

HUMAN DEVELOPMENT**Office:**

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Programs Offered:

- Bachelor of Arts in Human Development Areas of concentration:
 - Adult and Gerontology Services
 - Children's Services
 - Counseling Services
 - Health Services

The human development major is an multidisciplinary program that focuses on human growth and development throughout the life span, and on the familial, social, cultural, and political networks in which individuals develop. Course offerings are drawn primarily from psychology, sociology, and biology, with electives available from other programs offered by the college. The human development major is designed to prepare undergraduates to succeed in an increasingly diverse cultural, ethnic, economic, and political environment. Respect for those differences in the context of social services settings is an integral part of our program.

Student Learning Outcomes

Students who graduate with a Bachelor of Arts in Human Development will be able to:

1. Conceptualize human development over the life span in terms of complex interactions among cultural, biological, psychological, and social processes.
2. Understand diversity of development across time, space, and standpoint, with sensitivity to roles of gender, race, class, and nationality in shaping developmental processes and outcomes.
3. Demonstrate within one of the four concentration areas (Counseling Services, Health Services, Children's Services, Adult & Gerontology Services) an understanding of the interplay of cultural, biological, psychological, and social forces.
4. Demonstrate a basic understanding of research methods commonly used in human development research, including understanding the uses and limits of statistical analysis and design, ability to design a new investigation.
5. Appreciate the relevance of basic theory and research in applied settings.
6. Understand social service organizations, including their operation, funding, staffing, and successful delivery of services.
7. Access research materials (e.g., from libraries, internet, etc.) to support a comprehensive, multidisciplinary literature review on a selected topic in human development and present the information to an interested audience of lay people and/or applied professionals.

Special Conditions for the Bachelor of Arts in Human Development

All courses counted toward the major, including Preparation for the Major courses, must be completed with a grade of C (2.0) or better. A minimum of eighteen (18) units counted toward the human development major must have been completed at Cal State San Marcos.

Advising

Students may consult their faculty advisor to work on selecting an appropriate choice of elective courses to complement their area of emphasis and career goals. Examples from which students might choose are listed below under upper-division free electives.

Career Opportunities

Students with a bachelor's degree in human development are qualified to work in a variety of settings related to providing services for others. These might include health care; child and adult daycare centers; community projects providing outreach to youth and adults; sales; service-related government agencies such as housing, law enforcement, and criminal justice; and assisting with community development, both in the United States and around the world. A bachelor's degree in human development may also prepare students for graduate studies in marriage, family, and child counseling; social work; teaching; public administration; business; or law. Students interested in these career opportunities should consult with advisors in appropriate areas before planning their programs. Finally, the human development major will prepare students for master's and doctoral level training in fields such as sociology, anthropology, ethnic studies, clinical psychology, women's studies, and human development.

**BACHELOR OF ARTS IN
HUMAN DEVELOPMENT**

	Units
General Education*	51
Preparation for the Major*	15
Major Requirements	37-40
<i>Students must take a sufficient number of elective units to bring the total number of units to a minimum of</i>	
	120

Preparation for the Major

Lower-division (15 units)

	Units
ANTH 200*	3
HD 101	3
PSYC 100*	3
PSYC 220	3
PSYC 230	3

Major Requirements

Upper-division (37-40 units)

	Units
Core Courses	19-20
Three (3) units of Theory	3
HD 301	
Three (3) units of Management and Administration	3
HD 300	
Seven (7) units of Field Studies:	7
HD 495	
HD 497	
Three to four (3-4) units chosen from the following courses:	3-4
ANTH 301 PSYC 341	
ANTH 340 SOC 313	
ID 340 SOC 375	
PSYC 333	
Three (3) units of Capstone	3
HD 490	
Eighteen to twenty (18 to 20) units in the Concentration areas (upper-division):	18-20

**Also satisfies a total of six units of lower-division General Education requirements (Areas D and D7).*

Adult and Gerontology Services Concentration Requirements

This concentration centers on development from age 18 to the last part of the human life span, and the related concerns of this period, and includes the study of death and dying.

Nineteen to twenty (19 to 20) units of upper-division requirements

	Units
BIOL 321	3
PSYC 356	3
SOC 427	4

Choose one of the following courses: 3

BIOL 316	BIOL 326
BIOL 323	BIOL 327
BIOL 325	

Choose one of the following courses: 3

PSYC 328	PSYC 336
PSYC 330	PSYC 343
PSYC 332	PSYC 350
PSYC 334	PSYC 360

Choose one of the following courses: 3-4

HD 361	SOC 331
SOC 303	SOC 429
SOC 309	SOC 314

Total Units 19-20

Children’s Services Concentration Requirements

This concentration focuses on developmental issues during the first 18 years of the human life span, and on the problems and issues relevant to this age.

Eighteen to nineteen (18-19) units of upper-division requirements

	Units
BIOL 327	3
PSYC 330	3
SOC 317	3
Choose one of the following courses:	3
BIOL 321 BIOL 323	
BIOL 325 BIOL 326	
Choose one of the following courses:	3
PSYC 328 PSYC 348	
PSYC 332 PSYC 350	
PSYC 334 PSYC 352	
PSYC 336 PSYC 354	
Three to four (3-4) units chosen from the following courses:	3-4
HD 361 SOC 321	
SOC 303 SOC 323	
SOC 315 SOC 413	
SOC 319	
<i>Total Units</i>	<i>18-19</i>

Counseling Services Concentration Requirements

This concentration focuses on psychological well-being and distress throughout the human life span.

Nineteen to twenty (19-20) units of upper-division requirements

	Units
HD 361	3
PSYC 334 or PSYC 336 or PSYC 363	3
SOC 417	4
Chosen one of the following courses:	3
BIOL 316 BIOL 326	
BIOL 321 BIOL 327	
BIOL 323 BIOL 328	
BIOL 325	
Choose one of the following courses:	3
PSYC 330 PSYC 350	
PSYC 332 PSYC 352	
PSYC 334* PSYC 356	
PSYC 336* PSYC 428	
PSYC 340 PSYC 461	
PSYC 343	
Choose one of the following courses:	3-4
SOC 303 SOC 327	
SOC 307 SOC 331	
SOC 316 SOC 415	
SOC 321 SOC 429	
SOC 325	
<i>Total Units</i>	<i>19-20</i>

**Students are strongly recommended to take either PSYC 334 or PSYC 336 as their elective choice in this category, but it cannot be double-counted.*

**Health Services
Concentration Requirements**

This concentration focuses on physiological well-being and illness throughout the human life span.

	Units
Nineteen to twenty (19-20) units of upper-division requirements	
SOC 314	4
Choose two of the following courses:	6
BIOL 316	BIOL 326
BIOL 321	BIOL 327
BIOL 323	BIOL 328
BIOL 325	
Choose two of the following courses:	6
PSYC 334	PSYC 360
PSYC 336	PSYC 362
PSYC 340	PSYC 363
PSYC 350	PSYC 432
PSYC 356	PSYC 461
Choose one of the following courses:	3-4
HD 361	SOC 331
SOC 309	SOC 419
SOC 316	SOC 427
SOC 321	SOC 429
SOC 324	
<i>Total Units</i>	<i>19-20</i>

