

Questions About GLP-1s through my Medical Program?

Were you taking a GLP-1 prior to January 1st, 2026?

YES

Your GLP-1 will be covered under Your Navitus benefits until 3/31/26.
You need to complete the DIGBI Intake Process and meet the criteria to ensure continuity beyond 4/1/26.

NO

New medical coverage or newly prescribed GLP-1 after 1/1/26.
You need to complete the DIGBI Intake Process to ensure you meet the criteria.

Non-Diabetic or Diabetic GLP-1

Wegovy | Zepbound | Saxenda

Diabetic I or Non-Diabetic GLP-1 for Weight Loss only. Sign up at <https://partner.digbihealth.com/prism> to determine if you meet the criteria.

- ✓ Medically Enrolled Anthem or Blue Shield
- ✓ 18 years and older And
- ✓ One of the Following:
 - BMI > 40 or 35 – 39 with comorbidity

Ozempic | Mounjaro | Victoza | Trulicity

Diabetic Type II GLP-1. Fill through your pharmacy.

- ✓ Must have a diagnosis of Type II Diabetes
- ✓ This prescription is not managed by DIGBI

Completed The Intake Process? What Happens Next?

The answer depends on if you meet the DIGBI criteria

You Meet/Do Not Meet the 2026 Plan Criteria for GLP-1

Completed The Intake Process and QUALIFY for a GLP-1 for Weight Loss

Work with **DIGBI physicians** and coaches to obtain your GLP-1 prescription. **Approved GLP-1s filled by your pharmacy.**

How much does it cost?

The cost will be 30% copay up to a \$150 maximum per month. You will enroll in DIGBI's Food-as-Medicine Program at no cost.

Your eligibility will be reviewed every six months to ensure you continue to meet the criteria.

Completed The Intake Process and DO NOT QUALIFY for a GLP-1 for Weight Loss

If you qualify under FDA guidelines, you may choose to pay for the medications on your own.

While Digbi has a **cash pay option**, there are also many other vendors in the market to choose from.

These options will be at your cost and are not affiliated with the Medical Program.