

## HUMAN DEVELOPMENT

### Counseling Services Concentration

- This worksheet is intended for supplemental use only. The University will use your [Academic Requirements Report \(ARR\)](#) to track your graduation requirements, including those for your major. Please continue to check your ARR for accuracy. If your ARR requires a correction, please submit an [ARR Correction Form](#).
- Your [Degree Planner](#) will display the following requirements in the University's recommended sequence.
- All courses used for the major and preparation for the major must be completed with a grade of C (2.0) or higher.
- A minimum of 18 units counted towards the major must be completed at CSUSM.
- All non-articulated courses MUST be reviewed and approved by a faculty advisor.
- Students interested in pursuing a [Wellness Coach](#) Certificate post-graduation should complete HD 393, 351, 369, and 494 for the Counseling Services Concentration.

#### LOWER-DIVISION PREPARATION FOR THE MAJOR (15 UNITS)

| ✓<br><input type="checkbox"/> | Course                                                        | Units |
|-------------------------------|---------------------------------------------------------------|-------|
| <input type="checkbox"/>      | HD 101: Introduction to Human Development Across the Lifespan | 3     |
| <input type="checkbox"/>      | HD 220: Statistics in Human Development                       | 3     |

Select 1 of the following courses:

ANTH 200: Cultural Anthropology  
 ETST 101: Introduction to Ethnic Studies  
 HHS 101: Introduction to Personal Health and Wellness

| ✓<br><input type="checkbox"/> | Course | Units |
|-------------------------------|--------|-------|
| <input type="checkbox"/>      |        | 3     |

Select 1 of the following courses:

HD 102: Preparatory Skills for Human Development Majors  
 HHS 102: Introduction to Health and Wellness Careers

| ✓<br><input type="checkbox"/> | Course | Units |
|-------------------------------|--------|-------|
| <input type="checkbox"/>      |        | 3     |

Select 1 of the following courses:

HD 230: Research Methods in Human Development (\*HD 220)  
 HD 231: Action Research in Human Development (\*HD 220)

| ✓<br><input type="checkbox"/> | Course | Units |
|-------------------------------|--------|-------|
| <input type="checkbox"/>      |        | 3     |

#### UPPER-DIVISION CORE COURSEWORK (22 UNITS)

| ✓<br><input type="checkbox"/> | Course                                                                                             | Units |
|-------------------------------|----------------------------------------------------------------------------------------------------|-------|
| <input type="checkbox"/>      | HD 301: Theories of Human Development (*HD 101)                                                    | 3     |
| <input type="checkbox"/>      | HD 302: Human Development in Childhood (^HD 301)                                                   | 3     |
| <input type="checkbox"/>      | HD 303: Human Development in Adolescence (^HD 301)                                                 | 3     |
| <input type="checkbox"/>      | HD 304: Human Development in Adulthood (^HD 301)                                                   | 3     |
| <input type="checkbox"/>      | HD 305: Administration in Human Service Settings (*HD 101; upper-division standing)                | 3     |
| <input type="checkbox"/>      | HD 490: Human Development in Perspective (*senior standing)                                        | 3     |
| <input type="checkbox"/>      | HD 497: Applied Research in Human Development (*HD 304; 6 units in concentration; senior standing) | 4     |

Select 1 of the following courses:

\*prerequisite; ^pre/corequisite; ~HD 495 Orientation Information: [www.csusm.edu/human\\_development](http://www.csusm.edu/human_development); <sup>wc</sup>Counseling Services students interested in [Wellness Coach](#) preparation should complete: HD 351, 369, 393, and 494.

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## Counseling Services Concentration

HD 393<sup>WC</sup>: Wellness Coach Practicum

HD 495: Field Experience in Human Development (\*senior standing; ~Orientation required)

✓  
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| Course | Units |
|--------|-------|
|        | 3     |

### COUNSELING SERVICES CONCENTRATION REQUIREMENTS (21 UNITS)

#### Upper-division Concentration Courses (12 units)

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| Course                                                                                                   | Units |
|----------------------------------------------------------------------------------------------------------|-------|
| HD 360: Effective Counseling Interventions (*HD 101; PSYC 100 or HD 102)                                 | 3     |
| HD 361: Interpersonal, Interviewing, Interaction Skills (*HD 101; PSYC 100 or HD 102)                    | 3     |
| HD 382: Multiculturalism, Diversity and Social Justice (*upper-division standing)                        | 3     |
| HD 383: Perspectives on Children, Youth, Families (*HD 101; PSYC 100 or HD 102; upper-division standing) | 3     |

#### Upper-division Elective Courses (9 units)

Select 9 units from the following courses:

BIOL 327: Biology of Human Reproduction

BIOL 328: Human Heredity

BIOL 329: Biology of Aging

HD 351<sup>WC</sup>: Health Disparities in Human Development (\*LD Prep for the Major)

HD 369<sup>WC</sup>: Behavioral and Mental Health Care Development (\*HD 360) added 1.22.25

HD 380: Child and Youth Development (\*HD 101; PSYC 100 or HD 102)

HD 381: Youth Violence (\*HD 101; PSYC 100 or HD 102)

HD 385: Ecological Systems Perspectives (\*LD Prep for the Major; upper-division standing)

HD 386: Human Development in Global Contexts (\*HD 101)

HD 494<sup>WC</sup>: Wellness Coach Field Practicum II

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| Course | Units |
|--------|-------|
|        | 3     |
|        | 3     |
|        | 3     |

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