

 [Student Health & Counseling Services](#)



Free/low-cost, on-campus medical care, health education, survivor advocacy, & mental health services. No insurance required.

 [CSUSM Financial Aid Office](#)



Financial aid counseling, FAFSA and scholarship information.

 [Technology Support & Equipment Loaners](#)



CSUSM IITS lends laptops, mobile hotspots, iPads, & other technology equipment to students at no cost.

 [Health Assistance Fund](#)



Financial assistance for medical, mental health, and wellness costs for students facing financial barriers.

 [Swipe Out Hunger Program](#)



2-minute application for students in need to receive up to 10 FREE on-campus meals per semester.

 [ASI Student Emergency Fund](#)



Financial assistance for students in unforeseen, emergency financial circumstances.

 [ASI Cougar Pantry](#)



On-campus food pantry for students. Bring a bag and visit every week for free, fresh, and canned food items.

 [CalFresh](#)



Free monthly grocery allowance for qualifying students. On-campus application assistance available - for Medi-Cal too!

 [Feeding San Diego](#)



Community food assistance and distributions. Use their locator tool to find a local food pantry near you.

