model. Advanced assessment skills and advanced nursing practice in the FPMHNP role will be performed.		Catalog Description: (Not to exceed 80 words; language should conform to catalog copy. Please consult the catalog for models of style and format; include all necessary information regarding consent for enrollment, pre- and/or corequisites, repeated enrollment, crosslisting, as detailed below. Such information does not count toward the 80-word limit.)  Clinical practicum focuses on the role of the advanced practice psychiatric mental health nurse in the management of individuals, groups and families with complex mental health needs across the lifespan. Emphasis is placed on vulnerable populations and the impact of social determinants on mental health. The minimum requirement for this practicum is 180 hours. Prerequisite NURS 535C Corequisite NURS 538					
	7. Mode of Instruction* (See pages 17-23 at http://www.calstate.edu/cim/data-elem-dic/APDB-Transaction-DED-SectionV.pdf for						
definitions of the Co	urse Classification Number of	1 Numbers) Instructional Mode	Type of		Number of	Instructional Mode	
Instruction	Credit Units	(Course Classification Number)	Instruction		Credit Units	(Course Classification Number)	1
Lecture			Lecture				
Activity			Activity				
Lab			Lab				
8. Grading Method:*  Normal (N) (Allows Letter Grade +/-, and Credit/No Credit)  Normal Plus Report-in-Progress (NP) (Allows Letter Grade +/-, Credit/No Credit, and Report-in-Progress)  Credit/No Credit Only (C)  Credit/No Credit or Report-in-Progress Only (CP))		☐ Norma  Cre  Credit/	l (N) <i>(Alla</i> l Plus Rep <i>dit/No Cr</i> No Credit				

<sup>\*</sup>If Originator is uncertain of this entry, please consult with Program Director/Chair.

CURRENT INFORMATION:	NEW INFORMATION:				
9. If the NP or CP grading system was selected, please explain the need for this grade option.					
10. Course Requires Consent for Enrollment?	Course Requires Consent for Enrollment?				
Yes No	Yes No				
Faculty Credential Analyst Dean	Faculty Credential Analyst Dean				
Program/Department/Director/Chair	Program/Department/Director/Chair				
11. Course Can be Taken for Credit More than Once?	Course Can be Taken for Credit More than Once?				
Yes No	Yes No				
If yes, how many times (including first offering)	If yes, how many times (including first offering)				
12. Is Course Cross Listed: Yes No	Is Course Cross-listed? Yes No				
If yes, indicate which course	If yes, indicate which course				
	and check "yes" in item #17 below.				
13. Prerequisite(s):	Prerequisite(s):				
None	Prerequisite(s): NURS 535C  Corequisite(s): NURS 538				
14. Corequisite(s):	Corequisite(s): ///// 538				
None	11000				
15. Documentation attached:					
Syllabus Detailed Course Outline					
PROGRAM DIRECTOR/CHAIR - COLLEGE CURRICULUM C	COMMITTEE SECTION:				
(Mandatory information - all items in this section must be completed	)				
16. Does this course fulfill a requirement for any major (i.e. core co	ourse or elective				
for a major, majors in other departments, minors in other departm	nents? Xes No				
If yes, please specify:					
The state of the s	Duration Names Developting Mantal Health Nurse Practitioner				
This is a required course in the MSN concentration – Advanced	Practice Nurse- Psychiatric Mental Health Nurse Fractitotics				
Track and Post-Certificate program					
17. Does this course change impact other discipline(s)? (If there is	any uncertainty as to whather a particular discipline is affected.				
check "yes" and obtain signature.) Check "yes" if the course is cross-	listed Ves No				
If you obtain eignoture(c) Any objections should be stated in writing a	and attached to this form.				
If yes, obtain signature(s). Any objections should be stated in writing and attached to this form.					
Discipline	SupportOppose				
	Date				
6					
Discipline	Support Oppose				
Signature	Date				
18. Reason(s) for changing this course:					
The course was updated to be in alignment with the new curricular standards from the National Organization of Nurse Practitioner					
Faculties (2013) and the ANCC National credentialing exam.					
SIGNATURES: (COLLEGE LEVEL):	(UNIVERSITY LEVEL)				
- 0	(5,				
Ludia Greener INChonia 3-16-16					
I. Originator (Please Print) Date	5. UCC Committee Chair Date				
Alaix Morres 3/16/16					
	6. Vice President for Academic Affairs (or Designee) Date				
2. Program Director/Chair Date	6. YICE President for Aeadenne Attaits (or Designee)				
In have 211716					
3. College Curriculum Committee Date	7. President (or Designee) Date				
DIMENO 6016 2117116					
	AFCEN/EA				
4. College Dean (or Designee)					
	MAD 2 0 2010				
	I PACIFIC Z O ZUIO				

# COURSE SYLLABUS CSUSM School of Nursing

NURS539C: Advanced Field Study: Mental Health Management of Vulnerable Populations Across the Lifespan

Faculty:

Professor:

Phone:

Email:

Office Hrs:

Course Units: 4

Course Day/Time/Location: TBD

#### **Course Description:**

Clinical practicum focuses on the role of the advanced practice psychiatric mental health nurse in the management of individuals, groups and families with complex mental health needs across the lifespan. Emphasis is placed on vulnerable populations and the impact of social determinants on mental health. The minimum requirement for this practicum is 180 hours.

Prerequisite: NURS 535C Corequisite: NURS 538

Student Learning Outcomes:	Graduate PSLOs:	
Upon successful completion of this course the	1. Apply theoretical and empirical knowledge	
student will be able to:	at the advanced level.	
1. Apply theoretical and empirical knowledge to the independently manage individuals	2. Conduct and critically analyze research to apply sound clinical decision-making.	
with non-complicated mental health needs across the lifespan.	3. Recognize team dynamics and develop care management plans.	
<ol> <li>Discuss evidence-based management of individuals with complex mental health needs.</li> </ol>	4. Evaluate health care professional collaboration to improve and formulate health care delivery systems.	
<ol> <li>Collaborate with the multidisciplinary team to develop evidence-based treatment plans that reflect an understanding of vulnerable populations.</li> </ol>	5. Recognize diversity and provide culturally sensitive care.	
4. Advocate for health care delivery system change to address health disparities.		

# University and Program Policies (those marked with an \* are required elements of the syllabus)

#### Please note this syllabus is subject to change by faculty.

## \*University Credit Hour:

Students are expected to spend a minimum of two hours outside of the classroom for each unit of credit engaged in learning. This course is a 4 unit course requiring 8 hours per week of outside classroom on assigned learning activities for the course.

#### \*Special Assistance:

Students with disabilities who require reasonable accommodations must be approved for services by providing appropriate and recent documentation to the Office of Disabled Student Services (DSS). This

office is located in Craven Hall 4300, and can be contacted by phone at (760) 750-4905, and by email sent to <u>dss@csusm.edu</u>. Students authorized by DSS to receive reasonable accommodations should meet with faculty during office hours in order to ensure confidentiality.

#### \*Social Media:

The CSUSM SON Social Media Policy (available in the Student Handbook and posted in the Cougar Course) and will be followed by all students.

## \*Attendance Policy:

All students are expected to attend each scheduled class meeting. If you will be absent for any reason you must contact the instructor via cell phone and e-mail with as much advance notice as possible. The format of this course is interactive and the absence of any student will impact the experience for all.

#### \*Late Work:

Work that is submitted after the posted due-date will not be accepted unless otherwise stipulated below.

#### \*Civility and CSUSM Community Values:

CSUSM strives to be a community where students demonstrate respect, for oneself, and for others. Treatment of others with dignity, and behaviors which promote a physically and psychologically safe, secure, and supportive climate is expected of all students. Enabling all community members to engage as full and active participants where the free flow of ideas is encouraged and affirmed.

#### \*University Writing Requirement:

Written assignments in this course fulfill the 2500 word requirement and must follow APA guidelines. Please refer to the required 6<sup>th</sup> edition of the APA Publication Manual.

# \*Student Academic Honesty Policy:

Students are expected to adhere to standards of academic honesty and integrity, as outlined in the Student Academic Honesty Policy. All written work and oral presentation assignments must be original work. All ideas/material that are borrowed from other sources must have appropriate references to the original sources. Any quoted material should give credit to the source and be punctuated with quotation marks.

Students are responsible for honest completion of their work including examinations. There will be no tolerance for infractions. If you believe there has been an infraction by someone in the class, please bring it to the instructor's attention. The instructor reserves the right to discipline any student for academic dishonesty, in accordance with the general rules and regulations of the university. Disciplinary action may include the lowering of grades and/or the assignment of a failing grade for an exam, assignment, or the class as a whole. Incidents of Academic Dishonesty will be reported to the Dean of Students. Sanctions at the University level may include suspension or expulsion from the University. For more information, refer to the full Academic Honesty Policy at

http://www.csusm.edu/policies/active/documents/Academic Honesty Policy.html

#### \*Confidentiality:

Students will maintain confidentiality on all personal and sensitive information obtained in this course. This includes, but is not limited to, avoiding discussions that would allow others to identify the subject of the information and removing names from course papers/class assignments. To discuss patient information in a student forum you may use initials or a name that is not the patient's. Failure to protect the privacy of others is a violation of the Health Information Protection and Privacy Act (HIPPA).

#### \*Core Competencies:

The National Organization of Nurse Practitioner Faculties (NONPF) and the American Association of Colleges of Nursing (AACN) developed the nine core competencies for all nurse practitioners and population focused competencies for psychiatric mental health nurse practitioners and other nurse practitioners. The Competencies can be found in the CSUSM Graduate Student Handbook. Appendices are incorporated in the specific objectives and expected learning outcomes in all courses and in the program. Students are responsible for reviewing the competencies at the beginning of each semester as part of their ongoing self evaluation during their course of study.

#### \*Course Expectations:

## Responsibilities of Clinical Faculty

- 1. Ensure that the preceptor has received and understands the Graduate Preceptor Guidelines Handbook, Graduate Program Preceptor Profile, course syllabus, and the Preceptor Clinical Evaluation Form.
- 2. Arrange meetings with the preceptor, student and faculty during the semester for evaluation purposes
- 3. Provide immediate consultation and/or support of the preceptor when needed or when problems are reported
- 4. Communicate with the student's preceptor to assess student progress a minimum of two visits/semester. These visits are on-site and should include time with the student for self-assessment.
- 5. Collect mid-term and final Preceptor Evaluation of Student Performance from each student.
- 6. Use clinical objectives as outlined on the syllabus and Faculty Evaluation of Student Performance to document the students' progress and specify satisfactory/unsatisfactory completion of clinical competencies.
- 7. Collaborate with the student to complete the Student Evaluation of Preceptor form at the end of the semester.
- 8. Provide contact information to preceptor.

# Responsibilities of the Preceptor

- 1. The preceptor will provide a setting in which the student will function in the role of an advanced practice nurse and gain experience in clinical practice
- 2. The preceptor will function as a role model to provide clinical teaching and supervision for the student in the assessment, diagnosis, and treatment of patients.
- 3. The preceptor will adhere to institutional policies regarding co-signing of all records and orders written by the nurse practitioner student.
- 4. The preceptor will agree to meet twice each semester with the clinical faculty to discuss student's progress and learning needs
- 5. The preceptor will complete the Preceptor Evaluation of Student Performance at mid-term and at the end of the semester.
- 6. The preceptor will notify the clinical faulty immediately when the student's performance is unsatisfactory or in question.

#### Responsibilities of the Student

- 1. The student will read the Graduate Preceptor Guidelines Handbook.
- 2. The student will establish a mutually agreeable schedule for clinical time with the preceptor. He/she will come to the clinical experience prepared to perform in accordance with the assigned learning activities in accordance with the course.
- 3. The student will follow policies and procedures established in the practicum site and will keep the preceptor informed about cases and learning activities.

- 4. The student will function under the Nurse Practice Act statutes and regulations for expanded nursing roles. Students of California State University San Marcos School of Nursing are covered by the Student Blanket Medical Liability Insurance. Students are required to have current RN liability insurance; documentation must be on file with the School of Nursing staff.
- 5. The student will participate in regularly scheduled conferences with the preceptor and faculty to discuss progress, problems, and learning needs.
- 6. The Student will maintain accurate records of clinical time and experiences on the N-Track Clinical Log systems.
- 7. The Student will complete the Student Site Evaluation which is sent out electronically at the end of each semester, and Student Preceptor Evaluation.

#### \*Grading

The grade for this clinical practicum will be assigned on the basis of the Faculty Evaluation of Student Performance, participation in weekly supervision, and written assignments. There are two parts to the course grade: patient care activities, and written & oral reports that demonstrate theoretical-clinical synthesis. The student must successfully meet expectations on the Faculty Evaluation of Student Performance AND complete the written assignments with a grade of C or better in order to pass this course.

Students will receive a written mid-term evaluation from both his/her preceptor and clinical faculty. If the student has not achieved the behavioral objectives, a learning plan will be developed to assist the student in meeting the objectives by the end of the semester.

Failure to meet the objectives, at the level indicated on the Faculty Evaluation of Student Performance will result in a failing grade for this course, regardless of the grades on the written assignments.

Please note that in order to "meet expectations" for the clinical portion of this course (i.e., pass), students must achieve student expectations in a minimum of 80% of the items on the evaluation by the end of the clinical experience AND demonstrate safe, competent practice throughout the entire clinical experience. Five objectives on the clinical evaluation specifically address safe, competent practice. Students who do not provide safe, competent care will not pass this course and will receive a grade of "F", regardless of the grade on the written work. To be considered a safe, competent practitioner a student must:

- 1. Seek appropriate assistance from preceptor prior to implementing proposed treatment plans.
- 2. Demonstrate safe practice consistent with clinical agency policies and evidence-based practice guidelines.
- 3. Maintain accurate and verifiable documentation including clinical hours.
- 4. Identify the influence of his/her own behaviors, beliefs, and values on the provider/client interaction.
- 5. Demonstrate awareness of own behaviors, beliefs, and values (countertransference) during interactions with clients.

#### Supervision

As part of the clinical practicum, each student will have 10-20 hours of supervision provided by CSUSM faculty. In this course, group supervision will be provided weekly throughout the semester. The dates, times, and locations of these sessions are listed on the syllabus. In addition, each student will be provided individual supervision sessions throughout the course of the semester. The dates, times and locations of individual sessions will be arranged with faculty.

- Supervision is not optional.
- Students will be expected to arrive for supervision prepared to participate actively in a discussion focused on patient-student interaction. The purpose of supervision is to identify facilitators and

barriers to effective practice as an advanced practice nurse. Students will be expected to complete the assigned work to contribute meaningfully to the discussion.

- Supervision is not a time to discuss logistical problems, scheduling difficulties, etc. Those issues should be discussed with the faculty member individually.
- Supervision is a time to discuss successes and challenges and to solicit and accept constructive feedback from student colleagues.
- Discussion will rely heavily on dealing with specific issues using a case study approach.
- Supervision is a safe environment where students may discuss freely—the content of discussions in supervision is not to be shared with each other outside of supervision, with other colleagues, family, etc.
- A maximum of 20 supervision hours may be counted toward clinical hours. If additional hours are needed, they may not count toward clinical hours.

Supervision is scheduled weekly on Tuesdays from 6-8 pm. The first 1.5 hours of that time is devoted to group supervision. The last 30 minutes are reserved for students who want/need individual supervision with his/her preceptor. Students are expected to make prior arrangements to avoid disappointment. Appointment times will be respected, so please do not expect to "jump the line" no matter how brief your question might be.

All students are required to set up individual meetings during Week 5 or 6 and during Week 10, either after group supervision or at their clinical sites. The location is at the discretion of the faculty member. These meetings will focus on midterm and final evaluations. Students are required to bring a copy of their preceptor's evaluation to the meeting with the faculty for discussion at that meeting. These meetings should be scheduled during Week 5 or 6 and again during Week 10 as outlined on the syllabus.

If at any point in the semester the student has concerns about his/her ability to meet the clinical objectives, it is the student's responsibility to inform the faculty so that corrective action may be taken to help the student reach those goals.

## Methods of Evaluation:

Late work will not be accepted and will receive a grade of 0.

1. <u>Reflective Journals (45 points):</u> Over the course of this experience students will respond to three reflective writing prompts. Each journal is worth 15 points. The scoring rubric for the journal responses is outlined below. Due dates: Week 4, 8, and 12.

	Above Expectations	Meets Expectations	Below Expectations
	Score: 5	Score: 4	Score: 3
Reflective	The reflection explains the	The reflection explains	The reflection does not
Thinking	student's own thinking and	the student's thinking	address the student's
	learning processes, and	about his/her own	thinking and/or
	implications for future	learning processes.	learning.
	learning.		_
Analysis	The reflection is an in-depth	The reflection is an	The reflection does not
	analysis of the learning	analysis of the learning	move beyond a
	experience, the value of the	experience and the value	description of the
	derived learning to self or	of the derived learning to	learning experience.
	others, and the enhancement of	self or others.	

	the student's appreciation for the discipline.		
Making Connections	The reflection articulates multiple connections between this learning experience and content from other courses, past learning, life experiences and/or future goals.	The reflection articulates connections between this learning experience and content from other courses, past experiences, and/or future goals.	The reflection does not articulate any connection to other learning or experiences.

Adapted from: http://www.wcs.edu/curriculum/high/honors/new/Rubric.pdf

# 2. Assessment of Standardized Patient (30 points):

Between the 10<sup>th</sup>- 12<sup>th</sup> week of the semester, each student will have the opportunity to conduct a 50 minute comprehensive assessment of a standardized client who presents with complex mental health needs. Following the assessment, the student will "present" the client to faculty. The presentation should include the findings from the comprehensive assessment, culminating in a defensible differential and presumptive diagnosis, and suggested treatment approach including pharmacologic and non-pharmacologic interventions. Grading rubric will be posted on Cougar Courses.

## 3. Mental Health Assessment Write Up (15 points):

Using a standardized format, students will write up the psychiatric assessment conducted on the SP. Grading rubric will be posted on Cougar Courses. The write up is due 1 week after the SP encounter.

## 4. Self-Evaluation of Assessment of Standardized Patient (10 points):

Each student will have access to a video recording of his/her interaction with the standardized patient. He/she will critically evaluate and appraise the recorded interaction with a focus on therapeutic alliance, use of motivational interviewing techniques, and verbal and non-verbal communication. The goal of this assignment is for the student to identify those parts of the interaction that were done well and those that were done less well (e.g. were therapeutically effective or ineffective), suggesting alternative responses where appropriate. This critical review should reflect an understanding of best practices, with citations used appropriately. The evaluation is due 1 week after the SP encounter.

# Course Grading:

A total of 100 points can be earned for the course. The relative contribution of each assignment is outlined below. Letter grades will be assigned using a standard grading scale.

Requirement	Possible Points	% of Course Grade
Reflective Journal #1-#3 (15 points each)	45 points	45%
Standardized Patient Assessment	30 points	30%
Mental Health Assessment Write Up	15 points	15%
Self-Evaluation of Assessment	10 points	10%
TOTAL	100 points	100%

**Standard Grading Scale:** 

<b>Total Points</b>	Letter Grade	Percentage (%)
90-100	A	90-100
80-89	В	80-89
70-79	С	70-79
60-69	D	60-70

59 and below	F	59 and below

# **Recommended Textbooks:**

- American Nurses' Association. (2007). Psychiatric Mental Health Nursing: Scope and Standards of Practice.
- American Psychiatric Association. (2013). *Diagnostic and statistical manual of mental disorders DSM-5*. (5<sup>th</sup> ed.) Arlington VA: American Psychiatric Association. ISBN 9780890425558
- Canino, I.A. & Spurlok, J. (2000). *Culturally diverse children and adolescents: Assessment, diagnosis and treatment.* New York: Guilford Press. ISBN-13 9781572305830
- Sue, D.W. & Sue D. (2013). *Counseling the culturally diverse: theory and practice.* (7<sup>th</sup> edition) New Jersey: Wiley & Sons. ISBN-13: 978-1119084303
- Wheeler, K. (2013). *Psychotherapy for the advanced practice psychiatric nurse*. (2<sup>nd</sup> edition) St. Louis: Mosby. ISBN 978-0323045223