

Breakfast Week 5

Breakfast Deluxe - \$40 for 5 Meals

Includes Pre-Packaged Granola Bar

Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday	Monday
Yogurt Parfait	Stuffed Croissant	Breakfast Bowl	Breakfast Burrito	--	--	Breakfast Croissant
Hard Boiled Egg	Muffin	Fruit Salad	Coffee Cake	--	--	Chocolate Croissant

Breakfast Premier - \$45 for 7 Meals

Includes Pre-Packaged Granola Bar

Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday	Monday
Yogurt Parfait	Stuffed Croissant	Breakfast Bowl	Breakfast Burrito	Breakfast Bowl	French Toast	Breakfast Croissant
Hard Boiled Egg	Muffin	Fruit Salad	Coffee Cake	Fruit Salad	Hard Boiled Eggs	Chocolate Croissant

Lunch Week 5

Lunch Deluxe - \$45 for 5 Meals

Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday	Monday
Italian Sandwich	Southwest Chicken Salad	Chicken Bacon Wrap	Turkey Sandwich	--	--	Ham Wrap
Pasta Salad	Cornbread	Black Bean Salad	Couscous Salad	--	--	Potato Salad

Lunch Deluxe Vegetarian - \$45 for 5 Meals

Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday	Monday
Veggie Sandwich	Southwest Salad	Veggie Wrap	Caprese Sandwich	--	--	Portabella Wrap
Pasta Salad	Cornbread	Black Bean Salad	Couscous Salad	--	--	Potato Salad

Lunch Premier - \$50 for 7 Meals

Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday	Monday
Italian Sandwich	Southwest Chicken Salad	Chicken Bacon Wrap	Turkey Sandwich	Asian Noodle Chicken Salad	Greek Wrap	Ham Wrap
Pasta Salad	Cornbread	Black Bean Salad	Couscous Salad	Hawaiian Roll	Pita + Hummus	Potato Salad

Lunch Premier Vegetarian - \$50 for 7 Meals

Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday	Monday
Veggie Sandwich	Southwest Salad	Veggie Wrap	Caprese Sandwich	Asian Noodle Salad	Veg Greek Wrap	Portabella Wrap
Pasta Salad	Cornbread	Black Bean Salad	Couscous Salad	Hawaiian Roll	Pita + Hummus	Potato Salad

Dinner Week 5

Dinner Deluxe - \$55 for 5 Meals

Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday	Monday
Ground Beef Tacos	Chicken Curry	Beef Koobideh	Caprese Chicken	--	--	Meatballs
Cilantro Rice	White Rice	Roasted Potatoes	Penne Alfredo	--	--	Spaghetti + Marinara
Veg Asados	Mixed Veggies	Peppers and Onions	Glazed Carrots	--	--	Vegetable Medley
Flour Tortillas	Naan Bread	Pita Bread	Dinner Roll	--	--	Garlic Focaccia

Dinner Deluxe Vegetarian - \$55 for 5 Meals

Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday	Monday
Veggie Tacos w/ Beans	Veggie Curry	Veggie Skewers	Grilled Portobello	--	--	Eggplant Parmesan
Cilantro Rice	White Rice	Roasted Potatoes	Penne Alfredo	--	--	Spaghetti + Marinara
Veg Asados	Mixed Veggies	Peppers and Onions	Glazed Carrots	--	--	Vegetable Medley
Flour Tortillas	Naan Bread	Pita Bread	Dinner Roll	--	--	Garlic Focaccia

Dinner Premier - \$65 for 7 Meals

Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday	Monday
Ground Beef Tacos	Chicken Curry	Beef Koobideh	Caprese Chicken	Pork	BBQ Chicken	Meatballs
Cilantro Rice	White Rice	Roasted Potatoes	Penne Alfredo	Rice Noodles	Mashed Potatoes	Spaghetti + Marinara
Veg Asados	Mixed Veggies	Hummus	Glazed Carrots	Asian Vegetables	Broccoli	Vegetable Medley
Flour Tortillas	Naan Bread	Pita Bread	Dinner Roll	Veggie Egg Roll S+S	Cornbread	Garlic Focaccia

Dinner Premier Vegetarian - \$65 for 7 Meals

Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday	Monday
Veggie Tacos w/ Beans	Veggie Curry	Veggie Skewers	Grilled Portobello	Tofu	BBQ Stuffed Pepper	Eggplant Parmesan
Cilantro Rice	White Rice	Roasted Potatoes	Penne Alfredo	Rice Noodles	Mashed Potatoes	Spaghetti + Marinara
Veg Asados	Mixed Veggies	Hummus	Glazed Carrots	Asian Vegetables	Broccoli	Vegetable Medley
Flour Tortillas	Naan Bread	Pita Bread	Dinner Roll	Veggie Egg Roll S+S	Cornbread	Garlic Focaccia

Dinner Premier Plus - \$75 for 7 Meals

Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday	Monday
Steak Fajita Tacos	Lamb Curry	Shrimp Skewers	Salmon w/ Pesto	Shrimp	BBQ Brisket	Chicken Parmesan
Cilantro Rice	White Rice	Roasted Potatoes	Penne Alfredo	Rice Noodles	Mashed Potatoes	Spaghetti + Marinara
Veg Asados	Mixed Veggies	Hummus	Glazed Carrots	Asian Vegetables	Broccoli	Vegetable Medley
Flour Tortillas	Naan Bread	Pita Bread	Dinner Roll	Veggie Egg Roll S+S	Cornbread	Garlic Focaccia