

LIBERAL STUDIES AREA OF FOCUS OPTIONS WITH REQUIRED COURSES

(Fall 2022-2025 catalog years)

SUBJECT AREA	UNITS	REQUIRED COURSES
Visual and Performing Arts (See Advisor for courses for Supplemental Authorization in Introductory Music)	3	Any five Upper Division arts course in Art, Media, and Design (AMD), Dance Studies (DNCE), Music (MUSC), and Theatre Arts (TA) (check recommended preparation and requirements to ensure adequate skills)
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Human Development*	3	PSYC 100: Intro to Psychology
	3	EDUC 381: Differences, Not Disabilities: Educating All Students
	3	GEOG 307: Children and the Environment [^]
	3	KINE 310: Social and Emotional Health
	3	PSYC 330 Dev Psych: Infancy & Child OR PSYC 348: Dev Psych: Adolescence
Reading, Language, Literature (preparation for Supplemental Authorization in Introductory English upon credential completion)**	3	Choose one: LING 305 [^] , 321 [^] , 341 [^] , 351 [^] (offered fall only), 355 [^] , 361 [^] (offered Fall only), 371, 381 [^] , 391 ^{^^} (offered spring only)
	3	Choose one: LING 321 [^] , 351 [^] (fall only), 361 [^] (fall only), 391 ^{^^} (spring only)
	3	LING 480 Field Methods for Linguistics [^] (spring only) ^{^^}
	3	LTWR 338: Children's Lit into Film (fall only)
	3	LTWR 465: Theory and Practice in K-12 Writing Instruction (fall only)
Math* (preparation for Supplemental Authorization in Introductory Math upon credential completion)**	3	MATH 242: Intro to Statistics
	4	MATH 125: Pre-Calculus
	5	MATH 160: Calculus with Applications I (prereq MATH 125)
	3	MATH 330 History of Mathematics (fall only) (prereq MATH 160) OR MATH 448 Mathematical Models and Methods (spring only) (prereq MATH 160)
	If equivalent courses taken elsewhere or through test credit have different unit counts, additional math courses must be taken to equal 15 units. See advisor for further information.	
Science (preparation for Supplemental Authorization in Introductory Science upon credential completion)**	3	ASTR 342: Elements of Astronomy
	3	BIOL 328: Human Heredity OR BIOL 321: Human Physiology OR BIOL 323: Physiology of Nutrition and Disease
	3	CHEM 311: Chemicals and the Environment OR CHEM 316: Chemistry of Chocolate
	3	GEOG 310: Climate Change and Life in the Anthropocene (offered fall only) OR GEOG 311: Earth: The Habitable Planet (offered spring only)
	3	LBST 361: The Social Construction of Science
History and Social Science* (preparation for Supplemental Authorization in Introductory Social Science upon credential completion)**	3	HIST 131: U.S. History 1877 to Present OR HIST 347
	3	ANTH 310: World Prehistory (offered Spring only) OR HIST 102: World Civilizations to Present
	6	Choose two: BRS 300 [^] , 330 [^] , 364 [^] , 453 [^] ; GEOG 305 [^] , 320 [^] , 325, 350, 352, 365 [^] , 422, 460 [^] ; LING 305 [^] , 371, 381 [^]
	3	Choose one: AIS 290, 348, HIST 332, 350; SOC 345, 347, 348, 349; WGSS 303
Bilingual Spanish* (Note: CSET I-III Waiver does not apply to CSET Spanish LOTE)	3	SPAN 202: Intermediate Spanish II OR SPAN 250: Spanish for Heritage Spanish Speakers (if tested out of 202 or 250, substitute with additional upper division SPAN course)
	3	SPAN 301A: Advanced Spanish for Non-Native Speakers ^{^^} OR SPAN 301B: Advanced Spanish for Heritage Spanish Speakers ^{^^}
	3	SPAN 302: Basic Theory and Practices of Composition ^{^^}
	3	SPAN 303: Advanced Theory and Practice of Written Composition ^{^^}
	3	SPAN 350A: Spanish Civ OR SPAN 350B: Spanish American Civ ^{^^}
Physical Education	3	KINE 306: Exercise Fitness and Health (KINE 316 may be substituted)
	3	KINE 310: Social and Emotional Health
	3	KINE 311: Movement Pedagogy
	3	KINE 408: Physical Education for Diverse Populations
	3	Three (3) Units Activity; Choose from any KINE 100-level course (same course may not be repeated) OR DNCE 203

*Some classes for the Math, Human Development, History and Social Science, and Bilingual Concentrations are lower division. Take extra care with remaining elective units to ensure you reach 40 upper division (courses numbered 300 and higher) units to meet graduation requirements.

**For more information on Supplemental Authorization see School of Education (SOE) in the College of Education, Health and Human Services.

[^] Courses require Junior or Senior standing for enrollment ^{^^}Prerequisite or corequisite needed. See course description for details.