STUDENT HEALTH COMPLIANCE REQUIREMENTS

I. GENERAL ELEMENTS
   A. The purpose of this policy is to provide students at the School of Nursing at CSUSM with information regarding health compliance.
   B. San Diego/Inland Empire Nursing Service Education Consortia, as well as the School of Nursing's agreements with clinical agencies, require that the School of Nursing maintain current health compliance documentation for all of our students.
   C. It is the student's responsibility to ensure all requirements are up-to-date and in compliance with regulations and to upload all requirements into their immunization tracker. Failure to comply with mandatory health compliance requirements, may result in removal from clinical(s) or the inability to register for courses.
   D. All health compliance requirements must be done within 5 years of starting the Nursing Program.

II. HEALTH COMPLIANCE REQUIREMENTS
   A. TB: Student must be able to indicate that they are not TB positive.
      I. For new students, one of the following must be met:
         • Having a two-step TB Skin Test (PPD). The negative tests in this two-step must be done within one to three weeks of each other, OR
         • Having an additional one-step TB Skin Test (PPD) done, if s/he already has a current (within the last year) negative one-step TB Skin Test (PPD). Documentation for both must be uploaded into their immunization tracker, OR
         • Having a current (within the last year) negative Quantiferon TB Gold Test (per the recommendation by your healthcare provider), OR
         • Submitting a clear chest x-ray (within the last two years- actual radiology report required) and a TB Symptom Questionnaire. Only students that have a documented past positive TB skin test or history of Bacille Calmette-Guerin (BCG), will be able to submit a chest x-ray and TB Symptom Questionnaire.
      II. For returning students, annual negative TB documentation is required. This can be achieved by:
• A single PPD skin test, if completed within 12 months of their previous test.

• If not within the 12 months of the previous test, then the student will be required to have a repeat two-step TB Skin Test (PPD).

• Annual Quantiferon Gold Test (if recommended by your healthcare provider).

• For those students that have a previous Positive TB Test, or have received the BCG vaccine, a TB Symptom Questionnaire will be required annually.

B. MMR: Students must have a titer (blood draw) to test for immunity against measles, mumps, and rubella (MMR). Having the disease(s) as a child is not sufficient to prove immunity. For titer documentation, a copy of the actual titer results with qualitative interpretation (i.e. immune vs. non-immune, positive vs. negative) must be uploaded. If the results show non-immunity to MMR, a booster will be required. In addition, a second titer will be required, four weeks after the booster. If a student has a titer drawn and is a non-converter they will be required to upload a letter from their healthcare provider stating that they believe the student to be a non-converter. The letter must be on the healthcare provider’s letterhead, signed, and stamped by the healthcare provider.

C. Varicella: Students must have a titer (blood draw) to test for immunity against Varicella (Chickenpox). Having the disease as a child is not sufficient to prove immunity. The titer results must have been drawn within the last five years from the start date at the School of Nursing. A copy of the actual titer results with qualitative interpretation (i.e. immune vs. non-immune, positive vs. negative) must be uploaded. If the results show non-immunity to Varicella, students are required to receive a Varicella booster. In addition, a second titer will be required, four weeks after their last booster. If the student’s healthcare provider suggests that the student is a non-converter they will be required to upload a letter from their healthcare provider stating that they believe the student to be a non-converter. The letter must be on the healthcare provider’s letterhead, signed, and stamped by the healthcare provider.

D. Hepatitis B: Students must have a titer (blood draw) to test for immunity against Hepatitis B. A copy of the actual titer results with qualitative interpretation (i.e. immune vs. non-immune, positive vs. negative) must be uploaded. If the results show non-immunity to Hepatitis B, students must start the Hepatitis B vaccine series. If a student had the complete dose series and is showing non-immune, then the student will need to receive a fourth dose
and have his/her titer drawn one to two months after the dose is placed. If the student is still non-immune then s/he receives two additional vaccine doses (six total), and have the titer drawn one to two months after the last dose. At this point if the student is non-immune the student would need to discuss with his/her healthcare provider the possibility of being a non-converter. If the student’s healthcare provider suggests that s/he is a non-converter the student will be required to upload a letter from their healthcare provider stating that they believe them to be a non-converter. The letter must be on the healthcare provider’s letterhead, signed, and stamped by the healthcare provider.

E. Tetanus Diphtheria and Acellular Pertussis (TDaP): Students must upload documentation of TDaP or DTaP vaccination that was placed no more than 10 years prior. This vaccine expires after a ten-year period of time so it will need to be renewed should it expire during the students’ time in the nursing program.

F. Seasonal Influenza Vaccine: Students must receive the influenza immunization once per flu season. If a student chooses to decline the flu shot, he/she must provide a letter from his/her provider stating the medical reason as to why vaccination is impossible.

   a. Influenza declination documentation must be turned in each year. Please be aware that students who decline the influenza vaccination, will be required to adhere by the clinical site’s flu declination policy. This can be different for each site and/or unit. For example, some clinical sites may require students to purchase and wear a face mask the entire time while on that unit. The mask must be changed out multiple times per day.

G. Student Medical Clearance Form: The purpose of the Medical Clearance Form is to provide clearance that a student is able to safely work in a clinical setting with patients. The form is completed by a healthcare provider upon entry into the program. Students will be expected to perform or demonstrate, with reasonable accommodations, proficiency in specific physical performance requirements. The healthcare provider will rate the student’s physical capabilities on a given scale. The completed form will be uploaded. (Palomar Occupational Health is contracted to perform these evaluations for CSUSM students for $50)

H. CPR Certification: Students must upload their current CPR card from the American Heart Association to his/her online immunization tracker. A copy of the physical card as well as the e-card are acceptable to upload into the students’ immunization tracker. The only course
accepted is CPR & BLS w/AED for Healthcare Providers. Any CPR certification other than American Heart Association will not be accepted. American Heart Association's CPR & BLS w/ AED Healthcare Provider CPR certification is only valid for two years. Students will need to update this requirement should their certification expire during the program.