

# LIBERAL STUDIES: ELEMENTARY SUBJECT MATTER PREPARATION (ESM)

## Physical Education Area of Focus

- This worksheet is intended for supplemental use only. The University will use your [Academic Requirements Report \(ARR\)](#) to track your graduation requirements, including those for your major. Please continue to check your ARR for accuracy. If your ARR requires a correction, please submit an [ARR Correction Form](#).
- Your [Degree Planner](#) will display the following requirements in the University's recommended sequence.
- EDUC 350, 364 and 422 are prerequisites to the CSUSM Teacher Credential Program. These courses must be passed with C+ or higher to meet Admissions Requirements.
- All courses used for the major and preparation for the major must be completed with a grade of C (2.0) or higher.
- Liberal Studies majors must take a Diversity Equity: Global (DEg) course to meet the University's graduation requirement.
- This curriculum meets requirements for the CSET I-III Waiver.
- Additional upper-division units may be needed to reach the University's 40 upper-division unit graduation requirement.
- Any course taken for the major may only be used once in the major.
- All non-articulated courses MUST be reviewed and approved by a faculty advisor.

### PREPARATION FOR THE MAJOR (55 UNITS)

| ✓                        | Course                                                                                                                                                                                 | Units |
|--------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-------|
| <input type="checkbox"/> | <i>First Year Students, select: LBST 100: An Introduction to Critical Education</i><br><i>Transfer Students, select: LBST 300: An Introduction to Critical Education (GE UD4, DEu)</i> | 3     |
| <input type="checkbox"/> | GEW 101B: Writing as a Rhetorical Act (*GEW 101A or English Categories I or II) (GE 1A)                                                                                                | 3     |
| <input type="checkbox"/> | LING 101: Mysteries of Human Language: An Introduction to Linguistics (GE 1B)                                                                                                          | 3     |
| <input type="checkbox"/> | GEO 102: Oral Communication (GE 1C)                                                                                                                                                    | 3     |
| <input type="checkbox"/> | LTWR 100: Introduction to Literature (GE 3B)                                                                                                                                           | 3     |
| <input type="checkbox"/> | HIST 101: World Civilizations to 1500 (GE 3B)                                                                                                                                          | 3     |
| <input type="checkbox"/> | HIST 130: U.S. History 1500-1877 (GE 4H)                                                                                                                                               | 3     |
| <input type="checkbox"/> | GEOG 201: World Regional Geography                                                                                                                                                     | 3     |
| <input type="checkbox"/> | <i>Select one: AIS 150: Introduction to Federal Indian Law and Policy (GE 4C/4G) or</i><br><i>PSCI 100: U.S. Government and Politics (GE 4C/4G)</i>                                    | 3     |
| <input type="checkbox"/> | MATH 210: Math for K-8 Teachers I: Number Sense (*MATH 101, 105 or MATH Category I or II)                                                                                              | 3     |
| <input type="checkbox"/> | MATH 212: Math for K-8 Teachers II: Geometry, Measurement, Reasoning (*MATH 210) (GE 2)                                                                                                | 3     |
| <input type="checkbox"/> | GES 102: Molecules, Life and the Environment (GE 5B/5C)                                                                                                                                | 4     |
| <input type="checkbox"/> | GES 105: Introduction to Physical Science (*MATH 101, 105 or MATH Category I or II) (GE 5A)                                                                                            | 3     |
| <input type="checkbox"/> | <i>Select one: ES 100: The Earth and Its Place in the Universe or</i><br><i>GEOG 110: Introduction to Physical Geography (GE 5A)</i>                                                   | 3     |
| <input type="checkbox"/> | AMD 120: Introduction to Art, Media, and Design (GE 3A)                                                                                                                                | 3     |
| <input type="checkbox"/> | PSYC 210: Child Growth and Development                                                                                                                                                 | 3     |
| <input type="checkbox"/> | PE 203: Physical Education for Elementary School Children                                                                                                                              | 3     |
| <input type="checkbox"/> | <i>Select one Ethnic Studies course (GE 6): AIS 110, 120, 125, 130, 160, 225, 260, 265, 290; ETST</i><br><i>101, 220, 221, 222, 226, 250, 252, 301, 310</i>                            | 3     |

### INTERDISCIPLINARY SOCIAL SCIENCE REQUIREMENT (IDSS) (3 UNITS)

Choose an approved lower-division IDSS course. This course may not double count with the major.

| ✓                        | Course | Units |
|--------------------------|--------|-------|
| <input type="checkbox"/> |        | 3     |

\*prerequisite; ^pre-/co-requisite; <sup>UD</sup>course restricted to students with upper-division standing.

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### LANGUAGE REQUIREMENT (0-9 UNITS):

This requirement can be met in one of the following ways:

- Intermediate 200-level (3<sup>rd</sup> semester) language course with a grade of C or higher or CR (**GE C3**).
- CSUSM Language Proficiency Exam demonstrating intermediate-level language proficiency.
- AP Language other than English Examination with a score of 3 or higher.
- IB Higher-Level Language A Literature Exam or Language A Language and Literature Exam with score of 4 or higher.
- CLEP with the following minimum score: French Level II: 59; German Level II: 60; Spanish Level II: 63.
- TOEFL or other CSUSM-approved English language exam as a condition for admission to CSUSM.
- Completion at least 3 full-time years at a high school or university where English was not the principal language of instruction.
- Intermediate-level ASL may fulfill this requirement; see [Catalog](#) for conditions.

✓

Proficiency met via:

☐

### BREADTH OF STUDY REQUIREMENTS (30 UNITS)

✓

| Course                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                 | Units |
|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-------|
| GEOG 341 <sup>UD</sup> : Nature and Society in California ( <b>GE UD4</b> )                                                                                                                                                                                                                                                                                                                                                                                                                                                                                            | 3     |
| PHYS 307: Physics for Elem School Teachers (*MATH 101, 105 or MATH Category I or II) ( <b>GE UD25</b> )                                                                                                                                                                                                                                                                                                                                                                                                                                                                | 3     |
| LING 300: Linguistics in the Classroom (*LING 101) ( <b>DEu</b> )                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                      | 3     |
| MATH 311: Math for K-8 Teachers III: Algebra, probability, Statistics, Data Analysis (*MATH 212)                                                                                                                                                                                                                                                                                                                                                                                                                                                                       | 3     |
| DNCE 350: Learning Through the Moving Arts ( <b>GE CC, UD3</b> )                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                       | 3     |
| MUSC 350: Learning Through the Arts: Music, Theater, Visual Arts                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                       | 3     |
| EDUC 350: Foundations of Teaching as a Profession                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                      | 3     |
| EDUC 364: The Role of Cultural Diversity in Schooling ( <b>GE UD4; DEu</b> )                                                                                                                                                                                                                                                                                                                                                                                                                                                                                           | 3     |
| Select one <u>Multicultural Studies</u> course: <b>BRS 300<sup>UD</sup></b> ; <b>ID 340<sup>UD</sup></b> ; <b>LING 341<sup>UD</sup></b> , 355 <sup>UD</sup> ( <b>DEg</b> ), 371, 381 <sup>UD</sup>                                                                                                                                                                                                                                                                                                                                                                     | 3     |
| Select one <u>Integrative Studies</u> course: <b>BRS 300<sup>UD</sup></b> , 330 <sup>UD</sup> , 364 <sup>UD</sup> , 430 <sup>UD</sup> , 453 <sup>UD</sup> ; <b>GEOG 305<sup>UD</sup></b> , 307 <sup>UD</sup> , 310, 311, 320 <sup>UD</sup> , 325, 352, 365 <sup>UD</sup> , 390, 422, 460 <sup>UD</sup> ; <b>ID 340<sup>UD</sup></b> , 410 <sup>UD</sup> ; <b>LBST 305<sup>UD</sup></b> , 361, 362 <sup>UD</sup> ; <b>LING 305<sup>UD</sup></b> , 331 <sup>UD</sup> , 341 <sup>UD</sup> , 355 <sup>UD</sup> , 360 <sup>UD</sup> , 371 <sup>UD</sup> , 381 <sup>UD</sup> | 3     |

### AREA OF FOCUS REQUIREMENTS: PHYSICAL EDUCATION (15 UNITS)

✓

| Course                                                                                                                                              | Units |
|-----------------------------------------------------------------------------------------------------------------------------------------------------|-------|
| KINE 306: Exercise Fitness and Health (KINE 316 may be substituted, see Academic Advisor)                                                           | 3     |
| KINE 310: Social and Emotional Health                                                                                                               | 3     |
| KINE 311 <sup>UD</sup> : Movement Pedagogy                                                                                                          | 3     |
| KINE 408 <sup>UD</sup> : Physical Education for Diverse Populations                                                                                 | 3     |
| Select one of the following options: <b>DNCE 203</b> : Hip Hop I or <b>3 units of 100-level KINE</b> courses (same KINE course may not be repeated) | 3     |