



## A Note From The Dean ...



Yesterday, faculty and students received emails encouraging them to take care of themselves as we approach the end of the semester. I've edited it here to emphasize the importance of taking care of basic needs.

**Be gentle with yourself and take care of your mental health.**

Consider attending a drop-in online or in-person mindfulness session offered by [Mindful CSUSM and the Center for Contemplative Practices](#).

**Don't skip out on sleep.** Sleep is essential for health and well-being.

**Nourish your body and mind.** Try to eat balanced meals with as much regularity as you can.

**Move Your Body (if you are able).** Movement is a great physical outlet for stress and anxiety.

Staff and administrators (including me) may benefit from this practical

advice, so I share it along with best wishes for this last week of semester. Hope to see you when we celebrate our students at [Commencement](#) on Sunday.

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## Student Success



### **New Program to Pave Path for More Arts Teachers in Schools**

Grace Davis — a double major in music and literature and writing studies — attended an elementary school where music education was strongly emphasized, and she began to come out of her shell through musical theater.

“Music is something that brings my family together and gives me joy,” Davis said. “It’s

something I've been surrounded with my whole life.”

When Davis enrolled in 2018, however, she wanted to become a teacher like those who had inspired her as a child, but English struck her as a far more plausible discipline than music, or the arts in general. Such jobs, she reasoned, don't exactly grow on trees.

In California, though, suddenly they might. In November 2022, the state's voters overwhelmingly approved Proposition 28, which will provide about \$1 billion in funding each year to support arts education in public schools. Schools must spend 80 percent of that money on teachers and aides, which means that California has an overnight need for about 15,000 teachers in the arts, and San Diego County for about 500 such teachers.

Davis the exact type of student Prop 28 aims to support for arts education career



**Dec. 7 – Dec. 15, 2023**  
**CSU San Marcos**  
**Arts Bldg.**  
**Lobby Gallery**

**Opening Reception:**  
**Dec. 7 from 3pm-6pm**

**Featuring works by**

Adan Abaquin-Brown	Graciela Flores Miranda
Adriana Alfaro	Skyc Mirandon-Hunter
Tristian Biggs	Gissel Munoz
Alexus Calvillo	Mint Nguyen
Leena Cordova	Erin Nguyen
Arianna Cruz	Alondra Osuna
Amanda DeLessio	Heydi Ortiz Padilla
Yazamine Farhan	Juan Rabadan
Riley Golden	Evie Recse
Andy Halter	Miguel Romero
Joshua Kim	Tatianna Tjogas
Alexis Mejia	Evan Weckwerth

## Art Hosting Student Showcase

CSUSM is hosting an art exhibition called M.U.S.E. in the lobby of the Arts Building until Dec. 15 that features work from students in the art, media and design department. The exhibition is open to the public and free of charge. Students' work includes drawing, painting, photography, sculpture, video and digital media to capture the theme of M.U.S.E. The "M" represents memory, "U" and "S" stand for unyielding self-reflection, and "E" analyzes endurance.



## Students 12-Strong Launch Climate Change Podcast

A Cal State San Marcos student podcast, “Read the Climate,” a student podcast, launched its first episode on Nov. 16 to help raise awareness and find solutions about climate change. The podcast is be available on Spotify, iHeart, Soundcloud, Buzzsprout and RSS.

“Read the Climate” is produced by a student team of 12 at Inspiration Studios and is advised by philosophy lecturer Anne Dabb and women’s, gender and sexuality studies lecturer Kit-Bacon Gressitt. The podcast idea emerged from the Climate Change Faculty Working Group, which was founded in 2020 to foster CSUSM’s role as a leader in campus and regional climate crisis and climate justice problem-solving. Environmental students student Michael Giles, who is leading the project, hopes the podcast will become an outlet for students to express the emotions that come with

climate change.

## CHABSS students, faculty instrumental in climate change podcast

Read the Climate: A CSUSM Student Podcast

Empowering Change, Igniting Action

Release Dates

- Teaser: November 9
- Episode 1: November 16
- Episode 2: November 30
- Episode 3: December 14
- Episode 4: December 28

Season 1 Streaming Now

A CSUSM Student Podcast

Empowering Change, Igniting Action

Read the Climate

Join us!

We're calling on students from *all disciplines* to respond to the global climate crisis.

You can contribute as an:

- Editor
- Graphic Artist
- Social Media Creator
- Co-Producer
- Scriptwriter
- Host

Follow Us

Scan to Email

ReadTheClimate@CSUSM.edu

# Save the Date

Dec. 12 — **Office of Global Education Drop-ins:** Mark 243 9 a.m.-4 p.m. (throughout the fall every Tuesday)

Dec. 13 – **Powwow Dance Workshop:** SBSB Serenity Circle 3:30-5 p.m.

Dec. 17 – **Fall Commencement:** Sports Center 12-1 p.m. (Ceremony 2 CEHHS and CHABSS A) and 3-4 p.m. (CHABSS B)

