The Faculty Center Presents

COMPASSION FATIGUE WORKSHOP

Your facilitators from Mindful CSUSM Drs. Ranjeeta Basu, Jocelyn Alhers, Jennifer Jeffries, and Jill Weigt will lead an informative, inspirational, and interactive workshop on compassion, compassion fatigue, and building resiliency. Participants will learn methods to increase self-compassion, tips for everyday stress management, and more.

Tues. April 5, 2022
1:00-2:30pm
via Zoom

Please RSVP for the Zoom link