



CAL STATE SAN MARCOS AT TEMECULA

BACHELOR OF SCIENCE IN KINESIOLOGY

HEALTH SCIENCE OPTION



California State University

SAN MARCOS

at Temecula



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BACHELOR OF SCIENCE IN KINESIOLOGY

Temecula

In 2008, California State University San Marcos (CSUSM) forged a unique partnership with the City of Temecula and developed a new off-campus branch. The Temecula branch campus is now providing educational access to students of all ages throughout Southwest Riverside County.

To accommodate the steadily growing enrollment in the University's Temecula programs, CSUSM at Temecula is moving locations and will open a new state-of-the-art facility in August, 2010 at 43890 Margarita Road. The new facility will boast larger classrooms, computer labs, a biology wet lab and high-tech nursing and health sciences equipment. CSUSM will offer a number of programs at this campus site including undergraduate degrees, graduate degrees and professional certificate programs.

Program Overview

Kinesiology refers to "the study of human movement." The increasing societal concern for the physical well-being of the American population, rekindled by the 2001 Surgeon General Call to Action to Prevent and Decrease Overweight and Obesity has sparked renewed interest in the study of physical education and kinesiology.

Health Science Option

The Bachelor of Science in Kinesiology is one of the fastest growing majors at CSUSM. Graduates with the Health Science Option are skilled in promoting positive, personal behavior changes that have an impact on the health of individuals and their communities. In addition, they are well-prepared to pursue graduate programs and/or additional study in public health, nursing, kinesiology, and health science.

Admission Requirements

- Minimum 2.5 cumulative GPA from all transfer coursework
- Completion of CSU general education transfer requirements ('Golden 4' - Oral Communication, Written Communication, Critical Thinking, and Math)
- All courses already taken for the major must be completed with a grade of C or better
- Completion of an Extended Learning Pre-Advising Application form
- Application to the California State University System (will be distributed when admission to the program has been granted)

Advising and Information Sessions

Advising appointments are available onsite in Temecula. To schedule an advising appointment, please contact your academic advisor:

Mr. Jay Franklin; Last Name A-K

Phone: 760-750-8713

Email: jfrankli@csusm.edu

Ms. Robin Riva; Last Name L-Z

Phone: 760-750-8721

Email: rriva@csusm.edu

Information Sessions for prospective students are held onsite in Temecula. For additional information about upcoming information sessions, please contact Extended Learning at 760-750-4020 or visit www.csusm.edu/el/kinesiology.

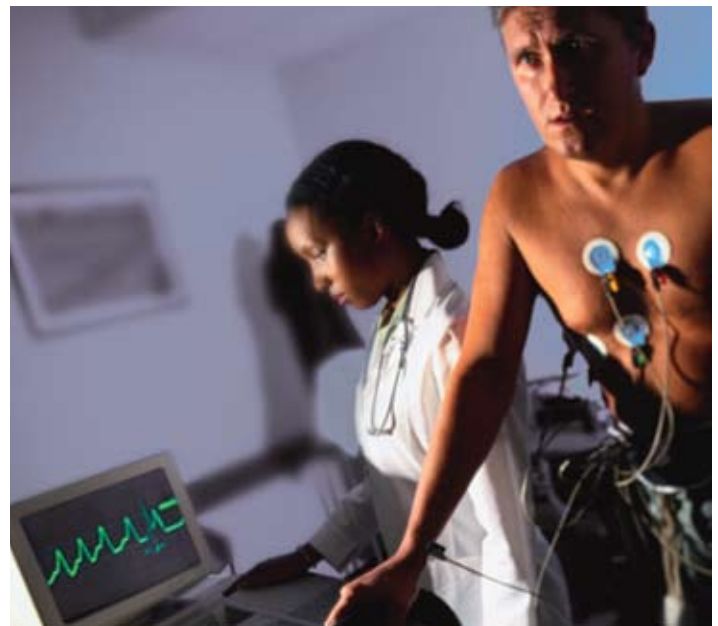
Program Required Courses (77-78 Units)

- ANTH 301 Culture and Medicine – Healers and Healing Practices (3)
- BIOL 104 Principles of Biology: Human Emphasis (4)
- BIOL 177 Introduction to Human Anatomy and Physiology for Kinesiology I (4)
- BIOL 178 Introduction to Human Anatomy and Physiology for Kinesiology II (4)
- BIOL 323 The Physiology of Nutrition and Disease (3)
- CHEM 105 General, Organic, and Biochemistry for Life (4)
- CHEM 105L General, Organic, and Biochemistry for Life Laboratory (1)
- KINE 200 First Aid and Safety (1)
- KINE 202 Introduction to Physical Education and Kinesiology (3)
- KIN E 201 CPR and AED (1)
- KINE 204 Techniques and Analysis of Fitness and Weight Training (3)
- KINE 301 Motor Control and Learning (3)
- KINE 306 Exercise Fitness and Health (3)
- KINE 316 Stress Management (3)
- KINE 326 Introductory Exercise Physiology (4)
- KINE 336 Nutrition for Health and Exercise Performance (3)
- KINE 403 Measurement and Evaluation in Kinesiology (3)
- KINE 403 Introduction to Epidemiology (3)
- KINE 405 Health and Drug Education (3)
- KINE 407 Principles of Health Promotion and Education (3)
- KINE 495 Internship in Kinesiology (3)
- PHIL 345 Bioethics and Medical Ethics (3)
- PSYC 100 Introduction to Psychology (3)
- PSYC 210 Introduction to Developmental Psychology (3)
- SOC 303 Families and Intimate Relationships (3)
- SOC 314 Health and Society (4)
- TBD Undergrad Major Elective (3)

Kinesiology Faculty

- Kara Witzke, Ph.D. Department Chair and Associate Professor
- Todd Astorino, Ph.D. Associate Professor
- Jeff Nessler, Ph.D. Assistant Professor
- Paul Stuhr, Ph.D. Assistant Professor

Adjunct Faculty with specialty training will also be utilized.



Program Cost

The Extended Learning Kinesiology program operates as a self support program. The cost is \$300 per unit, plus student term fees. The estimated total program cost is \$23,922 (excluding cost-of-living, books, and additional expenses).

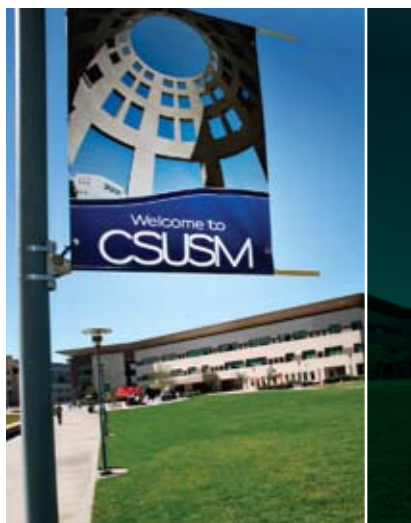
How to Apply

All prospective students are required to submit a pre-admission advising application. Submission of the pre-admission advising application will allow the Kinesiology department and Extended Learning to provide each prospective student with an educational plan for program acceptance. Each applicant will receive an individualized advising worksheet showing completed course requirements and outstanding requirements that need to be met. Applications are reviewed and accepted on a rolling basis.

For more information

Please contact Extended Learning at 760-750-4020 or visit www.csusm.edu/el/kinesiology.

Start Your Story Today!



HERE'S OUR STORY.

ABOUT EXTENDED LEARNING AT CALIFORNIA STATE UNIVERSITY SAN MARCOS

As the academic outreach arm of Cal State San Marcos, Extended Learning is a leading provider of professional and continuing education in San Diego North and Southwest Riverside Counties. Offering degree programs and both academic credit and noncredit professional enrichment courses and career-based certificate programs, we help individuals and organizations achieve their educational and training goals.



ABOUT CALIFORNIA STATE UNIVERSITY SAN MARCOS

California State University San Marcos has become one of the fastest growing campuses in the CSU system. Providing access to a high quality education and preparing the leaders of tomorrow remain at the core of what we do. Cal State San Marcos embraces and symbolizes twenty-first century learning. We offer hands-on and collaborative learning experiences, cutting edge technology and academic programs relevant to the rapidly changing global environment. Our faculty engages in the latest research and other creative activities and our graduates are prepared to lead and compete in the digital age. Founded in 1989, CSU San Marcos is located on a 304-acre hillside overlooking the city of San Marcos. It is fifteen miles east of the ocean; just thirty miles north of downtown San Diego.

760-750-4020 | www.csusm.edu/el/kinesiology

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