

Faculty Learning Community for Contemplative Pedagogy for Social Justice

Leader(s): Dr. Pamela Redela & Marnie Eldridge, M.A.

Description

In the Contemplative Pedagogy FLC (CP-FLC) we will introduce you to contemplative practices that can be used in the classroom, have you try out these practices during the Spring semester, and then help you develop and implement a plan for systematically using and assessing selected practices in a class during the Fall semester.

This FLC, led by Dr. Pamela Redela and Marnie Eldridge, M.A., will engage participants in mindfulness practice and have critical discussions on the required readings. These discussions will be guided by FLC leaders with active participation from participants

FLC Learning Outcomes

- Demonstrate an understanding of how contemplative pedagogy can enhance solidarity and learning within the classroom.
- Recognize the importance of mindfulness in developing a social justice-minded perspective.
- Understand the role of introspection in maintaining positive engagement in all aspects of learning and interactions with academic disciplines that center social justice.
- Integrate contemplative practices into pedagogy to enhance learning.

Who should apply?

Faculty from any discipline that centers social justice and any rank are encouraged to apply.

How will faculty be selected?

- Faculty who are open to mindfulness practice. No experience necessary.
- Faculty who are willing to incorporate contemplative pedagogies into their courses.
- Diverse representation from different ranks, disciplines, and colleges

What are the deliverables?

- Introduction to a personal mindfulness practice.
- Concrete action plan for implementing contemplative practices into a specific course.

Time Commitment

FLC will meet bi-weekly in Spring 2021, and faculty will be expected to present their course plans at the end of the semester. There will be readings assigned prior to the meetings that should take no more than 2-3 hours to complete.

• **8 Bi-weekly meetings on Fridays 9:30-11:00am as follows:**

- Feb 5 / Feb 19
- Mar 5 / Mar 19
- Apr 2 / Apr 16 / Apr 30
- May 14

Compensation

Faculty will receive \$250 compensation for participating in the FLC, upon completion of action plan and missing no more than 2 meetings.

Faculty will also receive a Certificate of Completion.

Application:

Please include a short description of knowledge/experience in the aforementioned areas and why you are interested in Contemplative Pedagogy. Priority will be given to faculty who submit their [application](#) by **January 27, 2021**.