



PRE-DOCTORAL INTERNSHIP IN CLINICAL/COUNSELING PSYCHOLOGY

2009 – 2010 INTERNSHIP

Counseling and Psychological Services (CAPS) at California State University San Marcos offers a half-time (25 hours/week) internship program for graduate students working toward doctoral degrees in clinical or counseling psychology. We are a member of the California Psychological Internship Council (CAPIC). Three internship positions are available for the 2006-2007 academic year within CAPS only and one internship position is available at both CAPS and Disabled Student Services.

Cal State San Marcos is a public university with a current enrollment exceeding 8000 undergraduate and graduate students served by over 1000 faculty, staff, and administrators. Founded in 1989, it is one of the fastest growing campuses within the 23-campus California State University system. The campus is located in the city of San Marcos in North County San Diego, about 15 miles east of Oceanside.

CAPS' internship program strives to provide comprehensive training in clinical intervention, prevention, and health promotion. We provide a wide range of services to the Cal State San Marcos community, including individual, couples, and group counseling and psychotherapy, psychological assessment, crisis intervention, consultation, outreach and education. Although clinical services are primarily short-term, all interns are required to carry several longer-term therapy cases. Interns have the opportunity to work with a diverse client population who represent the diagnostic spectrum and present with a wide range of concerns.

Training is organized around **Professional Development Goals** representing five major areas of functioning:

Sensitivity to Diversity: Gains competency in adapting assessment and intervention to the client's culture, psychosocial history, values, and presenting problems.

Theoretical/Conceptual Knowledge & Application: Gains knowledge and competency in integrating and applying different theories and models of psychological development, intervention, prevention, and health promotion.

Therapeutic Modes: Gains competency in applying basic clinical knowledge and skills in different therapeutic modes (individual, couples, group psychotherapy; short-term and long-term psychotherapy).

Personal Awareness & Functioning: Strives to identify and address personal issues or concerns that may impact professional functioning.

Professional Ethics: Is cognizant of and abides by the legal and ethical guidelines governing the practice of mental health professionals.

Professional Conduct: Demonstrates professional conduct and meets professional responsibilities.

These Professional Development Goals are operationalized through required service, supervision, and training activities (see *Weekly Activities* table below). Interns attend a weekly training seminar and receive weekly individual and group supervision. Individual testing supervision is also provided when an intern is engaged in psychological testing. All supervision is provided by licensed psychologists.

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WEEKLY ACTIVITIES	
	<u>Hours/week</u>
Direct Services (15 - 16 hrs/wk)	
Intakes	2
Therapy, Testing	8 - 9
Emergency Coverage	1
Administrative (e.g. charting)	3 - 5
Supervision & Training (5 - 7 hrs/wk)	
Individual Supervision	1 - 1.5
Group Supervision	1
Intake Meeting/Supervision	.5
Testing Supervision	As needed
Training Seminar	1.5
Outreach and Education	1
Miscellaneous Administrative Activities (e.g., staff meetings, scheduling)	2 - 3
TOTAL	25

QUALIFICATIONS: Candidates must be fully enrolled in a doctoral program in clinical or counseling psychology (or related field) and have completed at least 600 hours of supervised practicum.

TIME COMMITMENTS: The internship begins in mid August and ends in mid July. Interns must be available 25 hours/week between 8:00 a.m. and 5:00 p.m. Monday through Friday, and be on-site a minimum of three days/week. Tuesday afternoons are mandatory at our site. In addition to two weeks vacation, interns will have one week off in late December when the University is closed for the holidays as well as major holidays.

STIPEND: Interns receive a stipend of \$1500 for 10 months.

APPLICATIONS: We adhere to CAPIC's application guidelines and timeline. Applications must be received by March 2, 2009. Offers of positions will be made on uniform notification day, April 6, 2010.

Applications must include:

- **CAPIC Uniform Intern Application**, which can be obtained on CAPIC's website at www.capic.net
- CAPS' **Supplemental 2009-2010 Internship Application** form.
- CAPS' **Certificate of Internship Readiness and Eligibility**, to be completed by the applicant's faculty advisor, graduate program's training director, or other University official familiar with the student's work. This may be mailed directly by the person completing the Certificate or included with the application.
- **Curriculum vita.**
- **Official transcripts of graduate work.**
- **Three letters of recommendation**, including at least one from a clinical supervisor. Letters may be mailed directly or included with the application.

Application materials may be obtained from your graduate program, our website at www.csusm.edu/shcs/counseling or by calling CAPS. Applications should be submitted to:

Tamara Savage, Ph.D.
Student Health and Counseling Services
California State University San Marcos
San Marcos, CA 92096-0001

The California State University

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