

## *Value of Involvement*

The decision to get involved with campus life is parallel to the decision to get a degree or an education. Any student actively involved in community or campus organizations can attest to the expanded learning opportunities and satisfaction gained through involvement. By combining the skills you develop through the involvement in campus and community organizations with the knowledge you gain in the classroom, you can become much better prepared for your future.

### **AN IMPORTANT PART OF YOUR EDUCATION**

The University, as a part of its educational mission, supports and encourages participation in co-curricular activities as an integral part of your total education. The advantage of our campus is having over 40 different student clubs and organizations to choose from. In addition to campus life, the North San Diego community has more opportunity for participation and service. Whether you wish to explore a new activity, widen your circle of friends, or promote knowledge of a cause, there is probably an organization in existence to suit you.

### **BENEFITS OF GETTING INVOLVED**

#### 1. To You

- Opportunity for self-development, personal growth
- Can work in small groups with people of similar interests
- Increased leadership skills and values, i.e. problem solving,
- Communication, organization, responsibility to society, etc.
- Develop a larger circle of friends
- Provides balance for your academic life
- Make valuable campus and community contacts
- Gain an employment advantage for after graduation

#### 2. To the University

- Develops involved and informed students
- Exposure to resources to address issues and concerns
- Helps develop satisfied students

#### 3. To the Community

- Provides valuable services
- Produces graduates with leadership qualities and abilities
- Develops future leaders with knowledge, skills and integrity

A list of all currently recognized student clubs and organizations is available in the Student Life & Leadership Office in Craven 3400. Also at this location is the opportunity to leave any of these groups a message, as well as receive the email addresses of student club leaders. Staff members are also available to discuss personal interests and provide resources to meet those interests.