

TUKWUT TIMES



Brought to you by the CSUSM Retirees Association

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Newsletter June 2019
Volume 4, Issue 1

Calendar of Events

Upcoming Events

Summer Events Mark your calendars now!



Saturday, July 27 Del Mar Racehorse Morning Workout Tour

Join us for this unique experience!

Alan Mindell will take us behind the scenes to walk the track & view the horses up close during their workout.

Agenda: (It will be worth waking up early for this one!)

- 7:00 am – meet in front of the [Fish Market](#) located at 640 Via De La Valle in Solana Beach
- 7:15 am – visit trainer Eddie Truman's barn
- 7:45 am – walk to race track to get an up close look at horses working out; possibility of meeting trainers, owners, jockeys, jockey agents & other racing personnel. Many photo opportunities!
- 8:30 am – walk across the track to visit trainer Tim McCann's barn.
- 8:45 am – tour ends
- 9:00 am – (Updated) Breakfast anyone!
 - [Coastal-Kitchen](#) located in the Del Mar Hilton at 15575 Jimmy Durante Blvd., which is across the street from the racetrack.

RSVP to retirees@csusm.edu
by Wednesday, July 24

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Monday, August 26

2nd Annual Beach Walk & Lunch at Jake's Del Mar

This was so well received last year that the Board of Directors agreed to make this an annual August outing.

Join us at **10:00 am** as we walk north up the beach from the [Poseidon Restaurant](#) to get in our steps, take in the beautiful ocean and sea air. Walk will be approximately an hour.

After we work up an appetite, we will meet at [Jake's Del Mar](#) at 11:30 am for lunch.

If you don't want to walk, meet us for lunch!

RSVP to retirees@csusm.edu

by Wednesday, August 21

Be sure to RSVP if you are doing both or just joining us for lunch.



Message from the Chair

By Pat Benson



As I write these words on June 11, the thermometer at my house in Escondido has just passed 100 degrees. Welcome to the summer of 2019 everyone!

There are several changes to the 2019-2020 Retirees Association Board of Directors to tell you about. I have stepped into the big shoes of outgoing chair Marcia Woolf, who ably stood on the shoulders of our founder, Janet McDaniel. I look forward to working with continuing board member Vivienne Bennett, and new members Suzanne Lingold and George Diehr. Laurie Lindeneau is rotating off the board, and we will miss her warm collegiality and insights for improving our organization. Bill Ward has agreed to stay on the board for another year to fill Marcia Woolf's position; thanks for sticking around Bill!

I especially enjoyed the "Life After CSUSM" brown-bag we held in late March for current employees. Bill, Laurie and I were asked questions such as: Aren't you bored? What do you do with yourself all day if you're not working? How much money will I need after retirement? What have you done with your office memorabilia, files, and work clothes? The three of us presented different models of retirement. Bill loves the freedom to travel; I fill my schedule with volunteering; Laurie urged the group to consider the spontaneous pleasures of family, long walks, reading and relaxing. All three of us agreed that we love retirement, that it's a process like any life stage, and that there is no "right" way to go about it.

I was sorry that our Coronado Ferry excursion was rained out in May (crazy weather this year, right?) I was secretly happy, though, because I was out of town and now I'll be able to go when it's rescheduled sometime in the coming year. I'm discovering what a fun, interesting region we live in, thanks to the Retirees Association! Be sure to look for our announcements of future events and excursions; we'd love to see you there!

2019/2020 Board of Directors



Pat Benson, Chair



Vivienne Bennett, Vice Chair



George Diehr, Treasurer



Suzanne Lingold, Secretary



Bill Ward, Member at Large

Do You Remember? ~ Instructors at New CSU Campus Weigh Tradeoffs

Submitted by Dr. Janet Powell to the LA Times, published on June 17, 1990 (Jonathan Gaw – Times Staff Writer)

Janet Powell gave up her house in Muncie, Ind., and bought a condo in San Diego County that's half the size and twice the expense. She also gave up her 1989 Ford Mustang because she knew she couldn't afford California insurance rates. All in the name of education.

Some people consider teaching a calling, much like the ministry, for which sacrifices must be made. And Powell, who will start as assistant professor of education at Cal State San Marcos this fall, hopes to gain in academic freedom what she will lose in sporty transportation.

Potential Cal State San Marcos faculty members are jumping at the chance to make their mark at the newest public university in the nation, but they must also make concessions for living in Southern California, where high housing prices mock professional salaries. With a lot of vacancies to fill, the first question was where to start.

The hiring of new business instructors and three in education reflects the fields in which the fledgling university's first students have shown the strongest interest. New hires, whose salaries range from \$23,412 to \$66,984, also represent the foreign languages and ethnic studies departments.

The university, which will welcome its first students this fall, decided against hiring this time around in such traditional fields such as physics, philosophy and physical education. "These are short-term considerations," said Pat Worden, one of the campus' 12 founding faculty members and coordinator of faculty searches. "If you look at us 10 years from now, we will have all of these things."

Eighteen faculty members have been hired. Worden hopes to have as many as 20, plus three deans, on campus before the first class begins.

But a fact that recruiters must wrestle with is that many of the elements that attract potential faculty members to the first Cal State University in 25 years also discourage others from coming.

"The most important attribute that distinguishes the Cal State San Marcos campus is that it is brand new, and there's much excitement that it's the only state university that's being built in the United States," said Cal State San Marcos President Bill Stacy. "What we are able to do is to say to a professor that here's a chance of a lifetime because most people don't get to start, say, political science 'the way it ought to be.'"

At more established colleges, Stacy said, the philosophies of teaching certain subjects tend to be set up already, "and it's a lot harder to change curriculum than to build it."

The newness of the campus brings with it an uncertainty that plays to the daring side of some.

"If the future is unknown, then it's not carved in stone," said Donald Funes, who will start up the school's fine arts department and now chairs the music department at Northern Illinois University. "I'm 51 years old, and if I'm going to make this kind of move, it's probably going to be now." Funes, who said he will earn about the same he did in Illinois, sees Cal State San Marcos as a place to institute "progressive 21st Century ideas in the way fine arts can function in education." "The only way to do that is to get a new faculty around you rather than to work within. It's very difficult to change within," Funes said.

Do You Remember – *continued*

Worden knows, however, that, as the university gets older, hiring will become more difficult as people perceive the faculty becoming more entrenched.

"We will be less attractive for that reason, and we know it, and we're countering that trend by hiring excellent, excellent faculty," Worden said. "Right now, we have the mystique of a new university. Once that fades, we will have, hopefully, an excellent reputation." California's current fiscal situation also makes some applicants anxious about the budgetary future of the young institution.

"Some people are not quite ready to bet their career on something that's still a dream," Stacy said. "They are concerned about how this miracle could really happen. They say, 'Can you really afford it? Nobody else in the country can.' People are wondering if California will really pay for it...It's a big credibility concern.' Stacy himself doesn't know how the university's funding will fare when the state Legislature hammers out the budget later this month.

Powell, a 38 years old assistant professor of education at Ball State University in Indiana, feels that California's progressive climate in education, particularly in her field of reading education, makes the job worth the risk. "California has mandated that reading be taught more holistically, which is a big trend right now in reading. Your state has mandated what I believe in. Here (in Indiana), I'm fighting tradition," Powell said. "It's a constant struggle to get teachers to change their ways, while (in California) the teachers are aware of the changes."

The cultural diversity of Southern California and its proximity to Mexico, South America and the Pacific Rim also attracted potential faculty members to Cal State San Marcos.

Stella Clark, the first instructor in the foreign language department, hopes to start an academic exchange program with a university in Mexico, similar to one she began at Cal State San Bernardino, where she has been a tenured professor since 1975. Clark, who teaches Spanish, also hopes to place a greater emphasis on Asian languages at Cal State San Marcos. "It's not that I don't support French and German and Italian and so on, but I think we need to beef up our interest in Asian languages because the students are there," Clark said.

Potential science instructors are concerned about the fact that there will be a lack of scientific laboratories at Cal State San Marcos for two years, until the main facilities are built. "What we have to do is sell people on the dream, more or less," said K. Brooks Reid, one of the founding faculty members. "Some people kind of find that fascinating, and we have sold that to some of them." The university asks faculty members in the sciences to help design and build laboratories for both classrooms and research facilities.

The instructor search is being carried out by the founding faculty members, the president and vice president. They have placed advertisements in trade journals, waded through 2,250 applications and interviewed 75 candidates for the 20 positions.

The university hopes to get well-rounded teachers, competent in all areas of academia: teaching, research and administration. The search committee is using traditional criteria such as publications and articles published in journals, history of receiving grant support and currency with the field.

"We're particularly conscious of trying to avoid people who want to retire in Southern California," Reid said.

Because the searchers want teachers as well as researchers, Worden has three candidates for a psychology faculty post give guest lectures at a Palomar College class. "The strongest researchers are sometimes not the strongest teachers, but what we're looking for is acceptable strength in both areas," Worden said.

Member Profile – Walter L. Dutton

Submitted by Walter L. Dutton

I was reluctant to retire from CSUSM after 14 years of teaching writing to first-year students. The methods I taught were well received by my students and I miss the classroom exchange of ideas and cultural discussion. Writing has been an enduring joy since my first short story was published in Science-Fiction Magazine in 1964. A perpetual student, taking courses during summer sessions, on-line with other schools, and traditional and non-traditional (extension university) courses, has been a source of cultural interaction and learning for me since 1973.

With previous careers of U.S. Air Force (FAA) air traffic control, law enforcement, attorney and *pro tempore* judge, genealogist, and published author, my students enjoyed the short stories I used in class as examples of why writing is an art and a highly valuable skill for *all* careers and professions. The fusion of clear writing and the expression of ideas is a crucial skill for the future. The use of e-mail and texting has become a very real challenge for students who have problems expressing their thoughts clearly. My Master of Arts in Writing and Literature (CSUSM – 2004) and my Juris Doctorate (1981) have been edifying resources.

The wonderful access to continuing education for CSUSM faculty allowed me to continually enjoy being both faculty and student. The support of student organizations, e.g., CSUSM Veterans' Association, Pre-Law Society, Entrepreneur Society, and Rotaract Club, has provided a deeper understanding of the goals and interests of students. These experiences, my prior careers and life at CSUSM, inform me when writing about individuals in the families for whom I am writing family history.

With my wife's retirement from her law career within a year of my retirement in early 2018, we have discovered both reciprocal and divergent interests and are enjoying pursuing them. My life-time interest in history in the form of how our ancestors lived day-to-day, e.g., living expenses, income, environment, wars, cultural conflict and the ways in which cultures from around the world found their way in America, continues to be a fascination and incorporating this history into family history writing and memoirs remains a source of enjoyment for myself and writing clients.

I have enjoyed listening to, playing and writing music (especially clarinet, violin and guitar), creative writing, the social nature and exchange of cultural ideas, and art (drawing, pastel, and acrylic), since my first exposure to these interests between the 6th grade and high school attended in the mid-1960s. My creation of and continuous addition to a web site to enable me to reach out to students of all ages and teachers brings me enjoyment in retirement. The construction of a web site honoring veterans of the China-Burma-India theater of war during WW II – veterans who were killed in action, missing in action, and prisoners of war, brings me tremendous satisfaction and a deep appreciation for the veterans and their families in that horrible time. I may be retired but learning never stops.

Walter at 9 years old.



He hasn't changed much!



Featured Article

Bad Girl – a play by Karen Truesdell Riehl

Submitted by Richard Riehl

Carlsbad's New Village Arts Theatre featured Karen's play, *BAD GIRL*, on January 4th, opening night of its *Final Draft New Play Festival*. Here's how the theatre promoted the staged reading performance.

In 1954, girls who "got themselves pregnant" were sent away to homes for unwed mothers to hide from a judgmental society. Drawn from her own experience, playwright Karen Riehl's fictionalized account transports the audience to a home where "girls in trouble" find friendship as outcasts.

Karen published the script five years ago. It made it to the stage as one of the five best plays by new playwrights selected by the NVA in its 2018 contest. The play is a reminder of the harsh, unforgiving times that were the 1950s, when uncomfortable words and actions were swept under the rug. "What would the neighbors say?" governed personal behavior.

If the dialogue sometimes sounds last century, or the events improbable, we can be grateful they do. Each character portrayed is a mix of several individuals Karen came to know well in the five months they lived together in the Florence Crittenden home for unwed mothers. It's a fictionalized account of her experience. But the story is true. She lived it.

A reader of her published script described it this way: *I'd heard of women in the fifties being "sent away" if they got pregnant out of wedlock, but I didn't really know much about it. What a difference from our culture today. I hated that the girls couldn't keep in contact with each other, even if they wanted to. It would've been nice for them to have that outside support system. Good play! I'd like to see this performed one day.*

Karen and I met on a community theatre stage 35 years ago. The play was *Angel Street*, the theatrical version of the 1944 film, *Gaslight*. Ironically, that was also the year of my birth. It was the start of a beautiful friendship, to steal a line.

Unlike me, Karen was a pro. Her onstage career began at Stephens College, where she acted with George C. Scott. That relationship led to her experience in Florence Crittenden and the inspiration for her play.

Karen has written 14 books, available on Amazon, with two of them, *Love and Madness: My Private Years with George C. Scott* and *Saturday Night Dance Club*, by a commercial publisher.

Her other books have been published by me, as her editor, on Amazon's Kindle Direct Self-Publishing. One of them, *Helga: Growing up in Hitler's Germany*, was a 2015 San Diego Book Awards winner.

Her scripts for episodes for an old-fashioned radio show, *The Quibbles*, are available on Art Age Senior Theatre Resources.

Unlike many retirees, Karen and I haven't done a lot of travelling. We've spent our time writing and performing, most recently at the Chateau Lake San Marcos, where we're doing productions of *The Quibbles* for our fellow residents.



Quibbles & Bits
Radio Show

RECAP of RA Activities

January 14, 2019 ~ Gemological Institute of America Tour & Lunch at Karl Strauss

Submitted by Laurie Lindeneau

We enjoyed an amazing tour at the Gemological Institute in Carlsbad. This facility serves as their world headquarters, with 11 other 'campuses' around the world. Not only did we learn about the many facets of the GIA (research, education of gemologists, lab services providing gem grading and identification, storage of their gem/jewel/mineral collections), but we were treated to an in-depth explanation of the rarity of many of their display pieces of world-renowned gems, jewels, and minerals. I especially enjoyed the rare mineral collection and the artistic jewelry/jewels of Hollywood collection!



For more photos click [here](#)

February 7, 2019 ~ Report to the Community

Submitted by Arlene Cratsa

President Karen Haynes gave her last Report to the Community address on February 7 to a sold-out event of more than 600 attendees. It was bittersweet as President Haynes was reflective of her journey and accomplishments during her tenure at CSUSM. Click [here](#) for a recap and to see photos.

February 9, 2019 ~ Palliative Care / Estate Planning Workshop

Submitted by Laurie Lindeneau

This was an extremely interesting and informative workshop. I came away with a thorough understanding of End of Life Care - Palliative Care, and the advantages of initiating this level of care for the benefit of ourselves or a loved one at this stage of life. We learned what steps must be taken by the EMT's once 911 is called, and the potential health/life consequences of these actions. We learned about other actions that could be taken, near end of life, that might better match a person's values and preferences for care, such as the POLST, which must be signed by a Physician, Nurse Practitioner or Nurse Assistant and must be posted on a person's refrigerator, in order to avoid unwanted life sustaining, emergency resuscitation. We were introduced to the "Five Wishes" pamphlet, which takes a person through personal, emotional and spiritual decisions about how they wish to be treated if seriously ill. In the afternoon session we were treated to an overview of estate planning and potentially planning for our own legacy. We learned about the tax advantages of charitable giving such as a Charitable Gift Annuity, Charitable Endowments, and "Donor Advised Funds". It was a day extremely well spent, and I would recommend this workshop to all of our retirees!

Click [here](#) to see photos



Recap – continued

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February 19, 2019 ~ The Kitchen at Bernardo Winery

Submitted by George Diehr

On February 19, 18 retirees met to enjoy lunch at The Kitchen. Great conversation, tasty and interesting food and good wine—of course—at a very reasonable price. The winery is owned by 2011 CSUSM graduate in economics, Ross Rizzo. One of the retirees in attendance commented that such events provide a great opportunity for staff to interact with faculty and administrators on a social level. It's a wonderful way to get to know, understand and learn from each other.



Click [here](#) to see more photos

March 20, 2019 ~ The Chemistry of Chocolate

Submitted by Arlene Cratsa

Dr. Jackie Trischman gave an interesting lecture on the Chemistry of Chocolate. We will not look at chocolate the same way! We learned chocolates are not all equal. Those that attended enjoyed this interactive lecture since everyone got to sample chocolates...but only when Dr. Trischman instructed the class to sample!

Click [here](#) is see photos

April 19, 2019 ~ Annual Luncheon/Business Meeting

Submitted by Suzanne Lingold

The Annual RA Luncheon/Business meeting was fully enjoyed by 40 attendees. Dean Mike Schroeder gave us an overview of Extended Learning and the degrees and certificate programs offered through EL. We also learned about CSUSM's newest building and soon to be home for EL. The project is a public-private partnership to build a 135,000 square foot, six-story building, which happens to now be the tallest building in San Marcos! The building is accompanied by a 709-space parking garage and a pedestrian bridge over Barham Drive. The project is expected to be completed by August 2019.

Click [here](#) to see photos

CSUSM Retirees Association

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retirees@csusm.edu

Website:

www.csusm.edu/fsra

Membership Information:

[Go to our website](#)

In Memoriam

Susan Elizabeth Mitchell

February 19, 1952 ~ June 4, 2019



More than 30 CSUSM retirees and staff members came together on Monday, June 17 to attend the "Celebration of Life" service for Susan. Her unexpected passing was a shock to all who knew this amazing woman. Click [here](#) to read her obituary and see the many tributes and photos left by family and friends.

An endowed scholarship is being established at CSUSM to honor her life and contributions. This scholarship will support students in the ACE Scholars Services program serving former foster youth. Gifts honoring Susan should be payable to the CSUSM Foundation by check or you may make a gift online at:

<http://www.csusm.edu/giving/give-now/index.html>

Be sure to indicate "Susan Mitchell Memorial Fund" as the gift designation. All contributions will be receipted by the CSUSM Foundation.

Checks should be mailed to:

University Advancement (Susan Mitchell Memorial Fund)
California State University San Marcos
333 S. Twin Oaks Valley Rd
San Marcos, CA 92096

Please direct gift questions to Beth Schroder at eschroder@csusm.edu or 760-750-7309

Fall Events

~ Information to come in August ~

We're on Facebook!

www.facebook.com/CSUSMRetireesAssociation

CSUSM Library Privileges for RA Members

Did you know that RA members have privileges at Kellogg Library? Bring your RA card to the Checkout Desk on the 3rd floor of the Library to receive a barcode and have your account created.

- A maximum of 10 items may be borrowed at one time & must be returned to the CSUSM Library. There's a drop box in Craven Circle.
- CSUSM books check out for 30 days; CSUSM media items check out for 7 days. Renewals are allowed on a limited basis. No overdue charges but lost materials incur a cost.
- Databases are available at the stand-up computers inside the Library or thru logging into the Library's guest wireless network with your own device. Not available outside of the Library.

Questions: Contact the Circulation Desk at libcirc@csusm.edu or by phone at (760) 750-4348

Retirement Tip by Vivienne Bennett

Breathe!

As your retirement date nears, resist the urge to book up your calendar. Instead, allow yourself the first couple of months to experience what 'not-working' feels like. Breathe into your retirement by giving yourself time and space without guilt to allow whatever comes next to emerge from your new life instead of predetermining it ahead of time from your old (working) life.