

Kickstart Survey

In Fall 2023, CSUSM administered the 'Kickstart' survey which gathered information from incoming freshmen about their prior academic experiences as well as their expectations for the upcoming semester at CSUSM.

EXPECTED HOURS PER WEEK TO STUDY AND PREPARE FOR CLASS...

High School Experience



First Year at CSUSM



...AND TO PARTICIPATE IN CO-CURRICULAR ACTIVITIES.

High School Experience

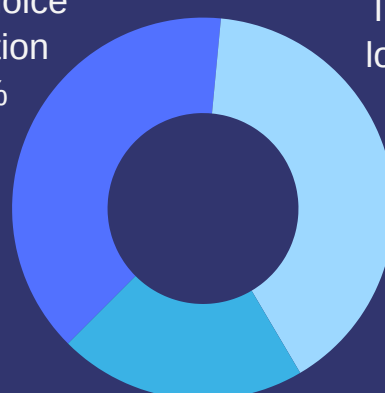


First Year at CSUSM



STUDENTS INDICATE IF CSUSM WAS THEIR FIRST CHOICE INSTITUTION

First Choice Institution
39%

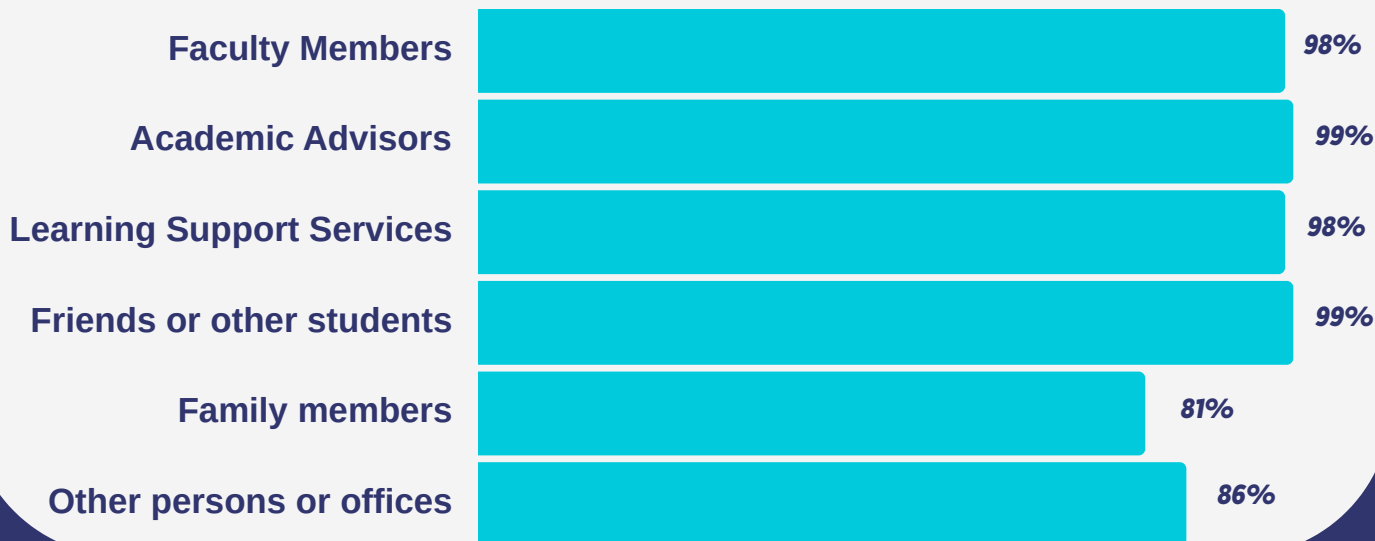


Third Choice or lower Institution
21%

Second Choice Institution
40%

Expected Sources of Academic Support

Students gauge where they expect to seek help from:



Expected Academic Perseverance

Students rated their certainty at least an X on a scale from 1= Not at all certain to 6= Very certain

62%

79%

57%

79%

77%

57%

...study even when there are other interesting things to do.

...find additional information when material is challenging.

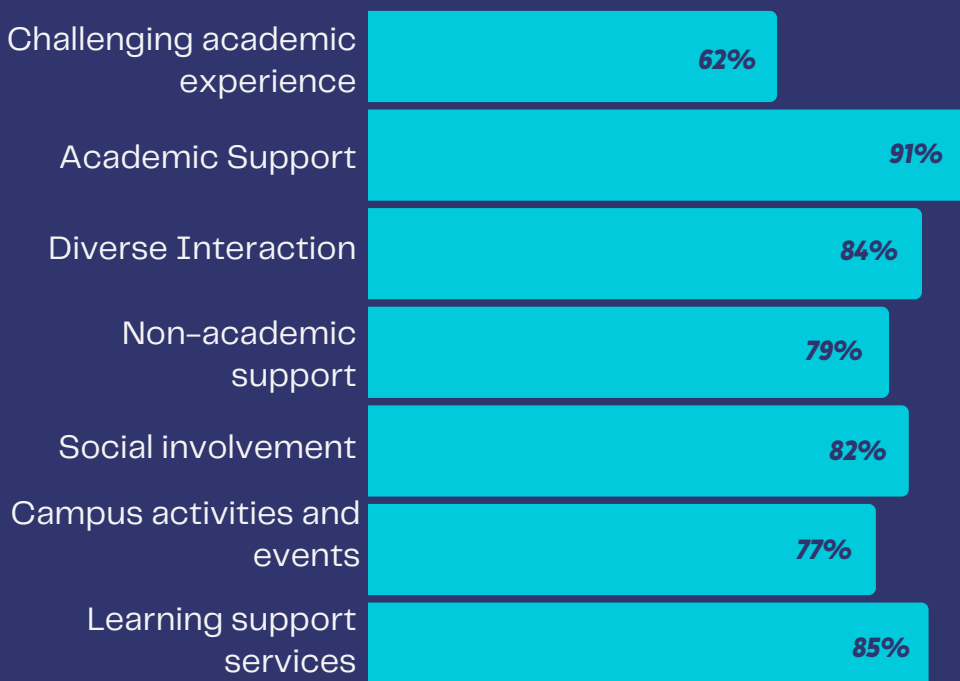
...participate in course discussion, even when they don't feel like it.

...ask instructors for help when struggling.

...finish despite challenges.

...stay positive, even after doing poorly on a test.

CAMPUS CHARACTERISTICS CONSIDERED IMPORTANT



CONCERNS ABOUT THE UPCOMING SCHOOL YEAR...

- 42% anticipate feeling homesick
- 60% anticipate feeling lonely
- 77% have concerns about maintaining positive mental health
- 85% are worried about avoiding mental or emotional exhaustion
- 80% have concerns about sleeping well