



Emergency Protocol for Injured Athletes

Home Games and/or Practices**(On campus)**

- 1) If the Athletic Trainer is not present at the practice or game the head coach will be responsible for providing initial care for injured athletes.
- 2) Send an assistant coach or athlete to get the Athletic Trainer **(619) 913-3087** (Athletic Trainer's Cell Phone). While the athletic trainer is being summoned or if the athletic trainer is not on campus move to step **3**
- 3) Call University Police at **(760) 750-4567** or from the nearest emergency call stations and follow these steps
 - a. Identify yourself
 - b. Give them the location of the incident (Mangrum Track and Soccer Field, Discus ring, etc...)
 - c. Let them know what the emergency is, number of personal involved, and what is being done in the way of treatment.
 - d. If this is a cardiac/respiratory emergency obtain the AED from the Athletic Trainer cart or send someone to the Clarke Fieldhouse front desk to retrieve the unit located in the first cubicle.
 - e. Do not hang up until the dispatcher tells you to.

Home Games and/or Practices**(Off campus)**

- 4) If the Athletic Trainer is not at the practice or game the head coach will be responsible for providing initial care for injured athletes.

Call 9-1-1

 - a. Identify yourself
 - b. Give them the location of the incident (e.g. Mission Hills High School softball field)
 - c. Let them know what the emergency is, the number of personal involved, and what is being done in the way of treatment
 - d. Do not hang up until the dispatcher tells you to.

5) **Softball practice at Mission Hills High School**

If a cardiac condition is identified, have an assistant coach or athlete go and get the AED which is located in the Mission Hills coaches office, which is located just above the football field

6) **Baseball practice at San Marcos High School**

If a cardiac condition is identified, have an assistant coach or athlete go and get the AED which is located in athletic training room or the main front office of the school

*****Away Games*****

- 1) If the Host Athletic Trainer is not at the game the head coach will be responsible for providing initial care for injured athletes
- 2) Send an assistant coach or athlete to find the Host Athletic Trainer
- 3) Dial 9-1-1 from the nearest hard line or cell phone and follow these steps
 - a. Identify yourself
 - b. Tell them the location of the incident (City, University, and Venue)
 - c. Let me know what the emergency is, the number of personal involved, and what is being done in the way of treatment.
 - d. Do not hang up until the dispatcher tells you to.
- 4) If this is a cardiac or respiratory emergency try to locate the nearest AED and send someone to retrieve it.
- 5) Once the Host Athletic Trainer arrives let him/her take charge of the situation and assist them as needed
- 6) Make sure the EMS has the athletes insurance information and emergency contact information
- 7) When the situation is resolved make sure the athlete's emergency contact is notified, if they were not at the game
- 8) Contact Brian Smith (619) 913-3087 as soon as possible and let him know the situation so that he can take the prior steps on his end