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BACHELOR OF SCIENCE IN KINESIOLOGY at USMC Camp Pendleton

The Study of Movement



BACHELOR OF SCIENCE IN KINESIOLOGY



B.S. in Kinesiology Overview

Kinesiology—the study of movement—comes from the Greek “kinesis” (to move). The current societal concern for the physical well-being of the American population, rekindled by the 2001 Surgeon General’s “Call to Action to Prevent and Decrease Overweight and Obesity,” has sparked renewed interest in the study of physical education and kinesiology. As such the B.S. in Kinesiology at Cal State San Marcos prepares students for a wide variety of careers in the areas of rehabilitation, wellness, fitness, and education.

Camp Pendleton Program—Applied Exercise Science Option

The B.S. in Kinesiology program at Camp Pendleton is a 2-year cohort-based program that may be completed on a part-time basis. Each student will be required to complete 69 semester units of study through CSUSM. The program is designed to be completed in 6 academic semesters, including summers. Each year CSUSM will admit a new Pendleton cohort during Spring Semester. All lecture classes will be held onsite at Camp Pendleton; however, some lab classes may be held at the CSUSM main-campus located in San Marcos. With slight modifications to the program requirements listed, students may also pursue an Option in Pre-Physical Therapy.

Admissions Requirements

- Completion of the ‘Golden 4’ – Oral Communication, Written Communication, Critical Thinking and Math
- Completion of the equivalent of 60 semester units of study at a regionally accredited community college or university;
- Minimum 2.0 GPA in the last 60 semester units completed;
- Completion of CSU general education transfer requirements;
- Completion of an Extended Learning pre-advising application form (www.csusm.edu/el/kinesiology);
- Application to the California State University system (will be distributed at time of advisement).

Advising and Information Sessions

Advising appointments are available onsite at Camp Pendleton’s Joint Education Center (JEC). To setup an advising appointment, contact CSUSM Extended Learning at 760-750-4020.

Information Sessions for prospective students are held onsite at Camp Pendleton. For additional information about upcoming sessions contact Extended Learning at 760-750-4020 or visit our website at www.csusm.edu/el/kinesiology

Program Required Courses

BIOL 104—Principles of Biology: Human Emphasis
BIOL 175—Introduction to Anatomy and Physiology I
BIOL 176—Introduction to Anatomy and Physiology II
CHEM 105/105L—Organic and Biochemistry of Life with lab
PSYC 100—Introduction to Psychology
BIOL 328—Human Heredity
PHIL 345—Bioethics and Medical Ethics
PSYC 356—Developmental Psychology: Adulthood/Aging
KINE 202—Introduction to Physical Education & Kinesiology
KINE 204—Techniques and Analysis of Fitness & Weight Training
KINE 300—Biomechanics of Human Movement
KINE 301—Motor Control and Learning
KINE 302—Sports Medicine
KINE 304—Adapted Physical Education
KINE 305—Applied Kinesiology
KINE 316—Stress Management
KINE 326—Introduction to Exercise Physiology
KINE 336—Nutrition, Health, and Human Performance
KINE 403—Measurement and Evaluation in Kinesiology
KINE 406—Stress Testing and Exercise Prescription
KINE 426—Exercise Physiology of Special Populations
KINE 495—Internship

In addition, students will need to become certified in First Aid, and CPR/AED prior to graduation. If students have held current certification at any time while they were a CSUSM student, this requirement will be met.

Kinesiology Faculty

Kara Witzke, Ph.D.—Department Chair & Associate Professor
Todd Astorino, Ph.D.—Associate Professor
Jeff Nessler, Ph.D.—Assistant Professor
Paul Stuhr Ph.D.—Assistant Professor

Adjuncts with specialty training will also be utilized.

Program Costs

Fee Per Semester Unit	\$250
Associated Students Fee	\$50 per term
Childcare Services Fee	\$10 per term
Athletics Fee	\$40 per term
Academic Records Fee	\$6 per term
Textbooks (estimated)	\$300 per term