FORM X (WHITE)

- Authorization To Offer Non-Degree Extension Credit Course Through Extended Studies

1. Desired Term: Spring 2007  
   Year of implementation: 2007

2a. Course abbreviation and Number: EDUC E1062

2b. Abbreviated Title: Practical Life
   (No more than 25 characters, including spaces)

4. Number of Units: 2
5. Billing Units: 2

6. Allowed Student Levels: UC X CR X EF X (Default is to check all three levels)

7. Grading Method:
   N_Normal (N) (Default is Letter Grade V) Students may request Credit/No Credit
   Normal Plus Report-in-Progress (NP) (As for Normal; also allows Report-in-Progress)
   Credit/No Credit Only (C)
   Credit/No Credit or Report-in-Progress Only (CP)

8. Mode of Instruction:
   (See pages 17-23 at http://www.csulb.edu/cm/dept-elem-dic/APDB-Transaction-DED-SectionY.pdf for definitions of the Course Classification Numbers)

<table>
<thead>
<tr>
<th>Type of Instruction</th>
<th>Number of Credit Units</th>
<th>Instructional Mode (Course Classification Number)</th>
</tr>
</thead>
<tbody>
<tr>
<td>Lecture</td>
<td>2</td>
<td>04</td>
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<tr>
<td>Activity</td>
<td></td>
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<tr>
<td>Lab</td>
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9. Attributes: Course Requires Consent for Enrollment? Yes X No
   Faculty Credential Analyst Dean Program/Department - Director/Chair
   Prerequisites: Co-requisites:

10. Does this course impact other discipline(s)? (If there is any uncertainty as to whether a particular discipline is affected, check “yes” and obtain signature.) Yes X No
    If yes, obtain signature(s). Any objections should be stated in writing and attached to this form.

   Support Oppose
   Discipline Signature Date
   Support Oppose
   Discipline Signature Date

Important: Please Complete

1. Instructor: Sandi Meschoulam, M.Ed.
2. Course Outline attached

SIGNATURES: (COLLEGE LEVEL)

1. Program Director/Chair Date
   [Signature]
   21/20/07

2. College Dean (or Designee) Date

3. Program Director/Chair Date

SIGNATURES: (UNIVERSITY LEVEL)

1. Vice President for Academic Affairs (or Designee) Date

3/8/07
[Signature]
3/6/07
OUTLINE
Practical Life Part I

Description:
To familiarize the student with the Montessori area of practical life to include the philosophy and rationale, and the curriculum areas of grace and courtesy, control of movement with line activities, care of person, care of the environment, food and nutrition and ground rules.

Instruction Hours: 8 per day

Credits: 2.0

Meeting schedule: March 18 to the 22, 2007

Objectives and competencies to be achieved:
1. Demonstrate knowledge of human development and education: (MACTE 1)
   A) Plan for continuity of experiences in practical life for children in the age range of certification. (MACTE 1.2)
2. Demonstrate knowledge, application, and analysis of the theoretical/philosophical base upon which Montessori early childhood education programs have been and currently are being developed in the area of practical life. (MACTE 2)
3. Plan programs that meet the individual need and interest of children appropriate to their development, socio-cultural background, and level in the area of practical life: (MACTE 3)
   a) Demonstrate ability to diagnose children's learning needs in practical life through a variety of vehicles (i.e. observation, case studies, tests, developmental scales, and classroom products). (MACTE 3.1)
   b) Develop suitable match between diagnosis and practical life learning activities provided. (MACTE 3.2)
   c) Demonstrate knowledge of the teaching of practical life. (MACTE 3.4)
   d) Provide opportunities for choice, problem solving, decision-making, and responsibility for learning practical life on the part of the children. (MACTE 3.9)
   e) Demonstrate a broad repertoire of teaching strategies (i.e. structuring environment, using manipulative materials for exploration, demonstration, and concrete models, modeling behavior; using verbal strategies such as inquiry, explanation, imitation, illustration, and dramatization) when teaching practical life. (MACTE 3.10)
   f) Demonstrate ability to plan and implement group activities in practical life. (MACTE 3.11)
   g) Develop organizational and management procedures to facilitate growth and learning in practical life. Evaluate objectives, children's individual growth, learning, and programs in practical life. (MACTE 3.12)
4. Evaluate objectives, children's individual growth, learning and programs in practical life. (MACTE 4)
   a) Evidence consistency between stated objectives in practical life and methods of evaluation (i.e., assessment of cognitive, affective, and psychomotor development).
   b) Demonstrate knowledge of appropriate practical life evaluative measures.
   c) Develop and use a variety of appropriate record-keeping and evaluation processes for practical life.
   d) Interpret results of evaluative measures for practical life.
   e) Prepare professional reports that reflect the child's practical life progress.

5. Design and evaluate practical life curriculum materials and resources appropriate to children with varying abilities and cultural backgrounds: (MACTE 5)
   a) Evaluate and select prepared practical life curriculum materials.
   b) Develop original practical life materials to meet the needs and interest of children.
   c) Demonstrate knowledge of the rationale of practical life curriculum materials.
   d) Demonstrate knowledge of continuum with practical life curriculum materials.

Outline of content and learning experiences:

Session 1:
Philosophy
Overview of the course
Rationale for Practical Life
Introduction Exercise
Grace and Courtesy Exercises
Control of Movement: Line Activities

Presentation:
   Tolling a Mat
   Folding a Cloth
   Cutting
   Practice Session

Presentation: WHOLE HAND GRASP
   Bean Transfer
   Sponge Squeezing
   Basting
   Practice Session
   Introduction to manual
      Manual Requirements
   Circle: Introduction to School and Preliminary Exercises

Presentation: WHOLE HAND GRASP
   Pouring Sequence
   Practice Session
   Tonging
   Practice Session
Session 2:

Philosophy
Presentation: THREE-FINGER GRASP
  Spooning Sequence
  Medicine Dropper
  Practice Session
  Tweezer
  Clothes Pins and Paper Clip
  Practice Session

Presentation: WRITS MOVEMENT
  Lids and Jars
  Nuts and Bolts
  Locks and Keys
  Practice Sessions
  Eggbeater and whisk
  Shell Washing
  Sorting Sequence
  Practice Session

Session 3:

Philosophy
Create an Activity
Presentation: Care of Person
  Button Frame
  Zipper Frame
  Snapping Frame
  Practice Session
  Hook and Eye Frame
  Buckle Frame
  Bow Tying Frame

Session 4:

Philosophy
Presentation:
  Hand Washing
  Table Washing
  Shelf Cleaning
  Practice Session

Presentation:
  Dish Washing
  Window Washing
  Taking Care of Plants
  Watering
  Cleaning Leaves
Session 5:
Housekeeping - Sweeping
Presentation:
Mirror Polishing
Wood Polishing
Silver Polishing
Copper Polishing
Shoe Polishing
Control of Movement – Stationary Exercise
Using a Stapler
Using a Hole Punch
Using a Rubber Band
Using a Pin Cushion
Practice Session
Food Preparation
Cutting Banana, Cucumber, Carrot
Grating
Spreading Tea Serving

Testing:
Setting up Practical Life Environment
Keeping up the Prepared Environment
(Eye to details)
Sequence of materials during the year

Session 6:
Care of Person: Self-esteem or independence in care of self, responsibility for the care one’s self
Review of grace and courtesy
Nose blowing
Bathroom routines (flush and wash)

Dressing Frames:
Button Frame
Zipper Frame
Snapping Frame
Hook and eye frame
Buckle Frame
Bow Tying Frame
Hand Washing
Hanging up Clothes, Jackets
Clothes Washing
Cloth Folding

Polishing:
Shoe Polishing
Silver, Brass, Copper Polishing
Mirror Polishing
Wood Polishing
Leaf Polishing
Session 7:
Care of the Environment: This part of the curriculum provides the child with the opportunity to learn responsibility, develops a sense of community responsibility, and provides the children with the opportunity to develop large motor skills and refine small motor.

How to give a child/class a tour of school
Show the class the outdoor environment
Establish routines such as:
  Transitions
  Bathroom
  Group Work
  Manners and Behaviors acceptable in school

Washing Activities:
  Table Washing
  Shelf Washing
  Floor Washing
  Chair Washing
  Window Washing
  Dish Washing

Cleaning Activities:
  Shelf Cleaning
  Care and Cleaning of materials on the shelves
  Care of plants and animals in the classroom
  Leaf Cleaning

Serving snack to other children in the classroom in the role of host or hostess and other food preparation activities enable the child to learn social skills and graces.

Food Preparation:
  Cutting a banana, bread, cucumber, carrot
  Spreading
  Grating
  Serving Tea and Tea ceremony
Testing Students:
There will be a two-part exam given and the grade will be pass/fail.

The first part of the exam is done by having the students draw a slip of paper from a basket and then present the activity named on the slip of paper to the group.

The second part of the exam shall be questions that require short answers. The questions will be discussed in small groups and then written individually. The questions will be personal growth oriented.

Evaluation requirements and/or performance assessment:
Practical Life Manual, Student Practice Sessions, Written Examination, Rationale Paper and Performance Assessment.

Required and recommended readings:
*Secret of Childhood* by Maria Montessori
*Selected readings from The Absorbent Mind* by Maria Montessori
Handouts