WE ARE HERE FOR YOU!

Contact Cougar Care Network for assistance with personal, academic, financial, or other challenges!

Numerous Resources
Over 200 links for both on-campus and community sites to help you.

Cougar Care Network
Use this to refer yourself for assistance with basic needs and much more!

You can find more QR codes for different resources on the back!

Contact Cougar Care Network:
ccn@csusm.edu 760-750-7627 @csusmccn
**Student Health Assistance Fund**
Financial help for wellness, mental health, and medical services.

**ASI Student Emergency Fund**
Modest financial assistance for students in emergency situations.

**Financial Aid**
Financial assistance, including possible loans.

**Wifi/ Laptop Loaner Assistance**
CSUSM lends laptops & IT hardware.

**Call 211**
San Diego information hub for aid with housing, utilities, food and more.

**Student Health & Counseling Services (SHCS)**
Primary care, wellness & mental health services.

**Office of Disability Support Services**
DSS provides services and accommodations to students with disabilities.

**BenefitsCal Student Center**
Apply for state assistance for food, cash, and health coverage based on your income.

**Feeding America Riverside/San Berandino**
Find a local food pantry near you.