

LISA G. BANDONG, MPH

EDUCATION

Master of Public Health | California State University, Fullerton May 2016

Health Promotion and Disease Prevention Track

Master's Project: *Polycystic Ovarian Syndrome (PCOS): a patient health education curriculum*

Bachelors of Arts, Drama | University of California, Irvine June 1997

Stage Management Track

PUBLIC HEALTH EXPERIENCE

Public Health Internship Coordinator

California State University San Marcos

Oct 2016 – present

- Supervise and advise graduate student interns in the Masters of Public Health program enrolled in PH 690
- Research, develop, and create internship program for the Masters of Public Health
- Network, develop, and manage affiliate contacts for public health internships

Community Health Promotion, North Regions

County of San Diego-Health and Human Services Agency

Sept 2015 – Aug 2016

- Research, develop, and update monthly health education employee newsletter
- Collaborate and engage with multiple departments and outside agencies

North Inland Public Health Center, North Regions

County of San Diego-Health and Human Services Agency

Jun 2015 – Sept 2015

- Plan and design reports for Quality Assurance of Maternal Child Health Nurses adopted by both North Inland and Coastal Clinics
- Conduct quality assurance and data analysis for Public Health Nurses: Nurse Family Practitioners and Maternal Child Health

RESEARCH EXPERIENCE

Polycystic Ovarian Syndrome (PCOS): a patient health education curriculum Sept 2014 – present

- Producing patient education materials to understand the diagnosis of Polycystic Ovarian Syndrome, and create wellness and prevention activities to manage the diagnosis.

Student Evaluations Co-Chair

Sept 2014 – Dec 2015

California Forum for Diversity in Graduate School Education, California State University San Marcos

- Chairing and executing a retooling project to improve the 20 year old student evaluations data system
- Conducting research on the positive factors that contribute to student graduate school success and how the forum's efforts effectively support student goals.

PRESENTATIONS, WORKSHOPS, AND PANELS

Presentations

Bandong, L. (2016). *Polycystic Ovarian Syndrome (PCOS): a patient health education curriculum*. Student presenter at Student Creativities Activities and Research Day, CSU Fullerton, CA

Workshops

Bandong, L. (2015-2016). *Mommy and Me Yoga*. Invited presenter for the Nurse Family Practitioners – New Mother program at the North Inland Health and Human Services Agency, Escondido, CA

Bandong, L. (2014). *Prenatal Yoga*. Invited presenter at the Yoga Therapy, Meditation and Marma Points Immersion at the San Diego College of Ayurveda, Escondido, CA

Panels

- Bandong, L. (2015). *Public Health*. Invited student panelist for the Health and Human Services Session at the California Forum for Diversity in Graduate School Education, UC Santa Barbara, CA
- Bandong, L. (2013 and 2015). *Infant and Toddler Development*. Invited parent panelist for the Child Development 103 class hosted by Jenny Ferrero, M.S., Child Development Chair at Palomar College, San Marcos, CA
- Bandong, L. (2014). *Public Health*. Invited student panelist for the Health and Human Services Session at the California Forum for Diversity in Graduate School Education, UC San Diego, CA
- Bandong, L. (2014). *Public Health*. Invited student panelist for the Health and Human Services Session at the California Forum for Diversity in Graduate School Education, California Polytechnic, Pomona, CA
- Bandong, L. (2013). *Breastfeeding A to Z: Sore Nipples and Biting*. Invited panelist at The Boob Group.com podcast episode #86, New Mommy Media, LLC., Mira Mesa, CA

SERVICE

California State University San Marcos

- Faculty Center Connections, 2016 – present
- Lactation Supportive Environments Campus-wide Initiative, UCSD's Center for Community Health 2015-present
- Evaluations Co-Chair, The California Forum for Diversity in Graduate Education, 2014-2015
- Programing Committee, The California Forum for Diversity in Graduate Education, 2010-2014
- Search Committee, Dean of Graduate Studies and Associate Vice President of Research, 2014
- Committee Member, Arts and Lectures, 2007-2011

California State University Fullerton

- Participant in CSUF's Faculty/Graduate Student Mentoring Program, 2013-2016

Babies-in-Bloom

- Babyfest Volunteer, a baby expo benefiting various non-profit organizations, San Diego, 2013-2015
- Judge, Guinness Book of World Records – Great Cloth Diaper Change, 2013, 2016

OTHER TEACHING EXPERIENCE

Yoga Teacher - Prenatal

City of San Marcos Community Recreation Center, San Marcos CA Jan 2010 – present

- Founder of the first prenatal yoga program through the city's recreation program
- Designs and evaluates the curriculum around the immediate needs of the population
- Researches and analyzes current health concerns related to maternal and child health
- Presents at community outreach activities and networks with community members and local providers
- Effectively integrates social media networks enhancing enrollment and participant engagement
- **Grant Submission:** 2011 March of Dimes California Community Grant Proposal for Prenatal Yoga Scholarships, Results - not funded

Yoga Teacher – Toddler Family

City of San Marcos Community Recreation Center, San Marcos CA May 2015 – Dec 2015

- Founder of the first toddler family yoga program through the city's recreation program
- Designs and evaluates the curriculum around the immediate needs of the population
- Presents at community outreach activities and networks with community members and local providers
- Effectively integrates social media networks enhancing enrollment and participant engagement

Babies In Bloom, Rochelle McLean, IBCLC, CCE, CD, Vista CA Jan 2010 – Nov 2012

- Originated the toddler family yoga program teaching to parents with their toddlers
- Created lessons plans around the needs of the students

OTHER HIGHER EDUCATION WORK EXPERIENCE

Graduate Student Success Coordinator

Office of Graduate Studies and Research, California State University San Marcos Dec 2015 – Sept 2016

- Develop and implement graduate studies programming and operations that support admissions, degree progress, and graduation services
- Manage department's social media initiatives and student funding opportunities
- Advise students and administration of policies and procedures related to graduate studies

Campus Coordinator of CSU Scholarship Programs

Office of Graduate Studies and Research and the Faculty Center
California State University San Marcos

Aug 2005 – Jun 2016

- Serve as the primary coordinator and successfully administer two CSU Chancellor's Office scholarship programs advising and coaching students through graduate school process: Chancellor's Doctoral Incentive Program and California Pre-Doctoral Program

Graduate Studies Office Coordinator

Office of Graduate Studies and Research, California State University San Marcos Jun 2010 – Nov 2015

- Manage and produce all Graduate Studies Office initiatives and events: student orientation, resource fair, poster symposiums, student research conference, information sessions, and recruitment/outreach
- Design and oversee marketing campaign: social media, brochures, newsletters and website material for graduate studies, student recruitment, research opportunities and scholarships
- Present at forums, orientations, recruitment fairs, information sessions, and workshops
- Advise students and administration of policies and procedures related to graduate studies

Faculty Center Coordinator

Faculty Center, California State University San Marcos

Aug 2005 – Jun 2010

- Coordinated faculty professional development events: new faculty orientations, retention tenure and promotion workshops, sabbatical workshops, biannual faculty research colloquium
- Developed communications material such as brochures, information packets, newsletters and website material
- Marketed department services by speaking at student and faculty meetings, orientations, information sessions, workshops
- Managed daily office operations and supervised up to three student assistants

Faculty Mentoring Program Coordinator

Faculty Center, California State University San Marcos

Aug 2005 – Aug 2007

- Advised and guided economically and educationally disadvantaged undergraduates

CERTIFICATIONS

- Leading and Supervising Others - California State University San Marcos Nov 2012
- Prenatal Yoga Teacher - Yoga Well, San Diego CA Jul 2011
- Yoga Teacher, 200 hour - Yoga Roots and Wings, Vista CA May 2009

MEMBERSHIPS

- Yoga Alliance: 200hr and Prenatal
- Association of Prenatal and Perinatal Psychology and Health
- International Cesarean Awareness Network (ICAN), San Diego Chapter