Summer in New Zealand:
Positive Psychology--Wellbeing & Self-Compassion
June 15-28, 2020

Led by Professor Emily Merryweather, our summer in New Zealand Positive Psychology program will focus on the study and practice of well being as it relates to self compassion, awe, mindfulness, forgiveness and gratitude. Students will appreciate how New Zealand successfully balances its reverence for its land while holding a modern perspective in a global society.

Program Highlights include:

- Walking tours of Auckland, Wellington, and Queenstown
- Excursion to Waiheke Island
- Tour of Zealandia Urban Eco Sanctuary
- Excursion to Fiordland National Park and Milford Sound
- Botanical Garden visits and more!

Visit the program page for all the details!

https://www.csusm.edu/global/studyabroad/nz_psyc.html

Info Sessions beginning now.

Don't miss out!

For more information, contact:

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