NURS 445 Practicum: Community-Oriented Nursing and Case Management

Course Information:
Course Units: 4 Units
Course Classroom: Clinical Agencies
Course Day: Tuesday, Wednesday, Thursday or Friday Time: Per agency (See #1 under course requirements)
Prerequisites: NURS 320, NURS 321
Corequisites: NURS 440 and 442

Course Description
NURS 445 Practicum: Community-Oriented Nursing and Case Management
Clinical experience is provided within the community such as public health, home health, and hospice settings and within acute care agencies. In the community settings, students work as a member of an interdisciplinary team, applying the frameworks that guide community-based and population-focused public health nursing practice and to assist identified high-risk or vulnerable populations within the community maintain their optimum level of health. The community experience focuses public health nursing practice and home health nursing interventions, community assessment and planning. The acute care experience focuses on implementation of nursing case management strategies and intervention and on discharge planning for clients in the acute care settings moving into the community.

Course Objectives
Upon completion of this course, the student working in a community based public health setting will be able to:
1. Implement a community or problem-based assessment to identify health related problems of the aggregate population.
2. Collaborate with community providers from a variety of disciplines to meet the health related needs of individuals, families, and aggregates.
3. Develop culturally sensitive interventions to address identified health problems of multi-ethnic populations.
4. Analyze the outcomes of interventions to determine if the aggregate measures implemented were successful and useful to the population under consideration.

Upon completion of this course, the student working with a clinical preceptor will be able to:
1. Identify and manage a minimum caseload of 2 to 4 high risk patients depending on patient complexity and acuity specific vulnerable populations in the community or acute care setting.
2. Design and implement plan of care for each chronically ill/high-risk patient assignment.
3. Utilize the healthcare system and community resources to meet patient needs.
4. Incorporate educational strategies to teach patients and families to recognize symptoms of changing health states, effectively monitor and manage symptoms, and to provide self-care to the patient's maximum capability.
5. Design program of care for a select group of chronically ill patients or a group of persons at risk that brokers health care resources in a cost-effective manner.

6. Design and implement plan of care for high risk patients/families including education relative to the high-risk status and improving the ability to self-monitor, manage health concerns, including chronic symptoms, and seek professional support when necessary.

7. Demonstrate the ability to adapt care to patients of varying ages, gender, and life style or care sites and to effective develop a plan of discharge.

8. Demonstrate knowledge of cultural differences in defining health and illness, and preferred treatment approaches.

9. Demonstrate knowledge of alternative medicine compounds and treatments, and their effects on health states.

10. Demonstrate knowledge of cultural differences in defining health and illness, and preferred treatment approaches.

Course Expectations:

1. Weekly participation in clinical labs is mandatory. If you are going to be late, please notify the instructor. More than fifteen minutes late may be considered an absence.

2. Advance notification of absences is required. More than one absence from clinical lab may result in failure of the course.

3. All clinical absences must be made up. Make up assignments are at the discretion of the clinical instructors.

4. You must come prepared each week for clinical activities. Assigned preparation materials must be completed before the start of the clinical day. Bring the following supplies each week to clinical: (1) black ink pen; (2) stethoscope and (if you have one) sphygmomanometer; (3) measuring tape; (4) hand sanitizer; (5) GPS or map of area where you will be working; and (6) backpack or health tote bag. Failure to bring necessary supplies may result in being sent home to retrieve them.

5. You are expected to be self-directed in your learning with support from clinical instructors and nursing staff at clinical agencies.

6. Remember you are professional student nurses. Casual professional dress is required for all clinical labs. No jeans or open-toe shoes are allowed. High heals are a fall hazard in many situations and are discouraged.
7. You will not be allowed to attend clinical agency labs until all requirements such as malpractice insurance, CPR and proof of immunization have been provided to the School of Nursing.

8. Satisfactory completion of the course assignments before the specified deadline is expected. Late assignments and papers will receive a 1-point reduction per day including weekend days. Resubmission and/or extensions for course assignments are not permitted. Rare exceptions are made at the discretion of all clinical faculty.

9. You are expected to adhere to the University policies on academic honesty and integrity, as outlined in the Student Academic Honesty Policy. All written work and oral assignments will be original work. Any evidence of cheating, including plagiarism, constitutes sufficient reason for a failing grade for the assignment or even the entire course. To avoid any appearance of plagiarism, be sure to document the sources of your work, using standard APA citation format. All quotations and all paraphrasing require a citation. Materials adapted from web-based references must also be properly cited. Disciplinary action may include lowering of grades or the assignment of a failing grade.

10. You are expected to be professional and maintain confidentiality on all personal and sensitive information obtained in this course. This includes, but is not limited to, avoiding discussions that would allow others to identify the subject of the information and removing patient names from course papers/class assignments. To discuss patient information in a student forum, you may use initials or a name that is not the patients. Failure to protect the privacy of others may have serious repercussions and is a violation of the Health Information Protection and Privacy Act (HIPAA).

Course Outline:

I. Assess vulnerable populations in the community setting
II. Review of websites for special care needs of patients.
III. Assessing and organizing care in for the high-risk patient/family in an out-patient setting.
V. Planning, implementing and evaluating care of the high-risk patient in the outpatient setting
VI. Evaluate the need for health care recourses and determine cost effective strategies for securing them.
VII Refer patients to appropriate support groups if available.
VIII Implement educational strategies to improve self-care ability, understanding of chronic condition(s) or high risk- status and develop plan for self-monitoring and early identification of acute exacerbations.
Methods of Evaluation:

<table>
<thead>
<tr>
<th>Requirement</th>
<th>Possible Points</th>
</tr>
</thead>
<tbody>
<tr>
<td>Professional Participation</td>
<td>10 points</td>
</tr>
<tr>
<td>Clinical Application/Log</td>
<td>84 points</td>
</tr>
</tbody>
</table>

Standard Grading Scale:

A total of 94 points may be earned for the course. The letter grades will be assigned according to the following percentages:

<table>
<thead>
<tr>
<th>Total Points</th>
<th>Letter Grade</th>
</tr>
</thead>
<tbody>
<tr>
<td>84.6-94</td>
<td>A</td>
</tr>
<tr>
<td>75.2-84.5</td>
<td>B</td>
</tr>
<tr>
<td>66.7-75.1</td>
<td>C</td>
</tr>
<tr>
<td>56.4-66.6</td>
<td>D</td>
</tr>
<tr>
<td>56.3- below</td>
<td>F</td>
</tr>
</tbody>
</table>

Required Textbooks


Recommended Textbooks


Recommended Websites

CDC Life Stages and Specific Populations
http://www.cdc.gov/LifeStages/
Choose My Plate
http://choosemyplate.gov

Healthy People 2020
http://www.healthypeople.gov/

Healthy People in Healthy Communities
http://www.healthypeople.gov/Publications/HealthyCommunities2001/toc.htm

http://www.healthypeople.gov/state/toolkit/

ISCOPES
http://www.gwu.edu/~iscopes/LearningMods_COPE.htm

Planned Approach to Community Health (PATCH)

Hospice Foundation of America
http://www.hospicefoundation.org/

National Hospice & Palliative Care Organization
http://www.nhpco.org/templates/1/homepage.cfm

Narcotic Analgesic Converter
http://www.globalrph.com/narcotic.cgi

Course Requirements:
1. You will be assigned to a Home Based Community Oriented Setting, weekly for a ten-hour day.

2. You will be rotated to 1 or 2 of the following clinical settings. Home Health and Hospice: You will accompany an RN or other staff on home visits.

Acute: You will work with an RN or Social Work case manager following specific cases through the case management process. Clinical instructor will visit periodically and be your contact person.

You will be learning case management concepts in all clinical settings.

Rotation Logistics: Your faculty will talk to you about this.

3. Home Visits: Home visiting in each setting may vary but at times you will be required to visit alone or with a classmate rather than an instructor or agency staff. You will be given instructions
as to the policies of each agency regarding home visits.

4. Each agency has its own community resources. You will be asked to learn the resources and how to access them. Some agencies have resource lists others you will have to search for resources.

5. 440 Community Project Proposal: The intervention for the proposal will be done in your clinical community setting. You may have the opportunity in your clinical setting to present your project to the community. Your clinical instructor will assist you with this intervention process.

6. Clinical log: You will be required to submit 7 clinical logs to your instructor on an every other week schedule. Logs are due 3 days after your clinical. The log will consist of the following: 1. Choose a population that you worked with this week, write a comprehensive, holistic assessment, choose a nursing diagnosis based on one of the issues from the assessment, then follow it through the remaining 3 parts of the nursing process. 2. Write about your personal insights/feelings. 3. Based on the weekly topics respond to all of the bullet points. 4. You must use at least two references, at least one a peer reviewed journal article. The articles can be no more than 5 years old. 5. This is a formal though short paper. Use APA format including rules of grammar. See the grading rubric at the end of the syllabus.

Special Assistance:
Should you require special accommodations because of a documented disability, please notify the professor early in the semester. The student should provide appropriate and recent documentation to the Office of Disabled Student Services (DSS). The office is located in Craven Hall 5205, and can be contacted by phone at (760) 750-4905.