

# HUMAN DEVELOPMENT

## Health Services Concentration

- This worksheet is intended for supplemental use only. The University will use your [Academic Requirements Report \(ARR\)](#) to track your graduation requirements, including those for your major. Please continue to check your ARR for accuracy. If your ARR requires a correction, please submit an [ARR Correction Form](#).
- Your [Degree Planner](#) will display the following requirements in the University's recommended sequence.
- All courses used for the major and preparation for the major must be completed with a grade of C (2.0) or higher.
- A minimum of 18 units counted towards the major must be completed at CSUSM.
- All non-articulated courses MUST be reviewed and approved by a faculty advisor.

### LOWER-DIVISION PREPARATION FOR THE MAJOR (15 UNITS)

| <input checked="" type="checkbox"/> | Course                                                        | Units |
|-------------------------------------|---------------------------------------------------------------|-------|
| <input type="checkbox"/>            | HD 101: Introduction to Human Development Across the Lifespan | 3     |
| <input type="checkbox"/>            | HD 220: Statistics in Human Development                       | 3     |

Select 1 of the following courses:

ANTH 200: Cultural Anthropology  
 ETST 101: Introduction to Ethnic Studies  
 HHS 101: Introduction to Personal Health and Wellness

| <input checked="" type="checkbox"/> | Course | Units |
|-------------------------------------|--------|-------|
| <input type="checkbox"/>            |        | 3     |

Select 1 of the following courses:

HD 102: Preparatory Skills for Human Development Majors  
 HHS 102: Introduction to Health and Wellness Careers

| <input checked="" type="checkbox"/> | Course | Units |
|-------------------------------------|--------|-------|
| <input type="checkbox"/>            |        | 3     |

Select 1 of the following courses:

HD 230: Research Methods in Human Development (\*HD 220)  
 HD 231: Action Research in Human Development (\*HD 220)

| <input checked="" type="checkbox"/> | Course | Units |
|-------------------------------------|--------|-------|
| <input type="checkbox"/>            |        | 3     |

### UPPER-DIVISION CORE COURSEWORK (25 UNITS)

| <input checked="" type="checkbox"/> | Course                                                                                             | Units |
|-------------------------------------|----------------------------------------------------------------------------------------------------|-------|
| <input type="checkbox"/>            | HD 301: Theories of Human Development (*HD 101)                                                    | 3     |
| <input type="checkbox"/>            | HD 302: Human Development in Childhood (^HD 301)                                                   | 3     |
| <input type="checkbox"/>            | HD 303: Human Development in Adolescence (^HD 301)                                                 | 3     |
| <input type="checkbox"/>            | HD 304: Human Development in Adulthood (^HD 301)                                                   | 3     |
| <input type="checkbox"/>            | HD 305: Administration in Human Service Settings (*HD 101; upper-division standing)                | 3     |
| <input type="checkbox"/>            | HD 490: Human Development in Perspective (*senior standing)                                        | 3     |
| <input type="checkbox"/>            | HD 495: Field Experience in Human Dev (*senior standing; ~pre-course orientation required)         | 3     |
| <input type="checkbox"/>            | HD 497: Applied Research in Human Development (*HD 304; 6 units in concentration; senior standing) | 4     |

\*prerequisite; ^pre/corequisite; ~HD 495 Orientation Information: [www.csusm.edu/human\\_development](http://www.csusm.edu/human_development).

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## Health Services Concentration

### HEALTH SERVICES CONCENTRATION REQUIREMENTS (21 UNITS)

#### Upper-division Concentration Courses (12 units)

|   |                          |                                                                                                  |       |
|---|--------------------------|--------------------------------------------------------------------------------------------------|-------|
| ✓ |                          | Course                                                                                           | Units |
|   | <input type="checkbox"/> | HD 350: Health and Human Development (*HD 101; PSYC 100 or HD 102)                               | 3     |
|   | <input type="checkbox"/> | HD 351: Health Disparities in Human Development (*HD 101; PSYC 100 or HD 102)                    | 3     |
|   | <input type="checkbox"/> | HD 384: Social/Public Policy in Human Dev (*HD 101; PSYC 100 or HD 102; upper-division standing) | 3     |

Select 1 of the following courses:

BIOL 321: Human Physiology

BIOL 323: The Physiology of Nutrition and Disease (\*instructor consent)

BIOL 325: The Physiology of Exercise and Health

|   |                          |        |       |
|---|--------------------------|--------|-------|
| ✓ |                          | Course | Units |
|   | <input type="checkbox"/> |        | 3     |

#### Upper-division Elective Courses (9 units)

Select 9 units from the following courses:

BIOL 327: Biology of Human Reproduction

BIOL 328: Human Heredity

BIOL 329: Biology of Aging

HD 380: Child and Youth Development (\*HD 101; PSYC 100 or HD 102)

HD 381: Youth Violence (\*HD 101; PSYC 100 or HD 102)

HD 385: Ecological Systems Perspectives (\*LD Prep for the Major; upper-division standing)

HD 386: Human Development in Global Contexts (\*HD 101)

|   |                          |        |       |
|---|--------------------------|--------|-------|
| ✓ |                          | Course | Units |
|   | <input type="checkbox"/> |        | 3     |
|   | <input type="checkbox"/> |        | 3     |
|   | <input type="checkbox"/> |        | 3     |