Typing Accents on the Mac

á, é, í, ó, ú
For an accent on the vowels (á, é, í, ó, ú), press and hold the option key, and the e, and release both. Then type the vowel to bear the accent.

[Option] + [E] → [Vowel]

ñ
For the tilde (ñ), press and hold the option key, and the n and release both. Then type the letter to bear the tilde.

[Option] + [N] → [N]

¡
For the initial exclamation mark (¡), press and hold the option key, then press 1, release and the upside down exclamation mark will appear.

[Option] + [1]

¿
For the initial upside down question mark (¿), press and hold the option key and the shift key, and then type (¿), and the upside down question mark will appear.

[Option] + [Shift] + [?]  

ä, ö, ü
For the umlaut (ä, ö, ü), press and hold the option key, press the u, and release both. Then type the vowel to bear the umlaut.

[Option] + [U] → [Vowel]

ß
To produce the sibilant (ß), press and hold the option key, press the s, and release both. The sibilant will appear.

[Option] + [S]

à, è, ù
For the grave accent (à, è, ù), press and hold the option key, press (´), and release both. Then type the vowel to bear the grave accent.

[Option] + [´] → [Vowel]

â, ê, î, ô, ü
For the circumflex (â, ê, î, ô, ü), press and hold the option key, press i, and release both. Then type the vowel to bear the circumflex.

[Option] + [i]

ç
For a letter c with a cedilla (ç), press and hold the option key, press c, release both and the cedilla will appear.

[Option] + [c]