

Dear Visiting Teams,

On behalf of the CSUSM Athletic Training staff, I would like to welcome you and your institution to California State University, San Marcos. We are here to provide the most professional athletic training services to you and your athletes.

The DJO Sports Medicine/Athletic Training Room is located within the M. Gordon Clarke Field House Suite 116 on the campus of CSU, San Marcos. If any of your athletes need treatment prior to their competition/game please provide a signed letter from your institutions' athletic trainer with the athlete's name and desired treatment. This letter can be emailed or faxed prior to competition day. Available modalities include:

- | | |
|---------------------|-----------------|
| *Hydrocollator pads | *Cold whirlpool |
| *Ice Bags | *Ultrasound |
| *Ice Cups | *E-stim |

****Please Note**** Unfortunately, being that the baseball and softball games are played at local high schools, the above modalities will be unavailable except for ice bags.

At the competition/game a certified athletic trainer will be on site and will provide water, water bottles and injury ice, along with emergency equipment (AED, vacuum splints, crutches, etc.). If emergency or urgent medical treatment, beyond the athletic trainer's scope of practice, is needed please refer to the local medical facilities

Emergency Care

- 1) Palomar Medical Center
555 East Valley Parkway
Escondido, CA 92025 (760) 739-3000**
- 2) Tri-City Medical Center
4002 Vista Way
Oceanside, CA 1-866-226-5111**

Urgent Care

- 1) Industrial Family Urgent Care
860 W. Valley Parkway #150
Escondido, CA (760) 740-0707**
- 2) Graybill Medical Group
225 East 2nd Ave.
Escondido, CA (760) 291-6700**
- 3) Sharp Mission Park Urgent Care
130 Cedar Rd.
Vista, CA (760) 806-5400**

If any questions or concerns arise during your stay please feel free to contact myself or Associate Athletic Director Jennifer Milo.

Thank you and welcome,

Brian J. Smith, MS, ATC (bsmith@csusm.edu)

Head Athletic Trainer

California State University, San Marcos

(760) 750-7111 (office)

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