



COVID- 19 Campus & Community Resources

Hello PASO Scholars,

We hope your family, friends and family are safe and healthy. Due to the current health and safety precautions CSUSM is implementing on campus, we would like to share campus and community resources available to you. Please take a moment to review the following resources below:

CSUSM RESOURCES

- *Cougar Food Pantry*
Pop-up pantries will be held in the University Village Apartments (UVA) parking lot on Mondays and Wednesdays from 10:00 am -1:00 pm.
- *Housing Insecurity*
Contact Cougar Care Network (CCN) for resources.
- *Kellogg Library* (Library is now closed but will continue to serve students, faculty, and staff online.)
<https://biblio.csusm.edu/allvirtual>
- *Student Emergency Fund* - The Student Emergency Fund is available to currently enrolled CSUSM students who encounter an unexpected financial emergency or catastrophic event in which their basic needs and/or ability to function as a student are impacted.
https://www.csusm.edu/asi/services/emergency_fund.html
- *Student Emergency Loan* - For current students who have unique or unexpected expenses occur. As the emergency loans are intended for those scenarios and have a **repayment deadline of eight (8) weeks** after approval, students should carefully analyze their budget and repayment ability prior to applying. Students can borrow up to a maximum of \$500 for each Emergency Loan.
- To apply for an Emergency Loan, please contact the Cashier's Office- Upon confirming eligibility, the Cashier's Office will make available, via your Student Center, an online application for the Emergency Loan. Upon approval and processing (typically 2-4 business days), applicants will be notified that their check is ready for pick-up in the Cashier's Office.
By email: sfs@csusm.edu
In-person: Cougar Central (Craven Hall 3800) M-F 8:00 AM – 5:00 PM



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- ***Counseling Services*** - Student Health and Counseling Services (SHCS) will continue to provide counseling services virtually. To obtain an initial consultation by phone, click on the link to the Counseling Services page. Scroll down to the “Request a Counseling Consultations” section. You’ll need to complete an “Initial Consult” form. **You must use CougarApps to access this form:** <https://cougarapps.csusm.edu/vpn/index.html> . Complete the form, submit, and you’ll receive communication for the staff about scheduling an initial consult. <https://www.csusm.edu/counseling/index.html>
- ***Cougar Care Network***
<https://www.csusm.edu/ccn/index.html>; 760-750-7627; ccn@csusm.edu. Cougar Care Network will continue to provide services by phone, email, and virtually. Contact CCN for information, support, and connection to on and off-campus resources.

COMMUNITY RESOURCES:

- ***San Diego County Libraries*** are closed, but will provide curbside pickup and 24/7 e-resources.
Wi-Fi and data plans
- ***Comcast***
 - advertising as two months free WIFI
 - <https://www.internetessentials.com/>
- ***Cox Communications***
 - offering first month internet service free and \$9.95/month service afterwards for eligible families and discounted refurbished equipment:
 - <https://www.cox.com/residential/internet/connect2compete/covid-19-response.html>
 - <https://www.cox.com/residential/internet/connect2compete.html>
 - <https://www.spectrum.com/browse/content/spectrum-internet-assist.html>
- ***AT&T, T-Mobile, Sprint and Verizon***
 - <https://www.theindychannel.com/coronavirus/late-fees-waived-free-wi-fi-hot-spots-and-more-offered-by-cellphone-providers-in-response-to-covid-19>

Utility bills

- ***SDG&E***
 - call if struggling to pay utility bill because of coronavirus
 - Customer Contact Center at 1-800-411-7343



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Food

- The CalFresh Program, formerly known as Food Stamps can add to your food budget to put healthy and nutritious food on the table. The program issues monthly electronic benefits that can be used to buy most foods at many markets and food stores. The amount of the benefit is based on the size of your household, your income, and your housing expenses. To see if you're eligible, visit their website:
<https://www.mybenefitscalwin.org/web/consortium/home> or <https://www.getcalfresh.org/>
- *School Districts - meals for kids*
<https://www.nbcсандiego.com/news/local/san-diego-school-districts-offering-free-meals-for-children-during-closures/2285861/>
<https://fox5sandiego.com/news/coronavirus/san-diego-unified-to-distribute-free-meals-to-its-students-during-school-closures/>
- *Neighborhood Distribution Programs*
<https://sandiegofoodbank.org/programs/neighborhood-distribution-program/>
 - <https://sandiegofoodbank.org/response/>
 - 9850 Distribution Ave., San Diego, CA 92121
 - Monday – Friday 8 a.m. to 5 p.m.
- *North County Food Bank – Vista*
 - <https://northcountyfoodbank.org/response/>
 - 1445 Engineer St. #110, Vista, CA 92081
 - Monday – Friday 7 a.m. to 4 p.m.
- *Community Food Connection- Poway*
 - <http://thecommunityfoodconnection.weebly.com/>
- More food resources for families (updated ongoing):
 - https://www.needhelppayingbills.com/html/san_diego_food_pantries.html
 - <https://my211.force.com/s/service-directory?code=BD>

Storage

- *U-Haul*
- Advertised free storage for students
- <https://www.uhaul.com/Articles/About/20625/College-Students-U-Haul-Offers-30-Days-Free-Self-Storage-amid-Coronavirus->



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[Outbreak/?utm_campaign=uhaulsm&utm_source=twitter&utm_medium=pr&utm_content=20200312-uhaulisoffering30](https://www.csu.edu/outbreak/?utm_campaign=uhaulsm&utm_source=twitter&utm_medium=pr&utm_content=20200312-uhaulisoffering30)

- Call specific U-Haul place to inquire.

Transportation

- *Enterprise Rental Cars* - Enterprise has lowered the age to rent a vehicle from 21 to 18 through the end of May at all locations and waived the young renter fee to help students in this time of need. To be eligible, students age 18 to 24 are required to show both a valid driver's license and an official student ID card. <https://www.enterpriseholdings.com/en/press-archive/2020/03/enterprise-rent-a-car-ready-to-help-university-students-get-home0.html>

211 San Diego

- Resource and information hub that connects people with community, health and disaster services. <https://211sandiego.org/>

Unemployment and worker benefits:

- Employment Disability, Paid Family Leave Benefits (for those who are covered through deductions from their paychecks – noted as CASDI on paystubs) and Unemployment Insurance:
https://www.edd.ca.gov/about_edd/coronavirus-2019.htm
https://www.edd.ca.gov/about_edd/coronavirus-2019/faqs.htm

Bank and Credit Card Relief

(If your bank or credit card company isn't listed here, call them and inquire about assistance.)

- Citibank
<https://online.citi.com/US/JRS/pands/detail.do?ID=covid19>
- PNC Bank
<https://www.pnc.com/en/customer-service/update-center.html?lnksrc=homepage-alert>
- Wells Fargo
<https://www.wellsfargo.com/jump/enterprise/coronavirus-response>

Students Fly Free Program with Frontier Airlines

- For a limited time, students can fly free on Frontier Airlines to nearly 100 destinations. One student can fly free for every round-trip Discount Den Fare purchased on qualifying flights and dates. Purchase must be made before March 20, 2020.
<https://www.flyfrontier.com/students-fly-free/?mobile=true>

Hotel Discounts

- *Fairfield by Marriott, Carlsbad and Springhill Suites, Escondido*



PASO
PATHWAYS TO ACADEMIC
SUCCESS & OPPORTUNITIES

COVID- 19 Campus & Community Resources

Marriott is offering rooms for \$89/night through April 30. Call 760-579-0155 for Carlsbad or 442-286-8100 for Escondido and mention Cal State San Marcos.

- ***COVID-19 Testing*** In San Diego, Scripps Green now has a pop up COVID19 tent that just opened for testing. Please call (888)261-8431 to schedule. Scheduled M-F 7am-5pm and Sat/Sunday 8am-5pm **NO cost** <https://www.sandiegouniontribune.com/news/public-safety/story/2020-03-13/covid-cabana-offers-drive-up-testing-for-virus-at-scripps>

Learning activities to support kids learning from home:

- <http://www.amazingeducationalresources.com/>

Feel free to contact the PASO Office should you have any questions or concerns.

Kindly,

PASO Staff

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****Please note ALL PASO operations are fully virtual until the end of the semester.****

Mission Statement

“The Pathways to Academic Success and Opportunities (PASO) Program is dedicated to increasing retention and graduation rates amongst PASO Scholars by infusing culturally relevant curriculum, enhancing existing student support services, introducing innovative technological approaches, and striving to promote educational equity at the institutional level.”