

Spring 2011 Gymnasium Schedule

Gymnasium schedule is subject to change, without notice. Advanced notice will be given when possible.

	MON		TUE		WED		THUR		FRI		SAT		SUN	
	130 A	130 B	130 A	130 B	130 A	130 B	130 A	130 B	130 A	130 B	130 A	130 B	130 A	130 B
6:00 AM	ATHLETICS 6am - 7:45am		ATHLETICS 6am - 7:45am		ATHLETICS 6am - 7:45am		ATHLETICS 6am - 7:45am		ATHLETICS 6am - 7:45am		Building CLOSED		Building CLOSED	
6:30	ATHLETICS 6am - 7:45am		ATHLETICS 6am - 7:45am		ATHLETICS 6am - 7:45am		ATHLETICS 6am - 7:45am		ATHLETICS 6am - 7:45am					
7:00	ATHLETICS 6am - 7:45am		ATHLETICS 6am - 7:45am		ATHLETICS 6am - 7:45am		ATHLETICS 6am - 7:45am		ATHLETICS 6am - 7:45am		Building CLOSED		Building CLOSED	
7:30	ATHLETICS 6am - 7:45am		ATHLETICS 6am - 7:45am		ATHLETICS 6am - 7:45am		ATHLETICS 6am - 7:45am		ATHLETICS 6am - 7:45am					
8:00	ATHLETICS 6am - 7:45am		ATHLETICS 6am - 7:45am		ATHLETICS 6am - 7:45am		ATHLETICS 6am - 7:45am		ATHLETICS 6am - 7:45am		Building CLOSED		Building CLOSED	
8:30	ATHLETICS 6am - 7:45am		ATHLETICS 6am - 7:45am		ATHLETICS 6am - 7:45am		ATHLETICS 6am - 7:45am		ATHLETICS 6am - 7:45am					
8:30	KINE 101 8 - 8:50am	PE 203 8:30 - 12:45pm			KINE 101 8 - 8:50am	PE 203 8:30 - 12:45pm					OPERATING HOURS 10 - 6pm		OPERATING HOURS 12 - 8pm	
9:00														
9:30			KINE 401 9 - 10:15am				KINE 401 9 - 10:15am				OPERATING HOURS 10 - 6pm		OPERATING HOURS 12 - 8pm	
10:00														
10:30			ATHLETICS 10:30 - 11:30				ATHLETICS 10:30 - 11:30				OPERATING HOURS 10 - 6pm		OPERATING HOURS 12 - 8pm	
11:00														
11:30											OPERATING HOURS 10 - 6pm		OPERATING HOURS 12 - 8pm	
12:00PM														
12:30			Ashtanga Yoga 12 - 1pm				Ashtanga Yoga 12 - 1pm			ASI CLUB SPORTS WOMEN'S V-BALL 12 - 2:30pm	OPERATING HOURS 10 - 6pm		OPERATING HOURS 12 - 8pm	
1:00														
1:30											OPERATING HOURS 10 - 6pm		OPERATING HOURS 12 - 8pm	
2:00														
2:30											OPERATING HOURS 10 - 6pm		OPERATING HOURS 12 - 8pm	
3:00														
3:30	KINE 304 2:30 - 3:45pm		KINE 108 2 - 2:50pm		KINE 304 2:30 - 3:45pm		KINE 108 2 - 2:50pm				OPERATING HOURS 10 - 6pm		OPERATING HOURS 12 - 8pm	
4:00			KINE 103 3 - 3:50pm				KINE 103 3 - 3:50pm							
4:30	CORE STRENGTH 4 - 5pm		ZUMBA 4 - 5pm		Circuit Boot Camp 4 - 5pm		Circuit Boot Camp 4 - 5pm			OPEN PLAY	OPERATING HOURS 10 - 6pm		OPERATING HOURS 12 - 8pm	
5:00	Jiu-Jitsu 5 - 6pm		PICK-UP GAMES <i>Full Gym</i>		AB BLAST 5 - 5:30pm		HIP HOP TBD							
5:30	SALSA 6 - 7pm		ASI CLUB SPORTS CHEER TEAM 6:30 - 8:30pm		ASI CLUB SPORTS DANCE 5:30 - 8PM		OPEN BASKETBALL PICK-UP GAMES <i>Full Gym</i>				OPERATING HOURS 10 - 6pm		OPERATING HOURS 12 - 8pm	
6:00														
6:30											OPERATING HOURS 10 - 6pm		OPERATING HOURS 12 - 8pm	
7:00														
7:30	ASI CLUB SPORTS 7pm - 9:45pm		OPEN BASKETBALL PICK-UP GAMES <i>Full Gym</i>		ASI CLUB SPORTS WOMEN'S V-BALL 8 - 9:45pm		OPEN BASKETBALL PICK-UP GAMES <i>Full Gym</i>				Building CLOSED		Building CLOSED	
8:00														
8:30											Building CLOSED		Building CLOSED	
9:00														
9:30											Building CLOSED		Building CLOSED	
10:00pm														

OPEN BASKETBALL

CLUB SPORTS

Academic Programs
(Must be enrolled)

OPEN PLAY
First Come, First Serve

Building Closed

Athletics

LEISURE COURSES and INTRAMURAL ACTIVITIES ARE OPEN TO ALL STUDENTS (Small fee may apply to some team intramurals)
 FITNESS CLASSES WILL BEGIN THE WEEK OF MONDAY, February 14, 2010
 VISIT THE CAMPUS REC CENTER FOR INFORMATION ON INTRAMURAL LEAGUE PLAY

***ALL OTHER SHADED TIMES ARE LIMITED FOR USE BY PARTICIPANTS OF THE SPECIFIC ACTIVITIES LISTED.
 *CLASSES LISTED IN ITALICS WILL BE HELD INTERMITTENTLY AND NOT WEEKLY