ACCELERATED
BACHELOR OF SCIENCE IN KINESIOLOGY

KINESIOLOGY

HANDS-ON LEARNING
Conduct group projects and exercises in CSUSM’s new human performance lab

COHORT-BASED CLASSES
Build strong friendships and a peer-to-peer network

BUILT-IN REQUIREMENTS
Chemistry, Biology, and Math courses are now built into the program.

CSUSM.EDU/EL/ABSK
760.750.4020 | EL.INQUIRY@CSUSM.EDU
ACCELERATED BACHELOR OF SCIENCE IN KINESIOLOGY

EARN YOUR DEGREE IN AS FEW AS 16 MONTHS

The Bachelor of Science in Kinesiology: Movement Science Option integrates the biological, physical, behavioral and social sciences in the study of physical activity and sport, and their effect on the fitness and quality of life of people across the lifespan. This degree prepares students for a wide variety of careers in the areas of public health, health/fitness education and promotion, wellness coaching, health research, and community health advocacy and programming.

THIS PROGRAM WILL PREPARE STUDENTS TO:

• Demonstrate knowledge of fundamental principles of kinesiology and apply kinesiology-related skills to empirical research, internships, field experience and/or service-learning.

• Evaluate movement science questions through:
  • The performance of health, fitness and movement assessments
  • The acquisition, analysis and interpretation of original data
  • The procurement, appraisal and application of information from current research literature

PROGRAM DETAILS

This program is an accelerated option, consisting of 70 units completed over 20 months. The program is full time and classes are held in person at the San Marcos campus. Classes are generally offered during daytime hours.

Admission Requirements

• Minimum 2.5 cumulative GPA from all transfer coursework

• Completion of CSU lower-division general education transfer requirements prior to admission

• Completion of the equivalent of 60 semester units of study at a community college or university

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