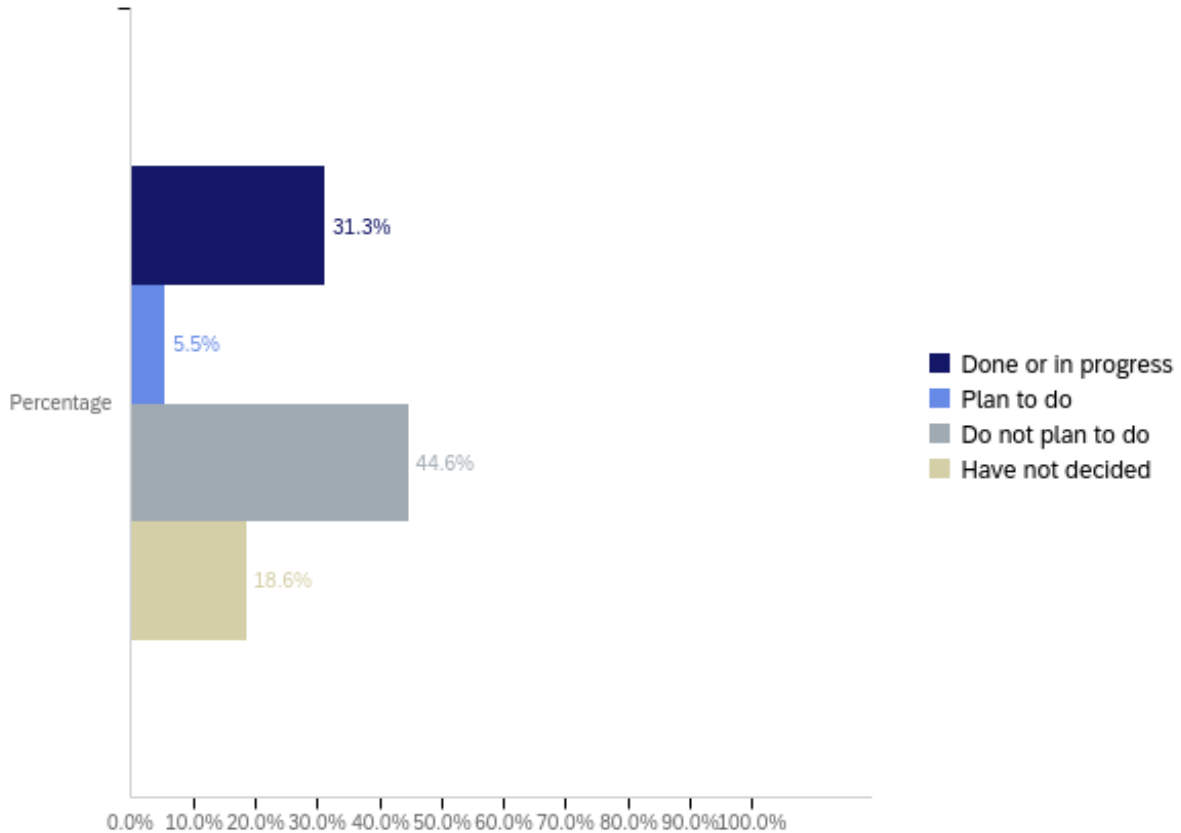


First Year Seminar Breakout Report

2023 CSUSM HIPs Survey

In Spring 2023, California State University San Marcos licensed the [HIP Quality](#) topical module from the National Survey of Student Engagement and administered the survey to all degree-seeking undergraduate students. 1,465 students responded, for a total response rate of 11.8%. Below are results specific to those who indicated they had participated in or were participating in **First Year Seminar**, using the following definition: *A First-Year Seminar (known at CSUSM as GEL 101) is a course available to first year students, intended to assist with the academic and social integration to college. The course is interdisciplinary in nature and focuses on topics such as critical thinking, effective communication, goal-setting, and academic success strategies.*

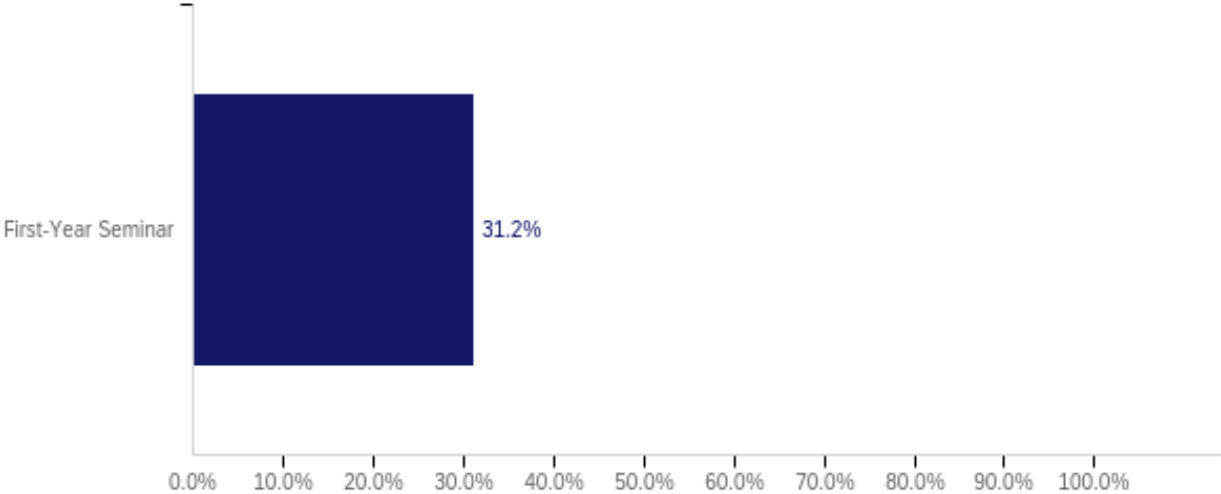
Which of the following have you done while in college at CSUSM or do you plan to do before you graduate?



Question	Done or in progress	Plan to do	Do not plan to do	Have not decided	Total
First-Year Seminar	31.3% 406	5.5% 72	44.6% 580	18.6% 241	1299

You indicated that you have participated or are participating in the educational experience(s) below. Please select ONE or TWO experiences for a short set of follow-up questions. You can choose any of these activities, so long as you remember it well and you participated while attending CSUSM. If you participated in this type of experience more than once, base your answers on your most recent participation.

(First Year Seminar results only)

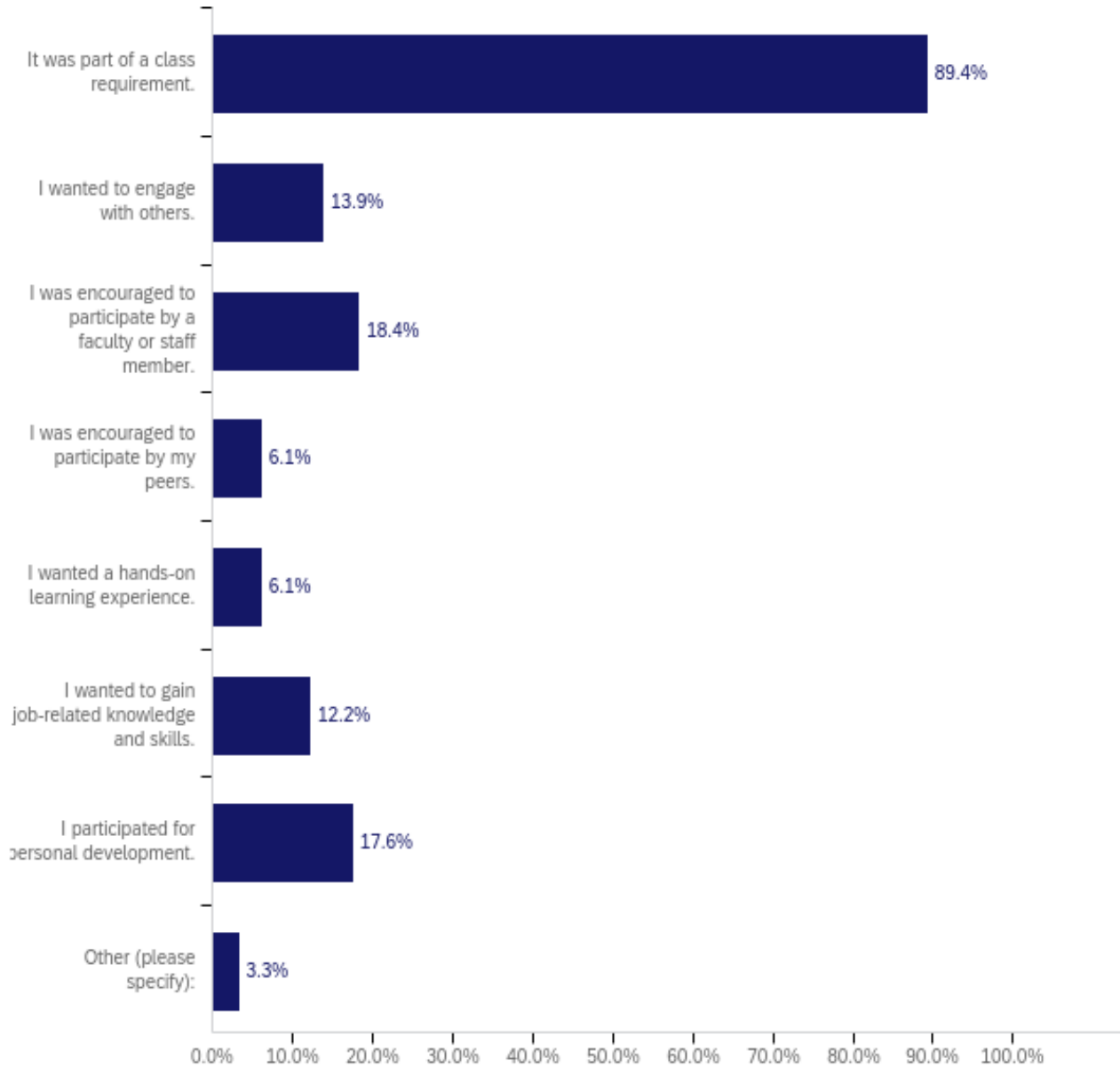


Answer	%	Count
First-Year Seminar	31.2%	263
Total	100%	844

Results by First-Year Seminar

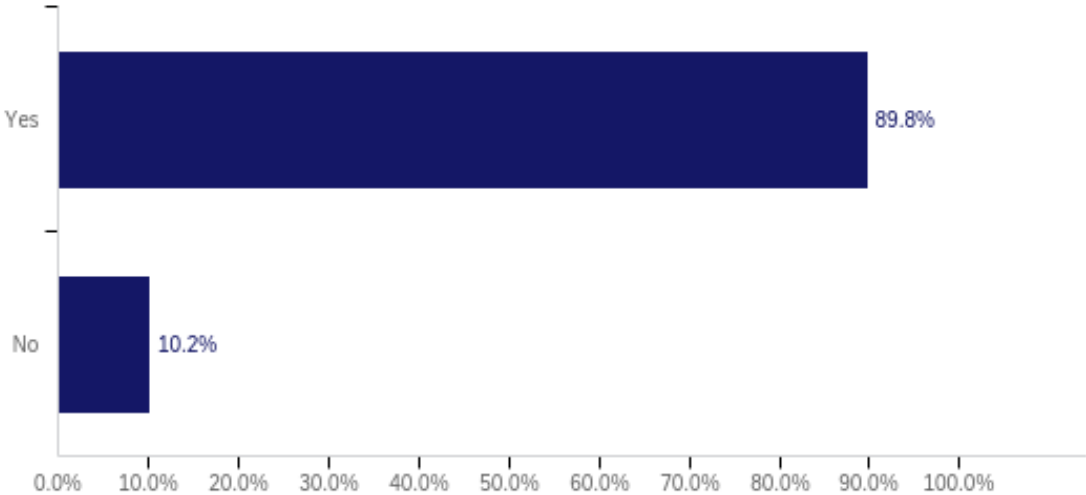
(First-Year Seminar questions asked if respondent selected to reflect on First-Year Seminar)

Why did you decide to participate in a First-Year Seminar (GEL 101) at CSUSM?



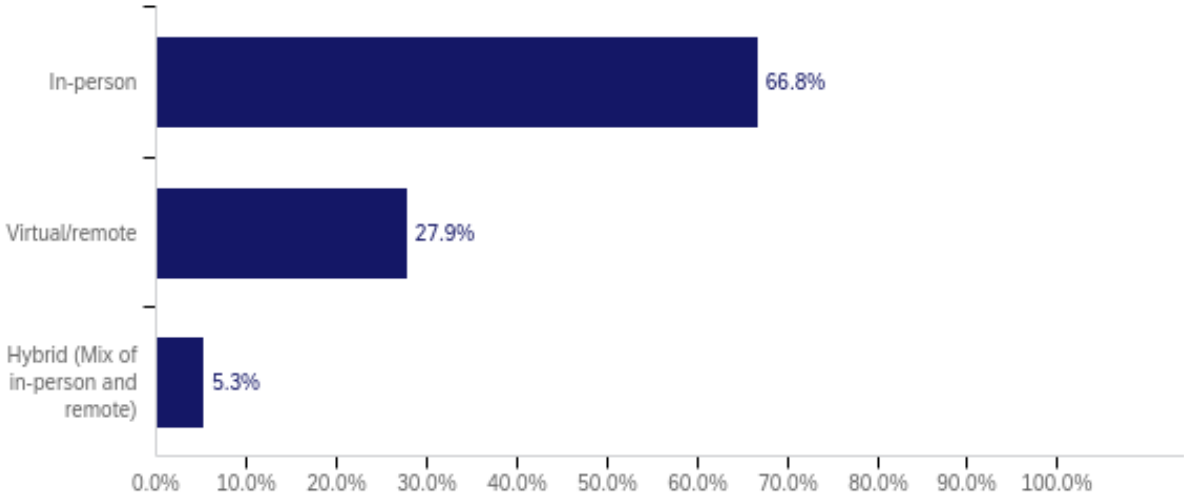
Answer	%	Count
It was part of a class requirement.	89.4%	219
I wanted to engage with others.	13.9%	34
I was encouraged to participate by a faculty or staff member.	18.4%	45
I was encouraged to participate by my peers.	6.1%	15
I wanted a hands-on learning experience.	6.1%	15
I wanted to gain job-related knowledge and skills.	12.2%	30
I participated for personal development.	17.6%	43
Other (please specify):	3.3%	8
Total	100%	245

Is this experience finished?



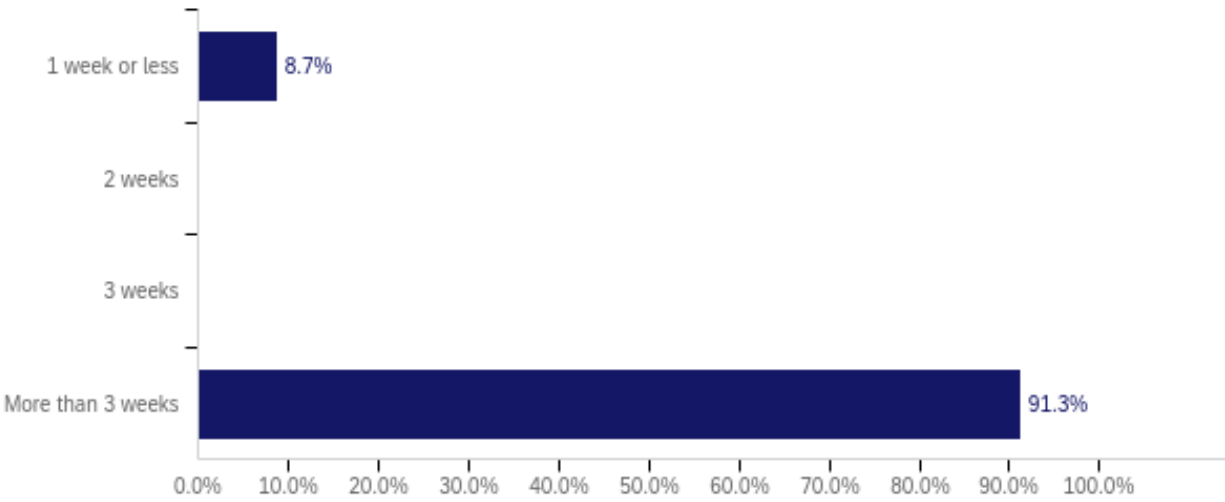
Answer	%	Count
Yes	89.8%	221
No	10.2%	25
Total	100%	246

How did [do] you participate in this experience?



Answer	%	Count
In-person	66.8%	163
Virtual/remote	27.9%	68
Hybrid (Mix of in-person and remote)	5.3%	13
Total	100%	244

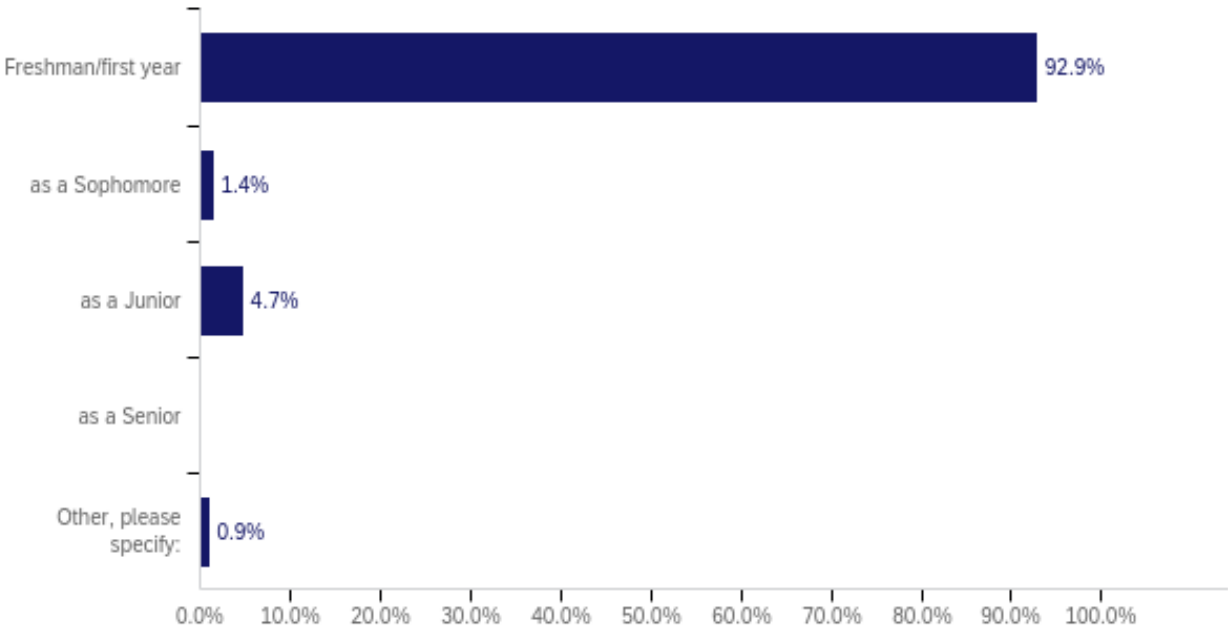
About how long have you been participating in it?
(Question asked if respondent selected no to the experience being finished)



Answer	%	Count
1 week or less	8.7%	2
2 weeks	0.0%	0
3 weeks	0.0%	0
More than 3 weeks	91.3%	21
Total	100%	23

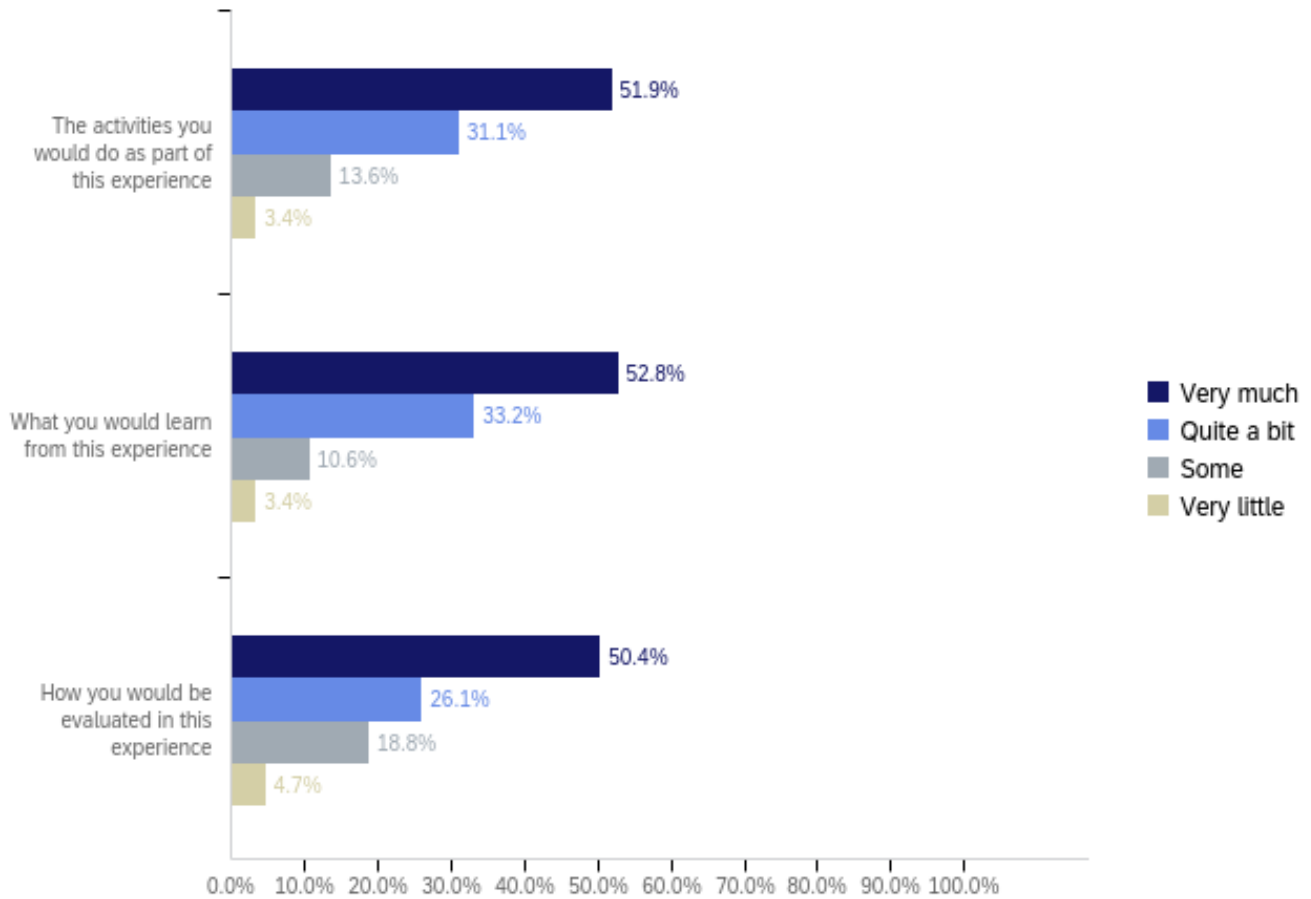
When did you participate in a First-Year Seminar Course? (If you participated more than once, select the most recent).

(Question asked if respondent selected yes that the experienced was finished)



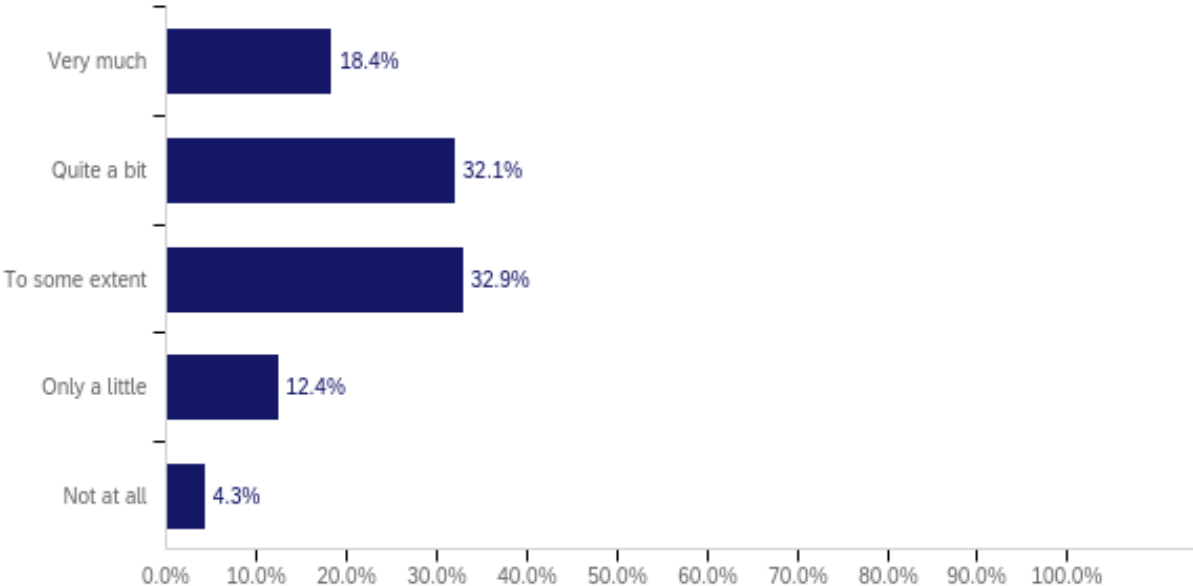
Answer	%	Count
Freshman/first year	92.9%	197
as a Sophomore	1.4%	3
as a Junior	4.7%	10
as a Senior	0.0%	0
Other, please specify:	0.9%	2
Total	100%	212

To what extent were the following explained to you?



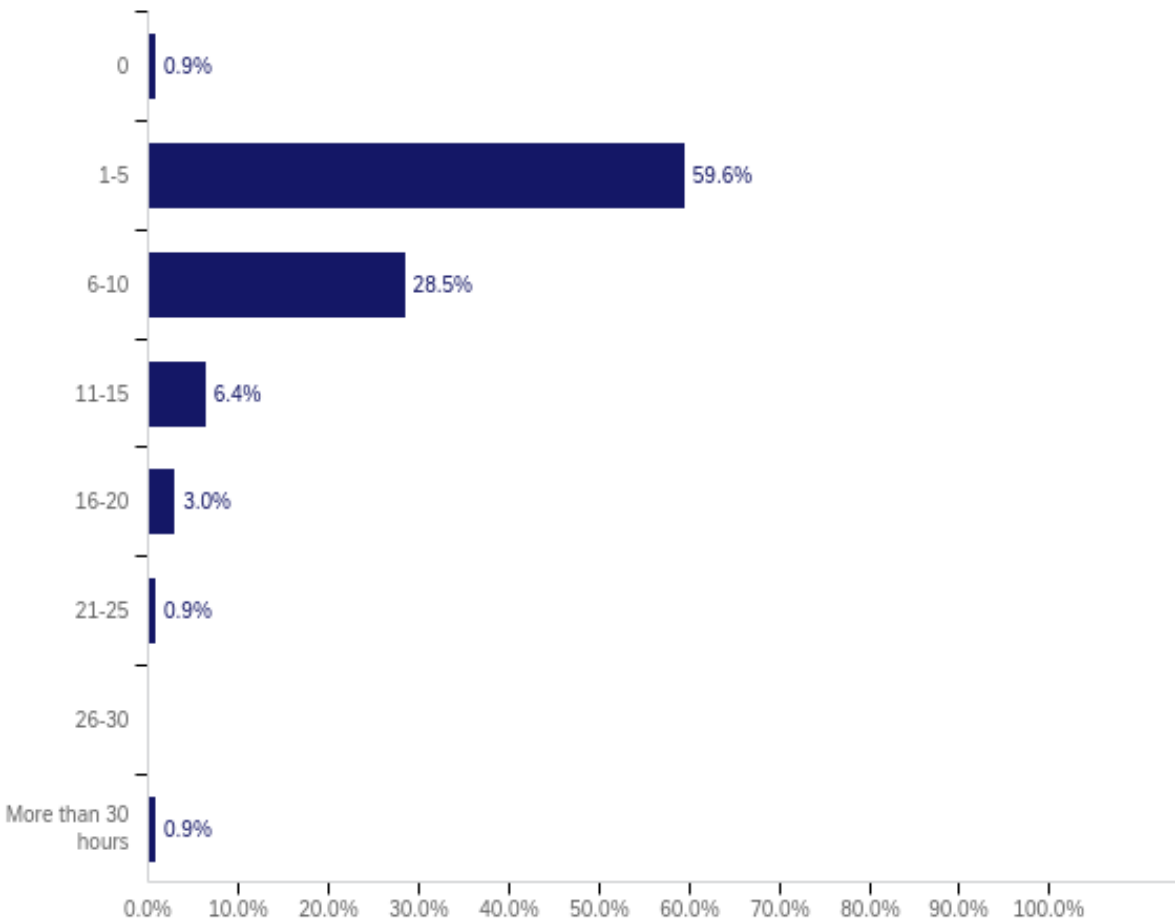
Question	Very much		Quite a bit		Some		Very little		Total
The activities you would do as part of this experience	51.9%	122	31.1%	73	13.6%	32	3.4%	8	235
What you would learn from this experience	52.8%	124	33.2%	78	10.6%	25	3.4%	8	235
How you would be evaluated in this experience	50.4%	118	26.1%	61	18.8%	44	4.7%	11	234

To what extent did [does] this experience challenge you to do your best work?



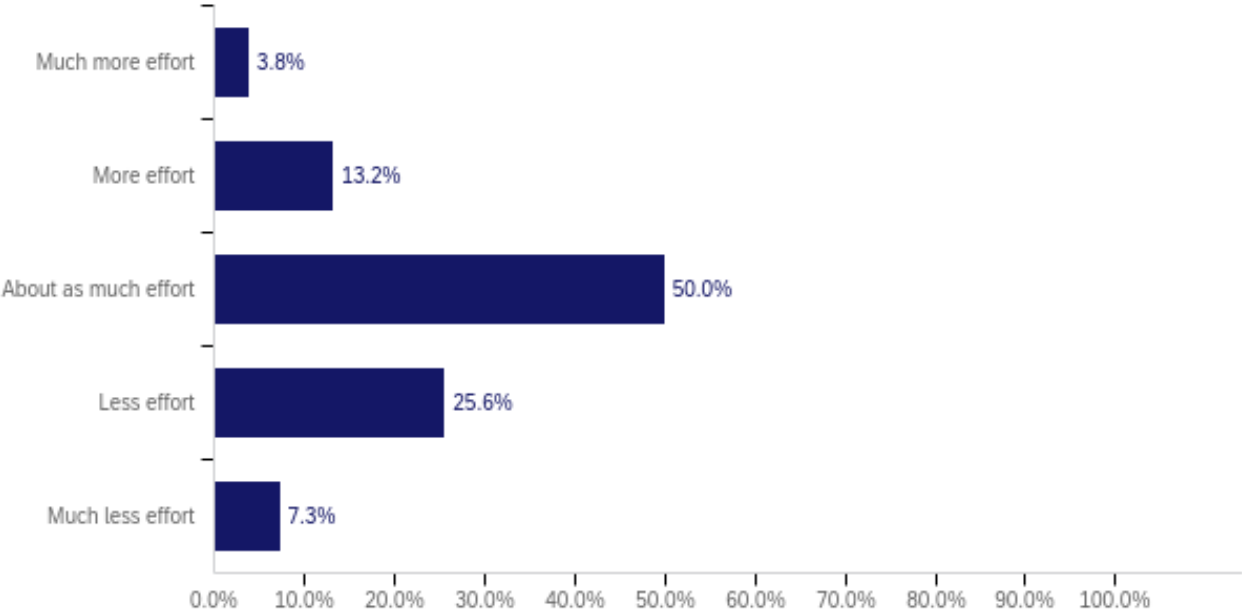
Answer	%	Count
Very much	18.4%	43
Quite a bit	32.1%	75
To some extent	32.9%	77
Only a little	12.4%	29
Not at all	4.3%	10
Total	100%	234

About how many hours did [do] you spend in a typical 7-day week on a First-Year Seminar Course?



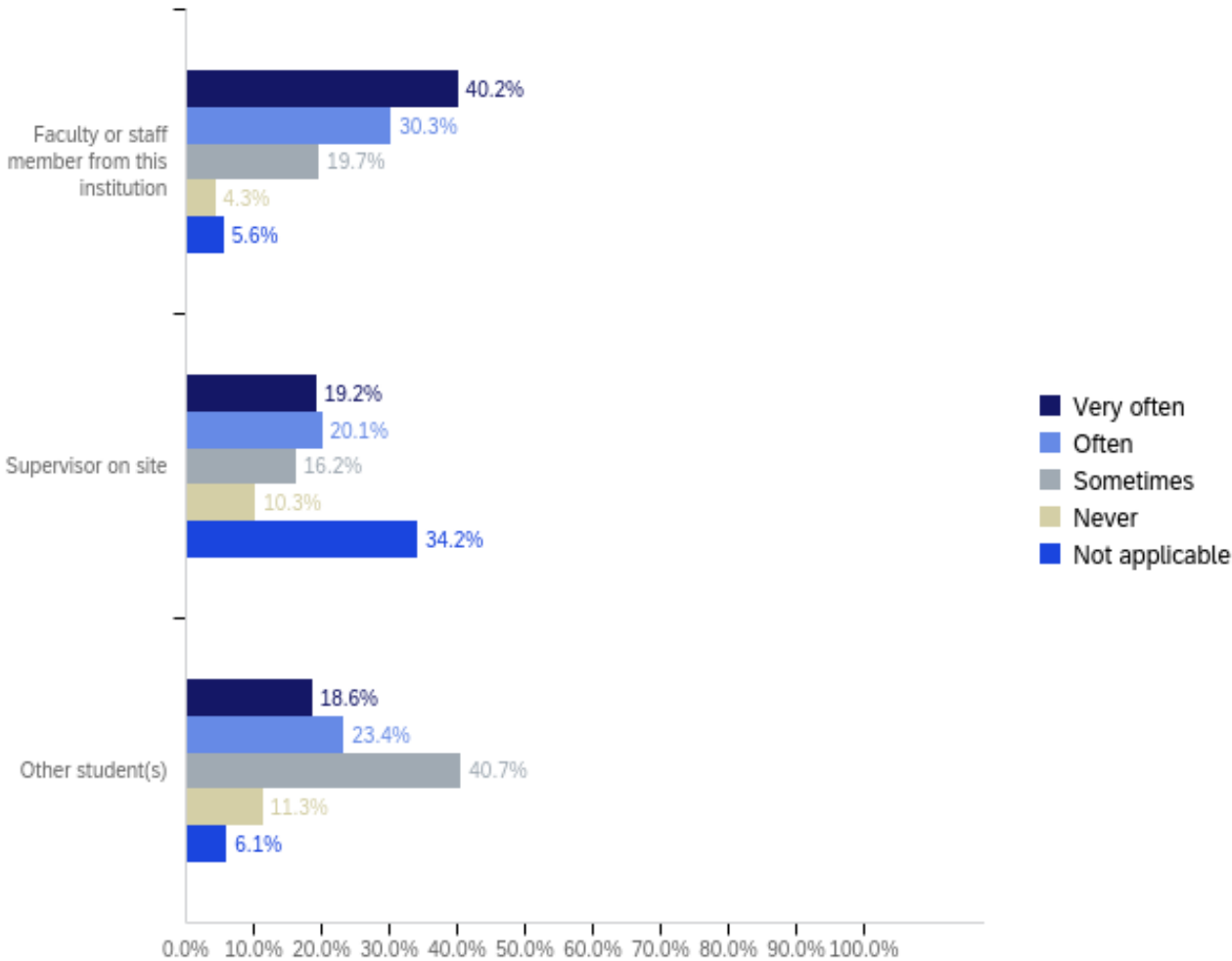
Answer	%	Count
0	0.9%	2
1-5	59.6%	140
6-10	28.5%	67
11-15	6.4%	15
16-20	3.0%	7
21-25	0.9%	2
26-30	0.0%	0
More than 30 hours	0.9%	2
Total	100%	235

Compared to your typical learning experiences at this institution, about how much effort did [does] the First-Year Seminar Course require?



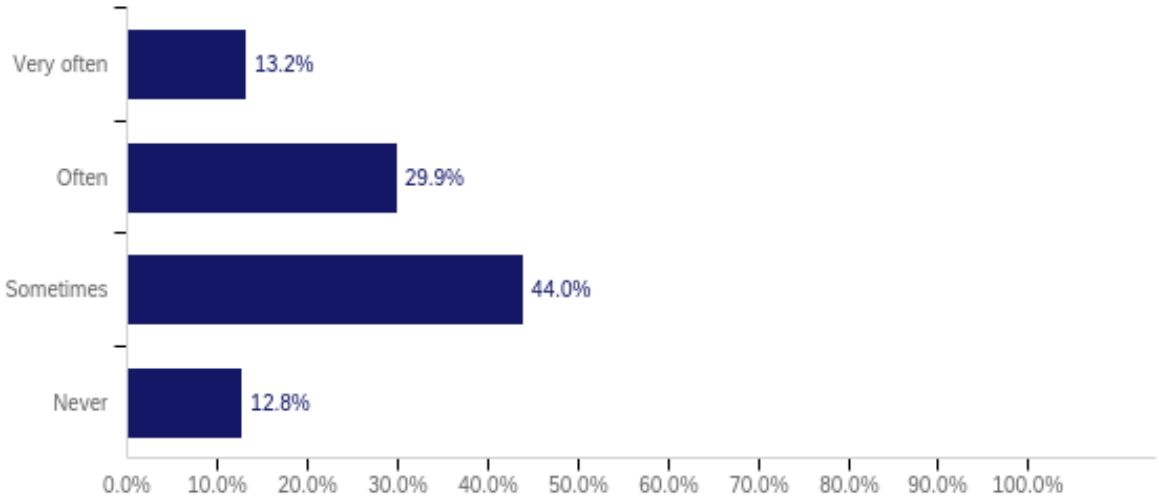
Answer	%	Count
Much more effort	3.8%	9
More effort	13.2%	31
About as much effort	50.0%	117
Less effort	25.6%	60
Much less effort	7.3%	17
Total	100%	234

During the First-Year Seminar Course, about how often did [do] you receive helpful feedback from the following individuals? If this does not apply to your experience, please select "Not applicable".



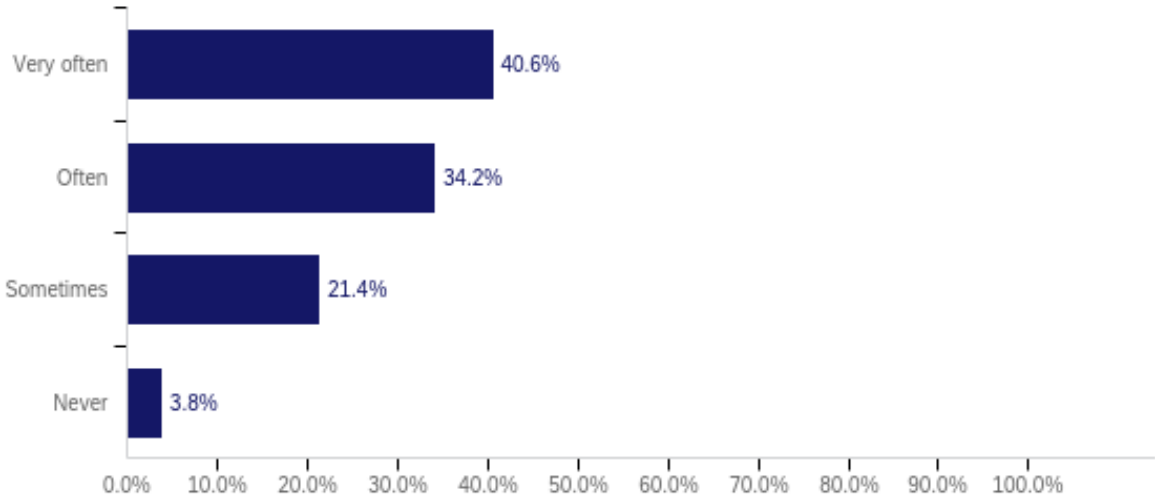
Question	Very often	Often	Sometimes	Never	Not applicable	Total
Faculty or staff member from this institution	40.2% 94	30.3% 71	19.7% 46	4.3% 10	5.6% 13	234
Supervisor on site	19.2% 45	20.1% 47	16.2% 38	10.3% 24	34.2% 80	234
Other student(s)	18.6% 43	23.4% 54	40.7% 94	11.3% 26	6.1% 14	231

As part of the First-Year Seminar Course, about how often did [do] you find yourself in settings or circumstances that were [are] new or unfamiliar to you?



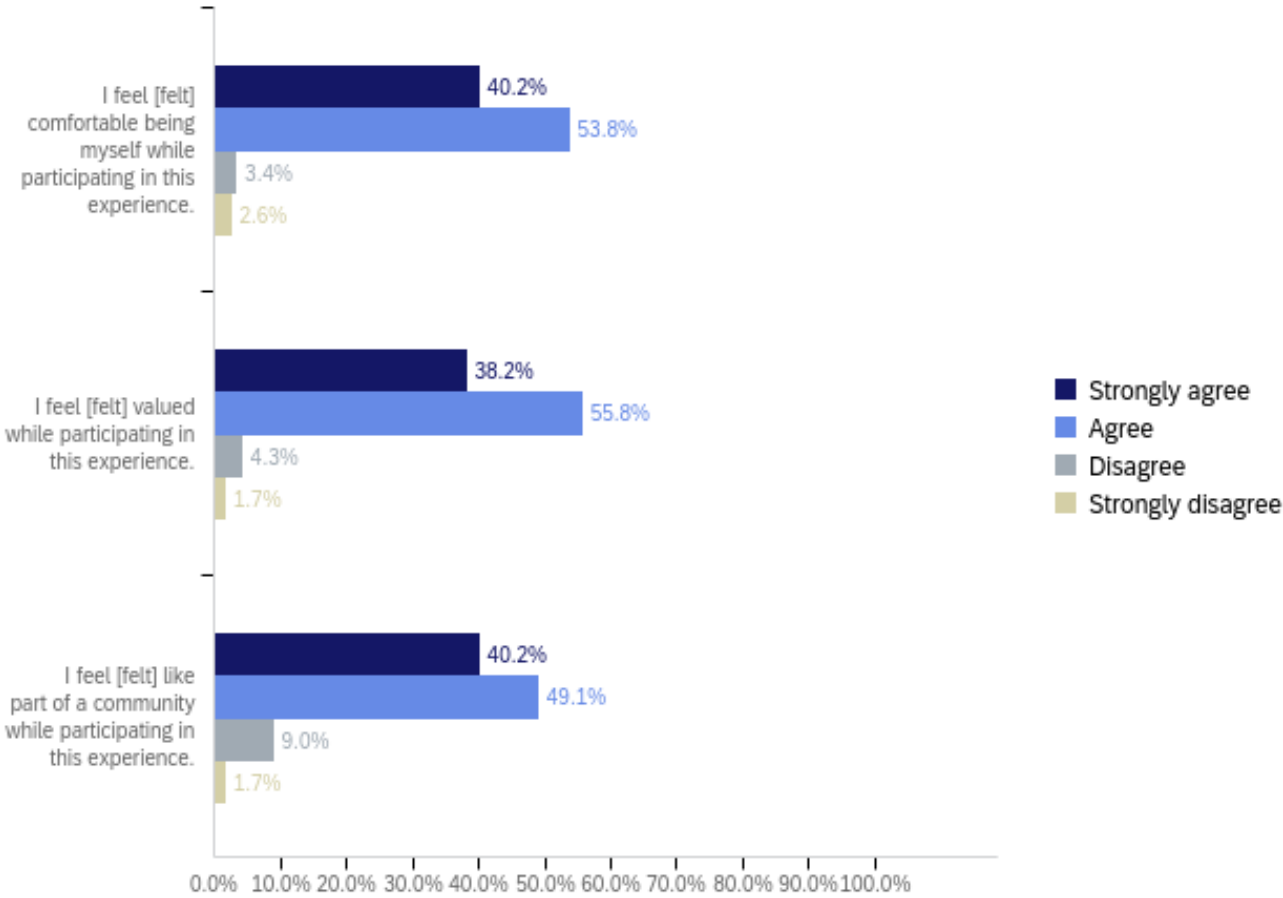
Answer	%	Count
Very often	13.2%	31
Often	29.9%	70
Sometimes	44.0%	103
Never	12.8%	30
Total	100%	234

As part of this experience, about how often did [do] you interact with people from a different background or identity (racial/ethnic, economic, political, religious, etc.)?



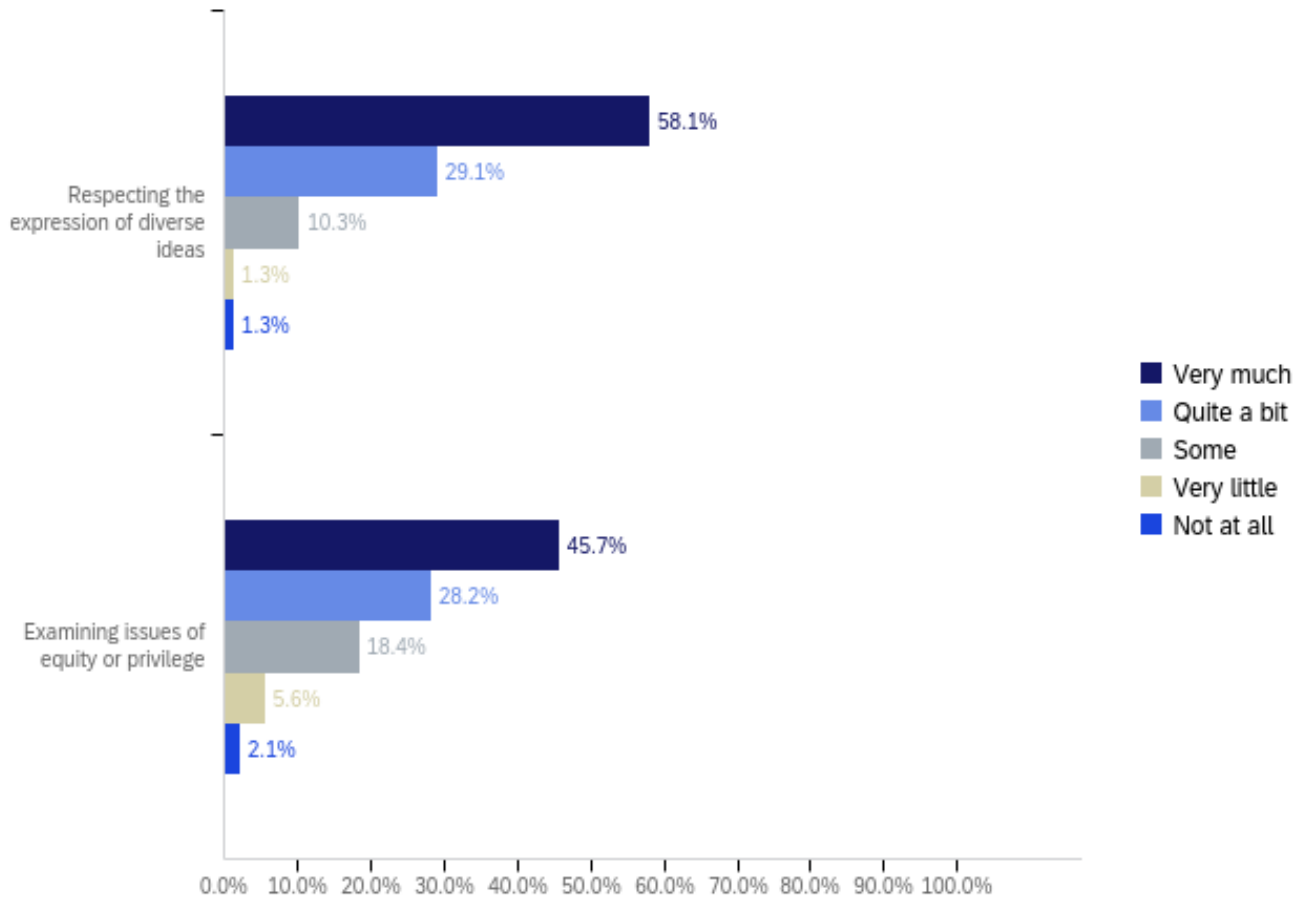
Answer	%	Count
Very often	40.6%	95
Often	34.2%	80
Sometimes	21.4%	50
Never	3.8%	9
Total	100%	234

To what extent do you agree or disagree with the following statements about your First-Year Seminar Course?



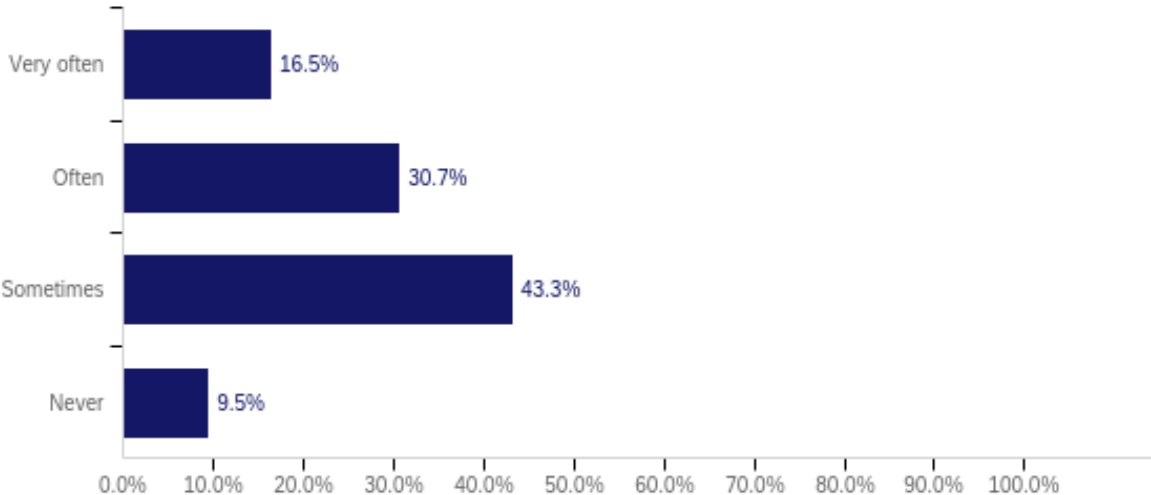
Question	Strongly agree	Agree	Disagree	Strongly disagree	Total
I feel [felt] comfortable being myself while participating in this experience.	40.2% 94	53.8% 126	3.4% 8	2.6% 6	234
I feel [felt] valued while participating in this experience.	38.2% 89	55.8% 130	4.3% 10	1.7% 4	233
I feel [felt] like part of a community while participating in this experience.	40.2% 94	49.1% 115	9.0% 21	1.7% 4	234

How much does [did] the First-Year Seminar Course emphasize the following?



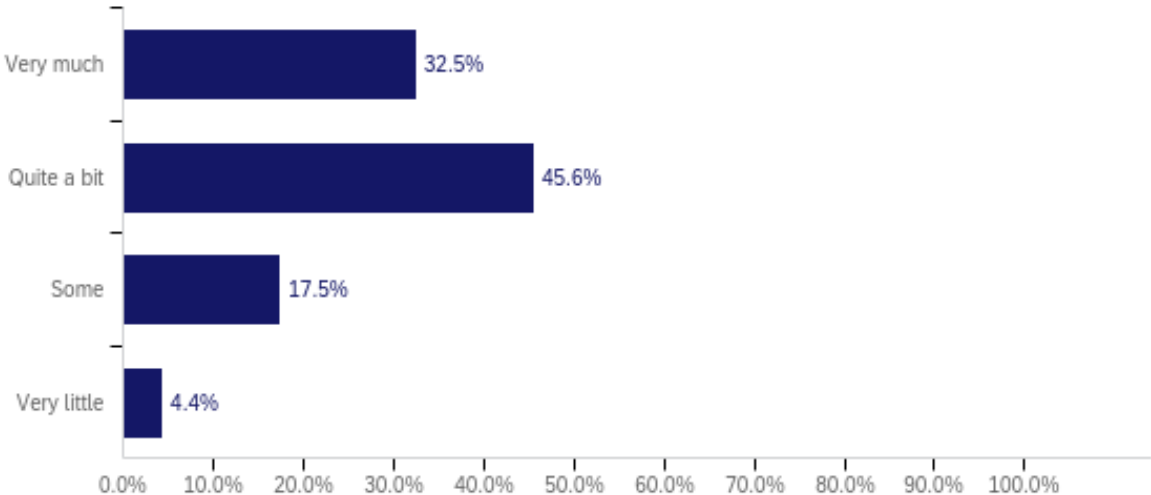
Question	Very much	Quite a bit	Some	Very little	Not at all	Total
Respecting the expression of diverse ideas	58.1% 136	29.1% 68	10.3% 24	1.3% 3	1.3% 3	234
Examining issues of equity or privilege	45.7% 107	28.2% 66	18.4% 43	5.6% 13	2.1% 5	234

As part of the First-Year Seminar Course, about how often did [do] you meet with a faculty or staff member from this institution?



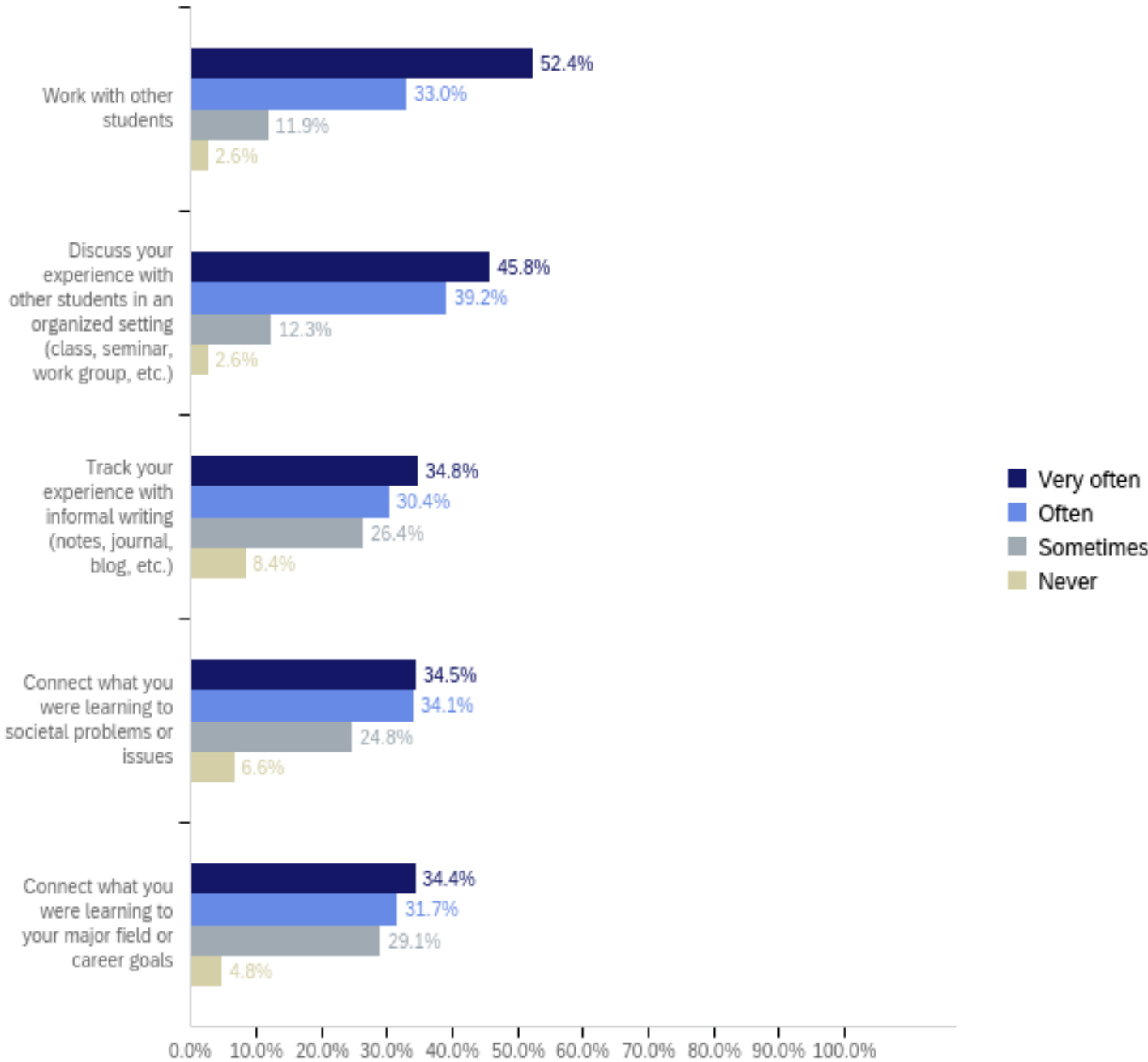
Answer	%	Count
Very often	16.5%	38
Often	30.7%	71
Sometimes	43.3%	100
Never	9.5%	22
Total	100%	231

To what extent did [do] these meetings focus on what you were [are] learning in this experience?



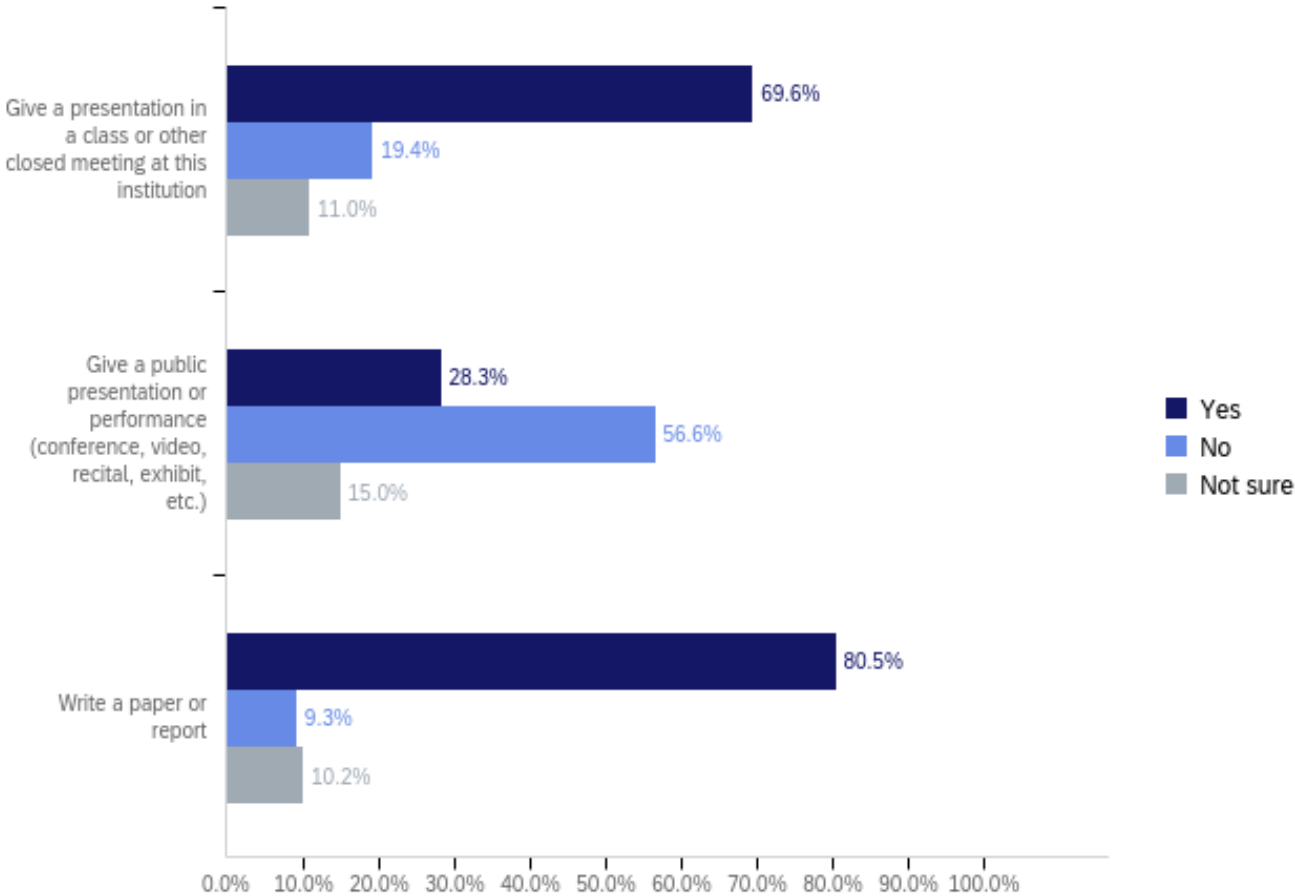
Answer	%	Count
Very much	32.5%	67
Quite a bit	45.6%	94
Some	17.5%	36
Very little	4.4%	9
Total	100%	206

As part of the First-Year Seminar Course, about how often did you do [have you done] the following?



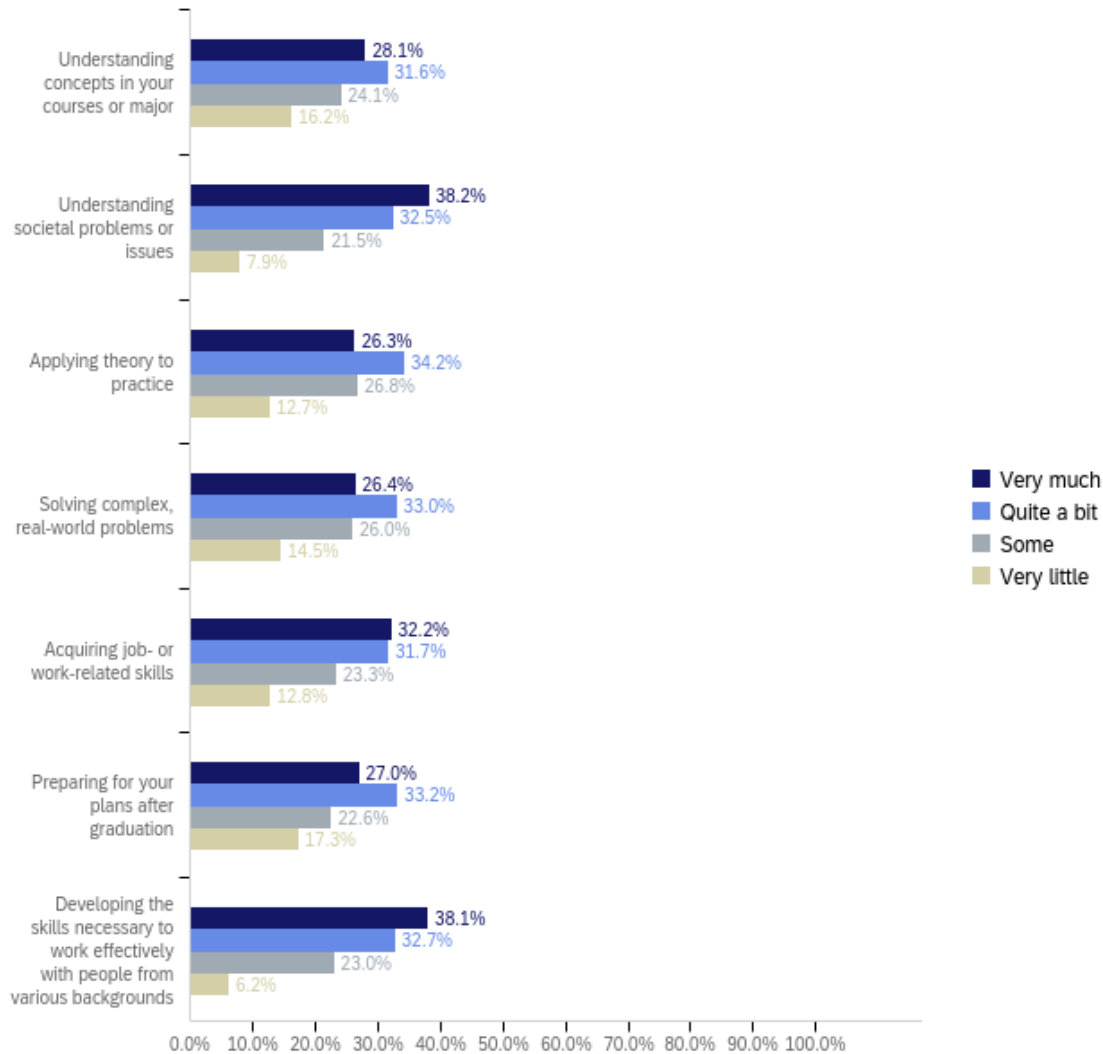
Question	Very often		Often		Sometimes		Never		Total
Work with other students	52.4%	119	33.0%	75	11.9%	27	2.6%	6	227
Discuss your experience with other students in an organized setting (class, seminar, work group, etc.)	45.8%	104	39.2%	89	12.3%	28	2.6%	6	227
Track your experience with informal writing (notes, journal, blog, etc.)	34.8%	79	30.4%	69	26.4%	60	8.4%	19	227
Connect what you were learning to societal problems or issues	34.5%	78	34.1%	77	24.8%	56	6.6%	15	226
Connect what you were learning to your major field or career goals	34.4%	78	31.7%	72	29.1%	66	4.8%	11	227

At or near the conclusion of the First-Year Seminar Course, which of the following did you do [will you have done]?



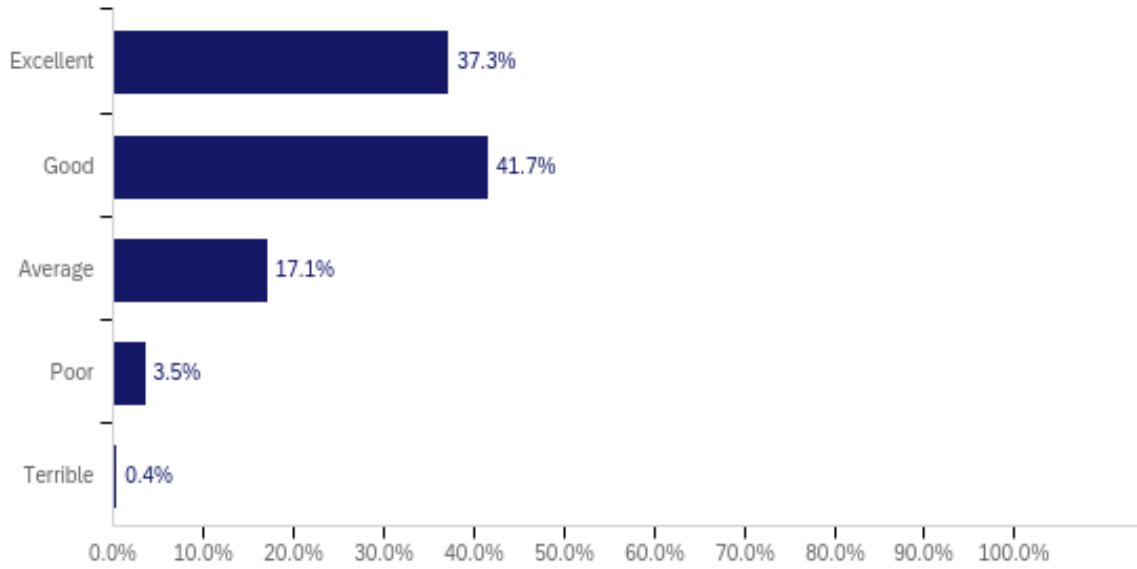
Question	Yes		No		Not sure		Total
Give a presentation in a class or other closed meeting at this institution	69.6%	158	19.4%	44	11.0%	25	227
Give a public presentation or performance (conference, video, recital, exhibit, etc.)	28.3%	64	56.6%	128	15.0%	34	226
Write a paper or report	80.5%	182	9.3%	21	10.2%	23	226

To what extent has the First-Year Seminar Course contributed to your knowledge, skills, and personal development in the following areas?



Question	Very much	Quite a bit	Some	Very little	Total				
Understanding concepts in your courses or major	28.1%	64	31.6%	72	24.1%	55	16.2%	37	228
Understanding societal problems or issues	38.2%	87	32.5%	74	21.5%	49	7.9%	18	228
Applying theory to practice	26.3%	60	34.2%	78	26.8%	61	12.7%	29	228
Solving complex, real-world problems	26.4%	60	33.0%	75	26.0%	59	14.5%	33	227
Acquiring job- or work-related skills	32.2%	73	31.7%	72	23.3%	53	12.8%	29	227
Preparing for your plans after graduation	27.0%	61	33.2%	75	22.6%	51	17.3%	39	226
Developing the skills necessary to work effectively with people from various backgrounds	38.1%	86	32.7%	74	23.0%	52	6.2%	14	226

Overall, how would you evaluate the quality of the First-Year Seminar Course?



Answer	%	Count
Excellent	37.3%	85
Good	41.7%	95
Average	17.1%	39
Poor	3.5%	8
Terrible	0.4%	1
Total	100%	228