

**Kinesiology (B.S.)  
Option in Physical Education**

**Student Name:** \_\_\_\_\_ **ID#** \_\_\_\_\_ **Grad Term:** \_\_\_\_\_

- It is highly recommended that you meet with your faculty advisor at least once a year.
- All non-articulated courses MUST be approved and submitted by a faculty advisor.
- All courses used for the major must be completed with a grade of C (2.0) or better.
- A minimum of 18 units of upper-division Kinesiology courses must be completed at CSUSM.
- Nine units of lower-division General Education units in Area B (Mathematics & Sciences) and D (Social Sciences) are automatically satisfied by courses taken in Preparation for the major.

**PREPARATION FOR THE MAJOR (26 UNITS):**

Course Number/Title	Units	Grade	Sem	Equivalent	Institution	Need	IP	Met
BIOL 104 - Principles of Biology: Human Emphasis	4							
BIOL 177 - Intro to Anatomy/Physiology I for Kinesiology *BIOL 175 to meet this requirement in Fall 2009 <b>only</b>	4							
BIOL 178 - Intro to Anatomy/Physiology II for Kinesiology *BIOL 176 to meet this requirement in Fall 2009 <b>only</b>	4							
CHEM 105 - Organic and Biochemistry for Life	4							
CHEM 105L - Organic and Biochemistry for Life Lab	1							
KINE 202 - Intro to Physical Education and Kinesiology	3							
KINE 204 - Tech & Analysis of Fitness & Weight Training	3							
PSYC 100 - Introduction to Psychology	3							

**UPPER DIVISION CORE REQUIREMENTS (22 UNITS):**

Course Number/Title	Units	Grade	Sem	Equivalent	Institution	Need	IP	Met
KINE 301 - Motor Control & Learning (Prerequisites: BIOL 177, 178, KINE 202)	3							
KINE 304 - Adapted Physical Education (Prerequisites: KINE 202)	3							
KINE 305 - Applied Kinesiology (Prerequisites: BIOL 177,178, KINE 202, 204)	3							
KINE 306 - Exercise, Fitness and Health	3							
KINE 326 - Introduction to Exercise Physiology (Prerequisites: BIOL 177, 178)	4							
KINE 336 - Nutrition, Health, and Human Performance	3							
KINE 403 - Measurement & Evaluation in Kinesiology (Prerequisites: KINE 204, B4 Math requirement)	3							

**UPPER DIVISION PEDAGOGY REQUIREMENTS (18 UNITS):**

Course Number/Title	Units	Grade	Sem	Equivalent	Institution	Need	IP	Met
KINE 307 - Techniques and Analysis of Court Sports	3							
KINE 308 - Techniques and Analysis of Field Sports	3							
KINE 309 - Techniques and Analysis of Individual Sports, Adventure Based Learning, & Outdoor Ed.	3							
KINE 400 - Movement Theory and Practice of Elementary Physical Ed. For Children (Prerequisites: KINE 307, 308, 309)	3							
KINE 401 - Principle, Org and Management of Secondary School Physical Education (Prerequisites: KINE 307, 308, 309)	3							
KINE 402 - Applied Theory of Teaching Team, Individual, and Dual Sports (Prerequisites: KINE 307, 308, 309, and KINE 400 OR 401)	3							

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UPPER DIVISION EDUCATION REQUIREMENTS (9 UNITS):

Course Number/Title	Units	Grade	Sem	Equivalent	Institution	Need	IP	Met
EDUC 350 - Foundations of Teaching as a Profession	3							
EDUC 364 - The Role of Cultural Diversity in Schooling	3							
EDUC 422 - Technology Tools for Teaching and Learning	3							

Date _____	Advisor Signature _____
Grade Update: _____	(2) Date: _____
	(3) Date: _____

## Recommended Course Sequence: Kinesiology, Option in Physical Education

First Semester	Units	Second Semester	Units	Summer	Units
BIOL 104	4	BIOL 177 (GE-B2)	4		
GEW 101 (GE-A2)	3	GEO 102 (GE-A1)	3		
GE-(B4 - MATH 115 recomm.)	3	GE (A3 Critical thinking)	3		
Foreign Lang 101 (if needed)	4	Foreign Lang 102 (if needed)	4		
CCR/CS 100 (take 1 <sup>st</sup> yr)					
Total Units	14	Total Units	14		
First Semester	Units	Second Semester	Units	Summer	Units
BIOL 178	4	CHEM 105 (GE-B1)	4		
HIST 130 or 131 (GE-DH)	3	CHEM 105L (GE-B3)	1		
GE (C1 Fine arts)	3	GE (D7)	3		
KINE 202	3	GE (C2 Humanities)	3		
For Lang 201(if needed) or GE-C	3	PSCI 100 (GE-DC, DG)	3		
		KINE 204	3		
Total Units	16	Total Units	17		
First Semester	Units	Second Semester	Units	Summer	Units
KINE 301	3	KINE 304	3		
KINE 306 (GE-E)	3	KINE 305	3		
KINE 307	3	KINE 308	3		
KINE 309	3	KINE 336	3		
PSYC 100 (GE-D)	3	Upper Division GE (BB,CC,DD)**	3		
Total Units	15	Total Units	15		
First Semester	Units	Second Semester	Units	Summer	Units
KINE 326	4	KINE 400	3		
KINE 401	3	KINE 402	3		
KINE 403	3	EDUC 364	3		
EDUC 350	3	EDUC 422	3		
Upper Division GE (BB,CC,DD)**	3	Upper Division GE (BB,CC,DD)**	3		
Total Units	16	Total Units	15		

★ If you take the “BB”, “CC” or “DD” courses prior to Junior status, the courses will NOT count to clear the UDGE requirement.