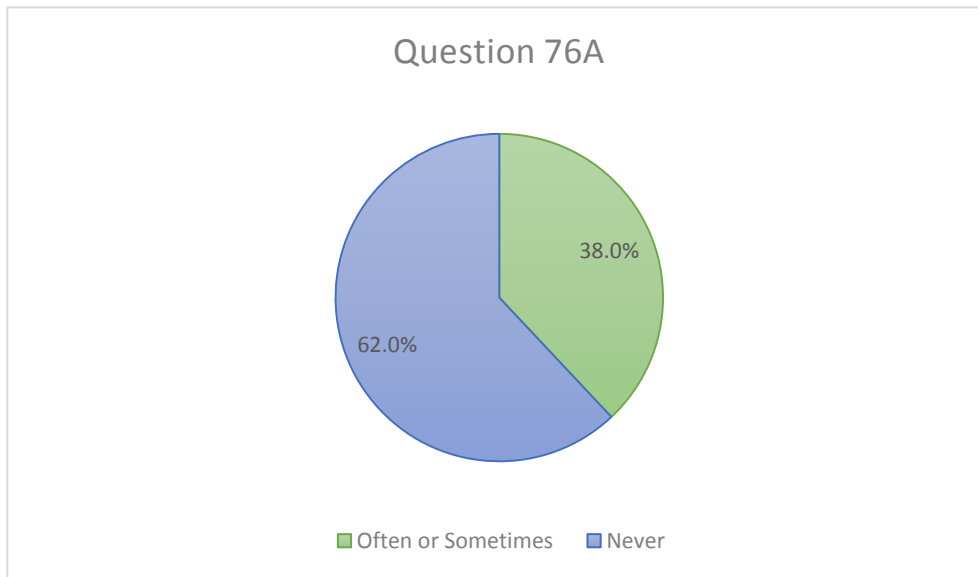


American College Health Association  
National College Health Assessment Data  
CSUSM - Spring 2016

**76A. In the last 12 months, I worried whether my food would run out before I got money to buy more.**

Often or Sometimes	38.0%
Never	62.0%
Total	100.0%

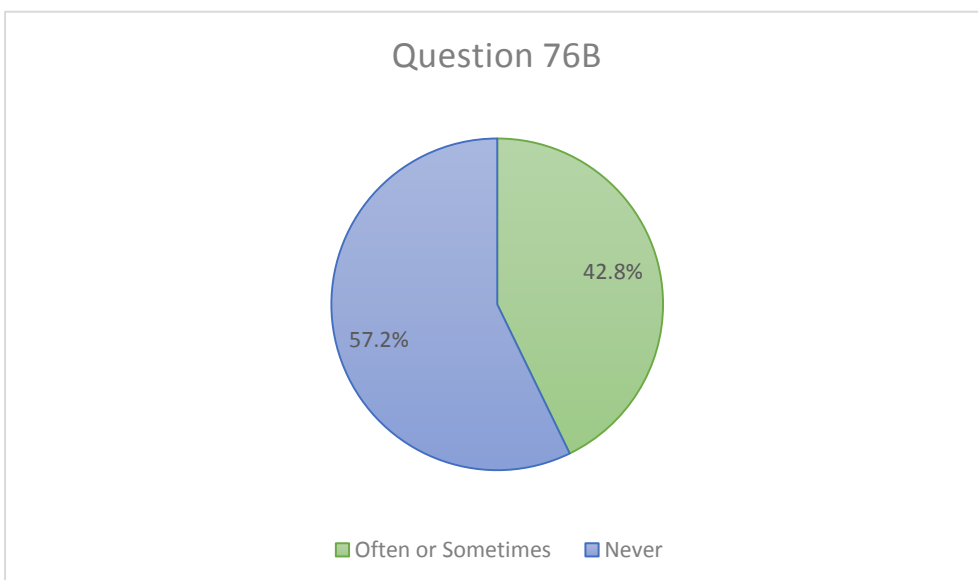
n = 1,115



**76B. In the last 12 months, I could not afford to eat balanced meals.**

Often or Sometimes	42.8%
Never	57.2%
Total	100.0%

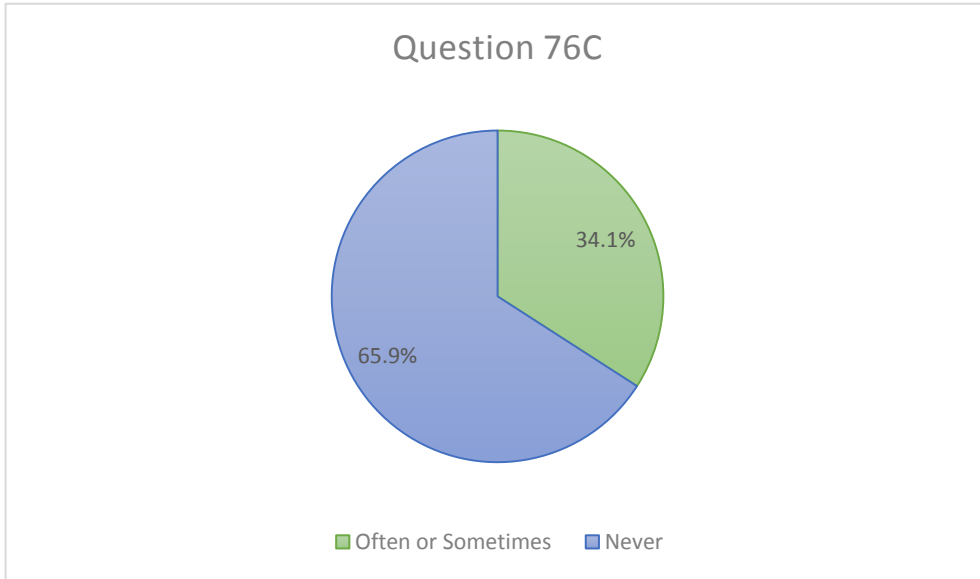
n = 1,115



**76C. In the last 12 months, I cut the size of my meals or skipped meals because there was not enough money or food.**

Often or Sometimes	34.1%
Never	65.9%
Total	100.0%

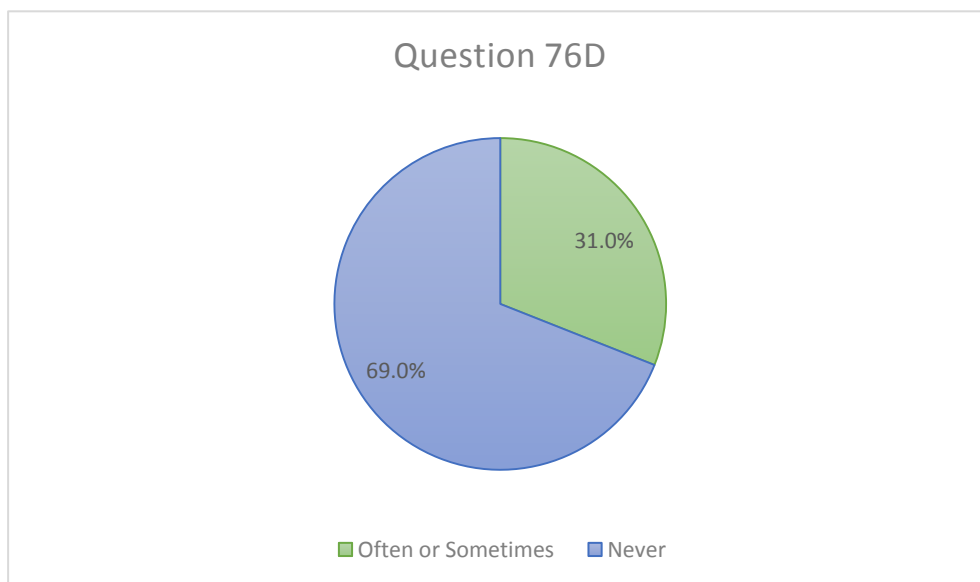
n = 1,115



**76D. In the last 12 months, I was hungry but did not eat because I could not afford enough food.**

Often or Sometimes	31.0%
Never	69.0%
Total	100.0%

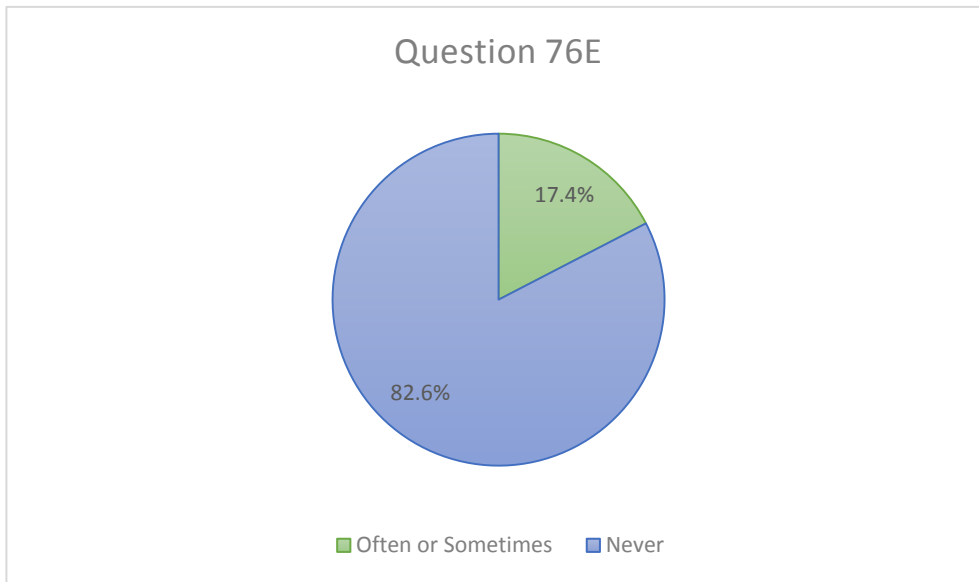
n = 1,114



**76E. In the last 12 months, I did not eat for a whole day because there was not enough money or food.**

Often or Sometimes	17.4%
Never	82.6%
Total	100.0%

n = 1,116



# Items Answered <i>Sometimes</i> or <i>Often</i>		
0	553	49.73%
1	105	9.44%
2	94	8.45%
3	84	7.55%
4	106	9.53%
5	170	15.29%
<i>N</i>	1112	100%

# Items Answered <i>Often</i>		
0	877	78.87%
1	83	7.46%
2	45	4.05%
3	31	2.79%
4	33	2.97%
5	43	3.87%
<i>N</i>	1112	100%

# Items Answered <i>Sometimes</i>		
0	619	55.67%
1	163	14.66%
2	120	10.79%
3	90	8.09%
4	67	6.03%
5	53	4.77%
<i>N</i>	1112	100%

# Items Answered <i>Sometimes</i> or <i>Often</i>		
0	553	49.73%
1 or more	559	50.27%
2 or more	454	40.83%
3 or more	360	32.37%
4 or more	276	24.82%
5	170	15.29%
<i>N</i>	1112	100%

# Items Answered <i>Often</i>		
0	877	78.87%
1 or more	235	21.13%
2 or more	152	13.67%
3 or more	107	9.62%
4 or more	76	6.83%
5	43	3.87%
<i>N</i>	1112	100%

# Items Answered <i>Sometimes</i>		
0	619	55.67%
1 or more	493	44.33%
2 or more	330	29.68%
3 or more	210	18.88%
4 or more	120	10.79%
5	53	4.77%
<i>N</i>	1112	100%

Source: Spring 2016 NCHA Results

Note: Respondents were included in the breakdowns above if they responded to all five items regarding food insecurity.

***In the last 12 months...***

I worried whether my food would run out before I got money to buy more.

I could not afford to eat balanced meals.

I cut the size of my meals or skipped meals because there was not enough money for food.

I was hungry because I could not afford enough food.

I did not eat for a whole day because there was not enough money for food.

**American College Health Association-National College Health Assessment (ACHA-NCHA-II)  
Institutional Data Report - Spring 2016** **California State University San Marcos**

American College Health Association  
1362 Mellon Road, Suite 180  
Hanover, MD 21076  
(410) 859-1500  
[www.acha.org](http://www.acha.org)

March 2, 2016  
FREQUENCY REPORT  
Number of Surveys (n) = 1128 Web Surveys

**76A. In the last 12 months-I worried whether my food would run out before I got money to buy more.**

	Male		Female		Unknown		Total	Pct.
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	
1 Often	26	11	85	10	0	0	116	10.4
2 Sometimes	56	23	239	28	4	67	308	27.6
3 Never	160	66	518	62	2	33	691	62.0
Valid responses =	242	22	842	76	6	1	1,115	98.8

Invalid responses include no response or multiple responses.

**76B. In the last 12 months-I could not afford to eat balanced meals.**

	Male		Female		Unknown		Total	Pct.
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	
1 Often	30	12	138	16	1	17	175	15.7
2 Sometimes	63	26	231	27	2	33	302	27.1
3 Never	148	61	474	56	3	50	638	57.2
Valid responses =	241	22	843	76	6	1	1,115	98.8

Invalid responses include no response or multiple responses.

**76C. In the last 12 months-I cut the size of my meals or skipped meals because there was not enough money for food.**

	Male		Female		Unknown		Total	Pct.
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	
1 Often	26	11	102	12	0	0	134	12.0
2 Sometimes	52	22	184	22	4	67	246	22.1
3 Never	164	68	556	66	2	33	735	65.9
Valid responses =	242	22	842	76	6	1	1,115	98.8

Invalid responses include no response or multiple responses.

**76D. In the last 12 months-I was hungry but did not eat because I could not afford enough food.**

	Male		Female		Unknown		Total	Pct.
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	
1 Often	27	11	83	10	1	17	117	10.5
2 Sometimes	44	18	176	21	2	33	228	20.5
3 Never	170	71	583	69	3	50	769	69.0
Valid responses =	241	22	842	76	6	1	1,114	98.8

Invalid responses include no response or multiple responses.

**76E. In the last 12 months-I did not eat for a whole day because there was not enough money for food.**

	Male		Female		Unknown		Total	Pct.
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	
1 Often	16	7	50	6	1	17	71	6.4
2 Sometimes	26	11	92	11	0	0	123	11.0
3 Never	200	83	701	83	5	83	922	82.6
Valid responses =	242	22	843	76	6	1	1,116	98.9

Invalid responses include no response or multiple responses.