What is a Header/Heading?

Headers/Headings (interchangeable terminology) are built in resources that help viewers navigate through a webpage or document’s content.

Headers not only apply a visual style that alerts viewers as to the structure of a document (e.g. large bold text at the top of a page is the title, whereas smaller bolder text throughout a page are sections or sub-sections), but also tells non-visual users the structure of a page. The way that headers work is that they are coded to read out to a listener “Title – Welcome to LTWR 105” and helps with navigation and better understanding of different sections or topics.

Headers are extremely important to use within a Cougar Course container due to giving both visual and audio cues to students. It is highly recommended to add a Header 1 at the top of your page with the name of your course. Read on to learn how.

How to create a Heading 1 in Cougar Courses

**Step 1:** Go to the top of your Cougar Course and select the edit icon.

**Step 2:** A new page will load. Within this page you can add in your own custom text within the text box.
Step 3: Type in your class’s title/greeting in the text box.

Step 4: Highlight your greeting in the text box and then select the on the “Paragraph” style dropdown.

This dropdown menu will show all of the different styles one can add to their custom text on Cougar Courses.

Step 5: Select “Heading 1” within the dropdown.

Step 6: Your custom text should now be larger and bold looking. Congratulations, this text is now a Heading 1!
Step 7: Select the “Save changes” button at the bottom of the text box.