

CATALOG YEARS: 2006-2009

TOTAL UNITS REQUIRED = 120

Kinesiology (B.S.)
Option: Physical Education

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Student Name: _____ ID# _____ Grad Term: _____

- It is highly recommended that you meet with your faculty advisor at least once a year.
- All non-articulated courses MUST be approved and submitted by a faculty advisor.
- All courses used for the major must be completed with a grade of C (2.0) or better.
- Minimum of 40 units of upper division coursework must be completed (CSUSM + any other 4 year institutions)
- 30 residency units must be completed at CSUSM
- 18 upper division units in the major must be completed at CSUSM. (Title V only requires 12, the 18 being designated by KINE Dept)
- 24 upper division units must completed at CSUSM

PREPARATION FOR THE MAJOR (32-33 UNITS)

Course Number / Title	Units	Grade	Sem	Equivalent	Institution	Need	IP	Met	petition
BIOL 104 - Principles of Biol: Human Emph. (no prereq) OR BIOL 210 - Intro to Cell & Molec Biol (Prereq-CHEM 100/ 150)	4								
BIOL 175 - Intro to Anatomy / Physiology I	4								
BIOL 176 - Intro to Anatomy / Physiology II	4								
CHEM 100/100L - Organic & Biochemistry of Life	5								
KINE 202 - Intro to Physical Education and Kinesiology	3								
KINE 204 - Tech & Analysis of Fitness & Weight Training	3								
PSYC 100 - Introduction to Psychology	3								

Techniques and Analysis courses, choose 3: DNCE 101 (3) - Introduction to Dance KINE 205 (2) - Techniques & Analysis of Court Sports KINE 206 (2) - Techniques & Analysis of Field Sports KINE 207 (2) - Techniques & Analysis of Baseball / Softball KINE 208 (2) - Techniques & Analysis of Track & Field KINE 209 (2) - Techniques & Analysis of Golf	6-7								

UPPER DIVISION CORE REQUIREMENTS (28 UNITS):

Course Number / Title	Units	Grade	Sem	Equivalent	Institution	Need	IP	Met	petition
KINE 300 - Biomechanics of Human Movement (Prerequisites: BIOL 175, 176)	3								
KINE 301 - Motor Control & Learning (Prerequisites: BIOL 175, 176, KINE 202)	3								
KINE 302 - Sports Medicine (Prerequisites: BIOL 175, 176)	3								
KINE 304 - Adapted Physical Education (Prerequisites: KINE 202)	3								
KINE 305 - Applied Kinesiology (Prerequisites: BIOL 175,176 and KINE 202, 204)	3								
KINE 306 - Exercise, Fitness and Health	3								
KINE 326 - Introduction to Exercise Physiology (Prerequisites: BIOL 175, 176)	4								
KINE 336 - Nutrition, Health, and Human Performance	3								
KINE 403 - Measurement & Evaluation in Kinesiology (Prerequisites: KINE 204, B4 Math requirement)	3								

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UPPER DIVISION MAJOR ELECTIVES (9-10 UNITS):

CHOOSE TWO (2) FROM THE FOLLOWING (6 UNITS):

- KINE 400 - Movement Theory and Practice of Elementary Physical Education for Children (3)
- KINE 401 - Principles, Organization, and Management of Secondary School Physical Education (3)
- KINE 402 - Applied Theory of Teaching Team, Individual, and Dual Sports (3)

Course #	Course Title	Units	Grade	Sem	Equivalent	Institution	Need	IP	Met	petition

CHOOSE ONE (1) FROM THE FOLLOWING (3-4 UNITS):

- Any additional 300- or 400-level KINE course (3)
- HIST 300D - History of Sport in the United States (3)
- PSYC 330 - Developmental: Infancy and Childhood (3)
- SOC 314 - Health and Society (4)
- SOC 316 - Mental Health and Society (4)
- SOC 318 - Sociology of Sport. (3)

Course #	Course Title	Units	Grade	Sem	Equivalent	Institution	Need	IP	Met	petition

Supplemental courses for application to CSUSM's Single Subject Teacher Credential Program in Physical Education: **EDUC 350, EDUC 364, EDUC 422**

Date _____	Advisor Signature _____
Grade Update: _____	(2) Date: _____
	(3) Date: _____

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Recommended Course Sequence: Kinesiology, Option in Physical Education

**UDGE (BB,CC,DD) may be taken as early as the semester in which you will earn 60 units, or anytime thereafter. If taken earlier than this, the courses will NOT count to clear the UDGE requirement.

First Semester	Units	Second Semester	Units	Summer	Units
BIOL 104	4	BIOL 175 (GE-B2)	4		
GEW 101 (GE-A2)	3	GEO 102 (GE-A1)	3		
MATH 115 (GE-B4)	3	GE (A3 Critical thinking)	3		
Foreign lang I (if needed)	4	Foreign lang II (if needed)	4		
Comp test/CS 100 (take 1 st yr)		Techniques & Analysis	2		
Total Units	14	Total Units	16		
First Semester	Units	Second Semester	Units	Summer	Units
BIOL 176	4	CHEM 100/100L (GE-B1, B3)	5		
PSCI 100, HIST 130 ,or 131 (GE-D)	3	GE (D7)	3		
GE (C1 Fine arts)	3	GE (C2 Humanities)	3		
KINE 202	3	PSYC 100 (GE-D)	3		
Foreign lang III or other (GE-C)	3	KINE 204	3		
Total Units	15	Total Units	17		
First Semester	Units	Second Semester	Units	Summer	Units
Techniques & Analysis	2	Techniques & Analysis	2		
KINE 301	3	KINE 302	3		
KINE 304	3	KINE 305	3		
KINE 306 (GE-E)	3	KINE 336	3		
Upper Division GE (BB,CC,DD)**	3	Upper Division GE (BB,CC,DD)**	3		
Total Units	14	Total Units	14		
First Semester	Units	Second Semester	Units	Summer	Units
KINE 300	3	KINE 400	3		
KINE 326	4	KINE 403	3		
KINE 401	3	Optional: EDUC 350	3		
Upper Division major elective	3-4	Optional: EDUC 364	3		
Upper Division GE (BB,CC,DD)**	3	Optional: EDUC 422	3		
Total Units	16-17	Total Units	6-15		