California State University, San Marcos	FORM E-T
 AUTHORIZATION TO OFFER TOPICS COURSES FOR ACADEMIC CRE THROUGH EXTENDED STUDIES • 	DIT
(Note: Extended Studies sections of topic classes for which the appropriate form E-T is not on file in th Programs will be removed from BANNER as periodic audits of course offerings are perf	
Note: Any proposed topic can only be offered two times before being converted to a non-topic Academic Programs will assign the appropriate suffix and edit the topic description p	es course. provided.
1. College of: <u>School of Nursing/Acad. Res.</u> 2. Center/Program/Department: <u>Nursing</u>	
3. Instructor <u>Pat McFarland</u> (If more than one instructor will be teaching the course, list full name of the "instructor of record.	")
4. Topic Abbreviation and Number: <u>NURS E496 A</u> 5. Grading Method <u>CR/NC</u>	
6. TermFall7. Year20078. Variable Units*3	
9. Has this topic been offered previously? X Yes No If yes, indicate term(s) Spring	Year2007
10. Topic Title: Special Topics in Nursing: Foundation for Leadership Excellence	
1]. Topic Description: Note: This part can be skipped if answer to part 9 is "yes." (NOTE: Please provide detailed information about also attach the topic description on a separate sheet if you do not have enough space.	it the topic. Please type. You may
Conceived as an opportunity to provide frontline managers with the skills needed to excel in today changing health care environment, the Foundation for Leadership Excellence Program is a 5-day in provides education through immersion and camaraderie. Whether facing hiring, orientation and st development and customer-service concerns, resource allocation, budget analysis or cost-savings r managers will benefit from the program by gaining new perspectives and solutions to the difficult a daily basis.	ntensive program that affing issues, team nandates, frontline
12. Does this topic have prerequisites? NO	
13. Does this topic have co-requisites? NO	
14. Does the topic require consent for enrollment? Yes X No Faculty Credential Analyst Dean Program/Center/Department - Director/Chair	
15. Is topic crosslisted: Yes X No If yes, indicate which course a	nd obtain signature in #18.
16. What resources are needed to offer this topic (including technology)? None – Off Campus	
17. Justification for offering this topic. To provide frontline managing nurses an opportunity to earn co intensive immersion program on the foundations of leadership.	ollege credit in an
• Enter units only if this is a variable-units topic course.	

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18. Does this topic impac	t any other disciplines? No	te: This number can be skipp	bed if answer to part 9 is "	yes."
Yes <u>X</u> No	lf yes, obtain signature(s)). Any objections should be s	tated in writing and attach	ed to this form.
Discipline	Signature	Date	Support	Oppose
Discipline	orginature	2	Support	Oppose
Discipline	Signature	Date		
19. Location (if topic not	offered at main campus) As	sociation of California Nurse	Leaders, Sacramento, CA	L
20. Is this course being of	ffered on-line?Yes	<u>X</u> No		
21. Is this a contract topic	e? <u>X</u> YesNo			
22. Enrollment Limit <u>n/a</u>				
23. Requested Bldg/Roon Please call Extended St	n <mark>none</mark> udies first to reserve the room.			
Please note: A separate For	rm E-T must <u>be submitted</u>	for each section offered.		-
		SIGNATURES		
1. Program/Denter/Department	- Director/Chair	<u> </u>	-07	
2. Callege Dean (or Designee)	aftering		107	
The academic credentials of the in curriculum vitae on file in the Pro, T or Form E-T in the case of a top	gram/Center/Department Office).	the Program/Center/Department (ei The instructor is qualified to deliver	ther regular faculty, or adjunct fi the topic as described in part 9 (aculty with a (or on a previous Form
				
3. Bean of Extended Studies (or	Designee)		27	
Completed form received in the Off				

11/15/07 Date

Center for Nursing Leadership

Foundations for Leadership Excellence

California State University, San Marcos Elective Units: 3

> Faculty of Record: Patricia McFarland, MS, RN Judee Berg, MS, RN

The California Center for Nurse Leadership was formed with the nurse leader and aspiring nurse leader in mind. Through collaboration between the Association of California Nurse Leaders (ACNL) and the California Institute for Nursing & Health Care (CINHC), the California Center for Nurse Leadership offers nurse leaders an opportunity to acquire new, or improve upon existing, skills that will bolster professional success.

The Foundation for Leadership Excellence program offers five days of interactive sessions led by recognized California nurse leaders. The dynamic presentations will provide insight into the key leadership competencies of successful nurse leaders. You will learn the "ins and outs" of budgets and financial statements to give you the necessary skills to "talk the talk" with the CFO and the financial team. You will gain insight and knowledge on how to improve performance and enhance quality, as well as how to develop effective strategies on hiring and retaining top staff. You will develop your own personal career plan. Attendees will learn from those involved in the regulatory and legislative process about the implications of policy development and decisions affecting you and your organization.

In addition to attendance at the program, students must complete an out of class assignment. The student has the choice of implementing a project or writing a paper. The topic of the paper or focus of the project should be directly related to what they learn during the program.

Possible Topics /Ideas:

- Facilitate a legislative visit with the goal of educating the legislator on issues confronting • the facility - ER crisis, educational capacity, nursing shortage.
- Set up a tracking system for employees using several of the Human Resource tools presented.
- Facilitate a meeting with the CFO to discuss better communication and strategies for working together during budget season.
- Host an educational program that addresses patient safety using Patient Safety tools presented.
- Write an article for DirectLink (ACNL's publication) related to the experience or a topic covered during the program.

Assignment:

Project: Students selecting this option must provide a short paper summarizing the project's intent, objectives and outcomes achieved. Papers are to be not more than 5 typewritten pages in length.

Paper: Papers are to include a literature review of the selected topic utilizing APA format. Papers are to be 8-10 typewritten pages in length.

Article for publication: Articles for DirectLink are to be no more than 3 typewritten pages in length. If the student would prefer to submit their paper to a professional journal, then adherence to the specific journals guidelines must be submitted with a copy of the paper.

Format Font should be at least 12 point Times New Roman or 10 point Arial. Formal papers must be in APA format.

Attendees also must register with the college and pay the unit fee (found on the registration form).

July 2006



Presents

Foundation for Leadership Excellence

General Information:

- > Your name badge is your entry to the conference and luncheons.
- > A non-smoking environment will be maintained in the meeting room.
- Continuing education certificates will be available at the conclusion of the program.
- Please complete the evaluation form and return it to the registration desk at the end of the program.
- Our goal is to make this an excellent learning experience. If you have an idea on how we can improve please let us know immediately.
 - The conference will schedule is as follows:
 - o Monday 8:30 am to 5:00 pm
 - Tuesday 8:00 am to 5:00 pm
 - o Wednesday 8:00 am to 3:00 pm
 - o Thursday 8:00 am to 5:00 pm
 - o Friday 8:00 am to 3:00 pm
- The Embassy provides a full breakfast for guests. Lunch is included as part of the conterence. NurseWeek is hosting a celebration Dinner on Thursday evening. More information regarding the NurseWeek dinner will be forthcoming.



Attendees are requested to turn off all cell phones, pagers, etc. before entering the meeting room. Your cooperation is appreciated.

Course Objectives:

- Explore innovations in nursing management.
- Identify strategies that will lead to highly effective staff retention.
- Utilize business plans and financial reports to drive decisions in the work environment.
- Discover how to become a positive influence in your wok environment.
- Examine methods to integrate performance-improvement activities and regulatory and accrediting principles into the leadership role.
- > Develop and take home plans to support you in implementing what you've learned,
- Re-energize your spirit to be the best leader possible.

Foundation for Leadership Excellence Schedule At-A-Glance

Day 1

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Leadership Principles

- Assessment of Leadership Styles
- Core Leadership Competencies
- Systems Overview
- Change Management
- Balancing Clinical and Business Agendas

Day 2

Health Care Finance

- Budget Planning and Interpretation
- Developing Staffing Budgets
- Developing Capital Budgets
- Business Plan Development
- Balancing Cost and Quality
- Financial Management and Retention

Day 3 and Day 4

Resource Management - Human and Quality

- Developing Effective Communication Skills
- Conflict Prevention and Management
- Managing in Union Environments
- Performance Improvement
- Using and Managing Data to Improve Outcomes
- Effective Coaching
- Developing Performance Standards
- Standards-Based Evaluations
- Delegation
- Career Management

Day 5

Legislation / Regulation

- Legislative and Regulatory Processes
- Integrating Legislation and Regulation
- California Nursing Practice

Future Trends

- Advancing Professional Practice
- Leading Through Influence

Leading Change

- Balancing Clinical and Management
- Increasing Effectiveness

Judith Berg, MS, RN Catharine Robinson-Weiker, MBA

> Linda Mann, MS, RN KT Waxman, MBA, RN Jane Hirsch, MS, RN

Peggy Diller, MS, RN Jennifer Hermann, MS, RN Nancy Carlson, MBA, RN Mary Lopez, MS, RN Catherine Robinson-Walker, MBA

Patricia McFarland, MS, RN

Carol Bradley MS, RN Lynne Whaley-Weity

Judith Berg, MS, RN