

# TUKWUT TIMES



Brought to you by the CSUSM Retirees Association

CSUSM Retirees Association, 333 S. Twin Oaks Valley Rd., San Marcos, CA 92078  
www.csusm.edu/fsra retirees@csusm.edu 760-750-4408

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## Calendar of Events

Upcoming Events

### Summer Events

**Tuesday, July 11 at 11:00 am**  
Oceanside Museum of Art ~ Docent-led Tour  
704 Pier View Way in Oceanside  
Phone: (760) 435-3720  
Website: <http://oma-online.org>  
Entrance Fee: \$5

RSVP by the end of the business day on Thursday, July 6 to  
[retirees@csusm.edu](mailto:retirees@csusm.edu) or to (760) 750-4408

Laurie Lideneau, our Excursion Coordinator, has planned a wonderful day at the Oceanside Museum of Art. We will have a docent-led tour of two amazing exhibits on the main level: Gomos & Contraptions ("The whimsical, toy-like mechanisms with their quirky, awkward movements, embody coded signs & loaded psychological symbols") and the Artist Alliance Juried Exhibition (92 artworks in a wide variety of medium, subjects & styles).

We will then be on our own to discover the two upper-floor exhibits, which explore the journey of Veterans' healing through the creative arts.

A no-host lunch to follow at the nearby 608 Restaurant located on 608 Mission Ave, featuring local produce with dishes designed for sharing. After lunch, we will walk to the Oceanside pier/beach for those who are interested.



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**Wednesday, July 26 at 9:30 am**  
Balboa Park – Private Insider Tour  
Lead by CEO & President Tomás Herrera-Mishler  
1549 El Prado in San Diego  
Balboa Park Conservancy Phone: (619) 331-1920  
Website: <https://www.balboapark.org>

A big thank you to Retirees Association Lifetime member Michael Yee for setting up this unique, private tour of Balboa Park!

This one-of-a kind excursion consists of:

9:30 am – Arrive at the Conservancy Office in Balboa Park for coffee. We will hear about Balboa Park before embarking on our tour.

10 to 11 am – Walking tour of the Park with four stops

11 am – Optional no-host lunch at Panama 66, which is the courtyard café at the San Diego Museum of Art



## Message from the Chair

By Janet McDaniel



The rhythm of the academic year is so ingrained in our CSUSM DNA that it's natural that we wrap up our Retirees Association year with our annual meeting and luncheon in April. Each year the Board of Directors chooses a campus location and speaker to provide a new experience for members and guests. If you were at the luncheon, you know what a treat it was to celebrate and learn about CSUSM Athletics...if not, you can read about it elsewhere in this newsletter. I want to express my appreciation and delight to everyone who attended the luncheon/meeting and our other events this year. Over the past 12 months, close to 200 attendees enjoyed each other's company and the activities themselves: excursions, monthly lunches, CSUSM events, beach party, and so on. And we achieved a milestone in breaking through the 100 mark with our membership. It's the combined efforts of the Board, RA Executive Director Lori Brockett and RA Coordinator Arlene Cratsa, and indeed all RA members who contribute their ideas and time to our organization that make this success story. Thank you, one and all!

As the RA matures, we are undergoing some natural changes. The membership approved a change in our by-laws so that Board of Directors candidates are no longer nominated for specific positions. Instead, everyone is elected to "the Board" and then the members allocate the offices amongst themselves. Three outgoing Board members served the RA with enthusiasm and commitment. Thank you to Sandy Punch, Brenda Edgington, and Stella Clark for their numerous contributions to developing our RA.

Three new members were elected to the Board in April, and the 2017-18 officers are: Chair Janet McDaniel, Vice-Chair Marcia Woolf, Secretary Laurie Lindeneau, Treasurer Don Barrett, and Member-at-Large Wayne Veres. We operate as a team, so don't hesitate to contact us with requests, ideas, material to publish and publicize, etc. Just send an email to [retirees@csusm.edu](mailto:retirees@csusm.edu) and Arlene will convey your message to the Board. We value your input! We'll design our social and service activities for the coming academic year based on your ideas.

The RA has a "summer lite" program in July, with a museum visit in Oceanside and a behind-the-scenes tour of Balboa Park. I wish you a summer filled with good health, memorable adventures, and blissful relaxation. Come the fall, we can all compare notes on our summer fun. Enjoy!



***New Retirees Board Members  
Ready to serve!***

***From left to right:  
Marcia Woolf  
Wayne Veres  
Laurie Lindeneau***



***Retirees Association Board for 2017/2018***



***Thank you to Stella Clark, Brenda Edgington & Sandy Punch  
for your service to CSUSM and the Retirees Association!***

## **Library Move: The Last to Move from CSUSM “Jerome’s”**

*By Marion Reid, former Dean of the Library and Retirees Association Lifetime Member*

The CSUSM Library, one of the last units from the “Jerome’s” campus to come to the Twin Oaks Valley site, began moving books in January 1993 on a flatbed truck. This happened to be the first day it had rained in southern California in months. UCSD library staff, quite experienced in moving books, had lent us book-trucks and showed us how to shrink-wrap each truck after books were placed on it in call number order. Fortunately, the shrink-wrap kept the books from being drenched. The flatbed truck shuttled back and forth, getting the collection (then maybe 15,000 books) to Craven Hall.

The Library was located off the Tukwut Courtyard, where Cougar Central is now located and on part of Craven’s fourth floor. At first, library staff determined how to most strategically place wastebaskets and plastic sheeting to catch and divert the water that seeped through windows and lighting fixtures. I asked everyone to study the Craven Hall floor plans and carefully tour Craven Hall to determine what was where so they could help others find the departments they were looking for.

We immediately faced three significant challenges:

### **We had no locks.**

The only doors we could secure were the double-door entrance and the double-door exit on the 3<sup>rd</sup> floor. We had no way to block almost 20 other perimeter access points, including 2 stairwells and 2 elevators. We had posted hours and asked people to leave at closing time. However, when staff stayed late or came early, they would find people studying 7 days a week. We posted signs on both sides of the unlockable doors: “DO NOT ENTER/Silent alarm will sound.” This kept out only the people who read signs and obeyed them.

### **We had no bookshelves.**

Because the California State Architect did not approve the anchor bolts for the bookshelves being manufactured in Connecticut, new ones that would meet earthquake requirements had to be made. For the seemingly eternal 6 to 10 weeks until the shelves came, the books were kept on the floors, “in call number order” (at least at first). During that period, library services were limited to reference, book check-out and check-in and use of a few computers near the front doors.

### **We had no lights.**

Those who designed our first campus library assumed we would have a TV studio and ancillary technical areas. However, that space on the fourth floor designated for Acquisitions (book, journal and digital purchasing) was not finished, meaning the walls were bare concrete and there was limited electrical access. There were no ceiling lights. Desk lamps were purchased for those who didn’t have them, and we ordered quite a few flashlights. We even had a miner’s hat so people carrying books wouldn’t have to carry a flashlight as well. Planning Design and Construction was working through a huge punch-list for the campus, so this complex challenge took the longest to address. Since staff couldn’t work by flashlight after dark, their flexible work schedules were limited to daylight hours. When we’d moved in in January, at least sunset came later each evening. By fall 1993, as the days grew shorter, Planning Design and Construction came through with “LIGHTS” and at last we were settled.



*The Kellogg Library  
Opened in Spring of 2004  
We have come a long way!*

## MEMBER PROFILE - Jan Jackson

*Submitted by Jan Jackson ~ former Vice President of Community Engagement*

When I was an undergraduate in the late '70s, I had every intention of becoming a classroom teacher, with an emphasis in reading and language arts. Part of my degree program entailed an internship with a locally based literacy organization where I imagined my time would be spent helping disadvantaged inner-city children learn to read. Imagine my surprise (and even horror!) when my "case load" consisted of not a single child, but rather an entire slate of adults who ranged in age from 27 to 65, none of whom could read or write. A few, in fact, still signed their names with "X's". Imagine my greater surprise when I fell in love with each and every one of them for their desire and drive to learn, and realized that this was the population I was destined to teach! And thus began my nearly 40-year career in the field of Adult and Continuing Education, and the subsequent shift from a focus on pedagogy, to one of "andragogy" (the method and practice of teaching adult learners).

As time took me through a doctorate in higher education with an emphasis in adult learning theory, and good luck took me from Syracuse University to the CSU in the early '80s, I was privileged to become the Dean of Extended Learning at Cal State San Bernardino, where I worked for 21 years before joining the incredible continuing education team at Cal State San Marcos and becoming the Dean of Extended Learning here for several years, (before moving onto the vice presidency of Community Engagement). My love, respect, and admiration for the adult student and the lifelong learner only grew stronger during the years that I led these programs, and I came to believe that there could be no field more rewarding than one that helped adults realize that learning is forever and not just limited to a formerly prescribed formal timeframe. Studies and data over time have shown that the most successful and happiest adults--especially those in their retirement years--are those for whom lifelong learning has become a way of life, a way of ultimately "being" and not simply "doing." Lifelong learning defines who they are; not what they do. And, oh what I learned from THEM! In my own retirement, I have become my own case in point.

Two years ago when people learned I was going to retire, I was typically met with the question, "but what are you going to DO?" Frankly, I had no idea--I hadn't even thought about my retirement in terms of the specific activities that would fill my days. Rather, I was focused on who I might be or increasingly become as my time and attention turned toward discovering new interests and learning new things. In true lifelong learner fashion, when I closed my office door for the last time, I opened my mind for the first time to the possibilities with which my new life presented me. Without a script or an agenda, without a prescribed routine or to-do list, and armed only with a love for learning, I set out to see who I wanted to become, and then began to back the learning activities--the doing--into the becoming.

I have learned much about myself in these two short years, and I love who I am becoming through my engaged and fulfilling learning activities. I wanted to become healthier and more fit; and so I subsequently packed yoga, hiking, and playing pickle ball into that goal, learning all I could about each of these. I wanted to become worldlier, and so my husband and I have begun to travel the country and the globe and learn about other cultures. I wanted to become better read, and so I decided to read much of the classical literature I thought I had read in college (but for which I likely had read only the *Cliff's Notes* instead). And, I wanted to become a better friend, neighbor, and civic leader, and so I have arranged lunch dates and neighborhood gatherings, and have served on boards and committees—each offering a unique learning experience. And, ultimately, I wanted to become the best retiree that my beloved CSUSM could produce, one who would take the energy and vision and passion that its president, faculty, and staff instilled in me and help make the world a better place. I am only beginning to explore the myriad ways that this will manifest itself in terms of "doing" and what lifelong learning activities will support my quest.

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## Member Profile – Jan Jackson

~ *continued*

I share my story as a means of offering advice to those of you who are considering retirement, but are worried about what you will DO with yourself all day and every day. My advice is simply this: shift your focus away from what you will *do*, and think instead of who you want to *be* and the doing will take care of itself. The world of higher education, in general, and CSUSM, in particular, are fabulous training grounds for teaching us to consider the larger goals we wish to achieve, and then backing our strategies for achieving them into those goals. They are the perfect places for stimulating the lifelong learner in each of us and for reinforcing that learning continues across the continuum, especially into our retirement years. You can't paint or decorate your house before you build it, so don't fret over what you will *do* before you determine who you want to *be*, and continue to become, in your new post-employment world. I guarantee that when you build your life around being, the doing will fill your days so quickly and automatically that you truly will wonder how you ever had time to work. Imagine your own surprise when you suddenly find yourself sitting in an Osher Lifelong Learning history class, or studying the elevations of the Cabot Trail in Nova Scotia, or reading *Catcher in the Rye* for the first time. Let your retirement tap the lifelong learner that lies within you, waiting to guide you to becoming an increasingly fulfilled and exciting you—someone you never imagined you could *be*.



Jan hiking in Ireland



In Fairbanks, Alaska

## RECAP of Events

### Villa Capri Trattoria & Wine Bar ~ Tuesday, February 21



A group of retirees enjoyed this wonderful Italian restaurant in Poway. If you've never been there, we highly recommend it. The food was excellent!

### Fidel's Little Mexico ~ Wednesday, March 15



Always a favorite Mexican restaurant in Solana Beach!

### Karl Strauss Brewing Company & The Making Music Museum ~ Thursday, April 13

A fun group of retirees enjoyed great food, service and conversation at Karl Strauss in Carlsbad. After lunch, a few took a tour of The Making Music Museum.



**RECAP ~ continued**

**Annual Retirees Association Lunch Business Meeting ~ Friday, April 28**

**University Student Union**

Members enjoyed this year's annual luncheon and business meeting on Friday, April 28 in the University Student Union, where picture windows reveal impressive views. The 33 members in attendance enjoyed a catered lunch and conversation prior to the special presentation. Chair Janet McDaniel shared updates concerning the Association and then introduced guest speaker Jennifer Milo, Director of Athletics. Milo's presentation detailed Athletics progress toward NCAA Division II status, as well as the principles and staff support that serve to ensure our students' academic success. Following the presentation, attendees donned their new CSUSM baseball caps (thank you, Jennifer!) and enjoyed a guided tour of the new Sports Center.



**Claire's on Cedros ~ Friday, May 12 (the last lunch for the spring semester!)**

This was an exceptional restaurant in Solana Beach. As we gather, we learn more about what each other is doing in retirement years. Stay tune for an educational piece from Dennis Guseman regarding his travels overseas!



## RECAP ~ continued

### 2017 CSUSM Monopoly Gala ~ Saturday, June 3



Several RA members and guests joined in the festivities of the 2017 CSUSM Gala. The fund-raiser for student scholarships was quite the party—casino games, silent auction, delicious dinner, program, and dancing under the stars. The “Monopoly” theme was carried out beautifully, with our own Lori Brockett heading up the Events Services team. Bravo!

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## Two Recaps of Events from 2016 that we forgot!

### San Diego Chinese Historical Museum ~ October 16, 2016

Michael Yee invited the retirees to a private tour of the San Diego Chinese Historical Museum in San Diego. If you have never been, you need to go. The history of San Diego’s Chinatown and pieces of artwork are fascinating. After the tour, we had lunch in the beautiful Chuang Garden.



### What I Learned from Cesar Chavez: An Evening with Marc Grossman ~ Nov. 30, 2016

The Retirees were invited to a private pre-reception in the Kellogg Library Reading Room to spend personal time with Marc Grossman. After the pre-reception, we went to the USU Grand Ballroom and heard a presentation on the struggles and triumphs of Cesar Chavez.





## CSUSM Retirees Association

333 S. Twin Oak Valley Rd.  
San Marcos, CA 92078

**Phone:**

760-750-4408

**E-Mail:**

[retirees@csusm.edu](mailto:retirees@csusm.edu)

**Website:**

[www.csusm.edu/fsra](http://www.csusm.edu/fsra)

**Membership Information:**

[Go to our website](#)

## Happy 50<sup>th</sup> Wedding Anniversary!



Congratulations to RA members Stella and José Clark who are celebrating 50 years of marriage this summer. Stella came to CSUSM as a founding faculty member in foreign languages. Although Stella retired in the early 2000s, she and José have continued to be active in campus affairs. Stella recently completed a term on the RA Board of Directors. We wish Stella and José all the best in the coming decades of married bliss!

*We're on Facebook!*

[www.facebook.com/CSUSMRetireesAssociation](http://www.facebook.com/CSUSMRetireesAssociation)

### CSUSM Library Privileges for RA Members

Did you know that RA members have privileges at Kellogg Library? Bring your RA card to the Checkout Desk on the 3<sup>rd</sup> floor of the Library to receive a barcode and have your account created.

- A maximum of 10 items may be borrowed at one time & must be returned to the CSUSM Library. There's a drop box in Craven Circle.
- CSUSM books check out for 30 days; CSUSM media items check out for 7 days. Renewals are allowed on a limited basis. No overdue charges but lost materials incur a cost.
- Databases are available at the stand-up computers inside the Library or thru logging into the Library's guest wireless network with your own device. Not available outside of the Library.

Questions: Contact [jkimmitt@csusm.edu](mailto:jkimmitt@csusm.edu) (Joanna)

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### In Memoriam Peggy Lepere

CSUSM colleagues were sorry to hear of the passing of longtime Library employee Peggy Lepere. Many will remember Peggy saw the Library through its move from Los Vallecitos to the Twin Oaks Valley campus. Although she officially retired in 1999, she returned as a volunteer and was a loyal friend and supporter to her co-workers and the campus community. She was the first Circulation Services supervisor and much more. Our deepest sympathies go out to her family and friends.

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### Next RA Board of Director's Meeting

Thursday, August 17, 2017

11:00 am to 1:00 pm

University Commons 201 – Conference Room

## Retirement Tip by Wayne Veres

### Will I be bored once I retire?

I have heard this question many times from those contemplating retirement. When I was working, a large portion of my workweek was scheduled in detail. Now, no longer bound by a work schedule, I try to find a balance for my time over the course of a month in four categories – Intellectual, Professional, Recreational and Physical. For me finding time for activities in each listed category such as learning a foreign language, reading about the latest technologies, walking the dog and maybe even exercising a bit has kept me fulfilled. If you have concerns about filling your time once retired, perhaps think about the categories that interest you and what activities in each category you would like to spend time on. I choose rewarding activities that rejuvenate, stimulate and sometimes even tire me out. I haven't been bored yet!