

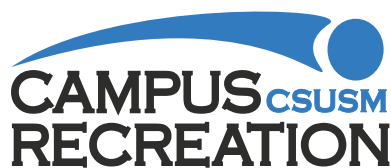


INDOOR CYCLING

Feb 11— May 10

Spring 2013

INDOOR GROUP CYCLING is simple, fun and easy to learn! It is both aerobic and anaerobic workout performed by Lemond certified instructors on Lemond stationary bicycle. Cycling is for everyone, at any age, at every level of fitness. The brand new facility is located in the UVA 3rd floor of the C building
All abilities welcome.



Mon, Wed

5:15– 6:15p (UVA C-3)

Tue, FRI

12 – 12:50p (UVA C-3)

Thurs

7:00 – 8:00 p (UVA C-3)

CSUSM students:
(FREE)

Faculty/Staff:
\$20/month Clarke Membership
(via payroll deduction)



Individuals with disabilities, who would like to attend this event, please contact Hugo Lecomte at (760) 750-6001 regarding any special accommodation needs. It is requested that individuals requiring auxiliary aids such as sign language interpreters and alternative format materials notify the event sponsor at least seven working days in advance. Every reasonable effort will

