TOTAL STUDENT REFERRALS
AY21-22 3,181
AY22-23 3,370
6% increase in referrals since 2021

PRIMARFER REFERRAL CONCERNS

<table>
<thead>
<tr>
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<th>AY21-22</th>
<th>AY22-23</th>
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</thead>
<tbody>
<tr>
<td>Academic</td>
<td>40%</td>
<td>30%</td>
</tr>
<tr>
<td>Mental Health</td>
<td>20%</td>
<td>10%</td>
</tr>
<tr>
<td>Financial</td>
<td>10%</td>
<td>0%</td>
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</tbody>
</table>

CCN Referral Sources
AY22-23

- Students/Self 35%
- Faculty 49%
- Staff 14%
- Family/Other 2%

Swipe Out Hunger
Through Giving Day and other generous donations, CCN provides up to 10 free meals per semester to students with food insecurity.

Total Meals Distributed in AY 22–23: 748

Most Requested Resources
- ASI Cougar Pantry & Local Food Pantries
- Student Health & Counseling Services
- ASI Student Emergency Fund
- Campus Identity Centers such as Pride, Black Student, Latinx, etc.
- PASS/Tutoring
- Disability Support Services

Testimonials from Students

- The CCN staff member was so gracious with me. She was empathic, reached out to my professors to give me extended time for assignments, and she also checked in with me to see how I was doing. It was so comforting. I will never forget the experience, and people who supported me in one of my lowest moments in life. Thank you all for all you do.

- I don’t know if I would’ve been able to complete this semester without your help.

- Thank you for being amazing and for guiding me through the hardest times of my life.

Contact Cougar Care Network:
csusm.edu/ccn
ccn@csusm.edu
760-750-7627
@csusmccn

Our Mission:
Provide information, connection to resources, advocacy and support for students undergoing personal, academic, financial or other challenges that may adversely affect their academic success and college experience.