



CSUSM MASTER OF PUBLIC HEALTH

FALL 2024 NEWSLETTER

ANNOUNCEMENTS



DELTA OMEGA CHAPTER FOUNDED AT CSUSM - WELCOME TO EPSILON TAU!

Founded in 1924 at Johns Hopkins University and boasting 130+ chapters nationwide, Delta Omega Honorary Society in Public Health promotes the graduate study of public health and recognizes outstanding achievement in the field. Delta Omega members - students, faculty, alumni, and honorary - are inducted through a highly selective process that assesses their performance and devotion to the field of public health. Members enjoy a number of benefit, including publication and leadership development and a nationwide network of public health leaders, colleagues, and peers.

In addition to inducting new members, Delta Omega chapters organize and participate in a number of events and activities, including community service, membership programs, sponsoring public health-focused drives (food drives, vaccination drives, blood drives, etc.), guest lecturer series, career development workshops, and member meetings.

As the Epsilon Tau chapter, we will induct new members into the Society every year at our annual Public Health Graduation Celebration - starting December 2024!

For more information about Delta Omega, please visit their website at <https://deltaomega.org/>

GoPH Leadership Opportunities

The **Graduate Organization of Public Health** (GoPH) is looking for multiple leadership positions to take over for the graduating cohort. Available positions include but are not limited to: Vice President, Secretary, Public Relations, and Event Organizer. If you are interested in becoming a student leader or have questions about the application process, time commitment, and position duties, please email your completed application or any questions about the position to publichealth@csusm.edu, subject line **GoPH Leadership Inquiry**.

MPH Peer Mentor Program

Are you an established MPH student interested in connecting with your peers and providing guidance to incoming cohorts? If so, our Peer Mentor Program is for you! As an MPH Student Mentor, you will be assigned up to 4 student mentees. You will meet with your mentees 2 times through the semester, in person or over Zoom.

If you are interested in becoming a mentor, please email publichealth@csusm.edu, subject line **Fall 2024 Mentor Interest**.

WELCOME NEW FACULTY & STAFF!

Alhelí Calderón-Villarreal, MPH, MD, PhD

ASSISTANT PROFESSOR, PUBLIC HEALTH

Alhelí received her medical degree from the Universidad Autonoma de Coahuila (UA de C) in Mexico, her MPH from the Instituto Nacional de Salud Publica, and her PhD from the Joint Doctoral Program in Public Health at UCSD and SDSU. She is a co-director of Women in Global Health (Mexico Chapter), Correspondent for Mexico in the Pandemic Period Collective, and founder and director of the Socio-Environmental



Tijuana River Project. Her interests include global health, health equity, social and environmental justice, human rights, health policies, migration for health, WASH (Water, Sanitation, And Hygiene) access, substance use, poverty, and menstrual health.

Olivia Lee

COMMUNITY PARTNERSHIPS AND INTERNSHIP COORDINATOR, PUBLIC HEALTH



Olive Lee has been with CSUSM since 2022. Her first position on campus was Administrative Coordinator, supporting departments of Economics, Philosophy, Environmental Studies, American Indian Studies, and the Center for Contemplative Practices. She has a BA in Human Development, and has worked with students of all ages (K-12). She enjoys cooking, spending time with family, and traveling.

IMPORTANT DATES FALL 2024

OCTOBER 18	Last day of Fall 1 academic session
OCTOBER 19	First day of Fall 2 academic session
NOVEMBER 11	Veterans Day - campus closed
NOVEMBER 28-29	Thanksgiving - campus closed
DECEMBER 5	Cohort 15 & 16 Graduation Celebration
DECEMBER 19	Last day of Fall semester

DEPARTMENT RESOURCES

MPH PEER WRITING TUTOR

Our Peer Writing Tutor, **Vincent Lavezzi**, can help build your outline structure, brainstorm ideas, and discuss the content of your paper. To make use of this resource, please schedule an appointment with Vincent via [this link](#) and make sure to submit your writing samples to him via email at lavez001@csusm.edu ahead of time.



Scheduling:

<https://calendly.com/vincentlavezzi/30min>

Office Hours

Fridays, 7:00am - 4:00pm

Sunday 7:00am - 4:00pm

PUBLIC HEALTH CENTRAL SHAREPOINT SITE



Starting this Fall, all program information, including but not limited to faculty office hours, student resources, forms, FAQs, and upcoming events is hosted on our program-wide **SharePoint site, Public Health Central**. You can find it at csusm.sharepoint.com/sites/phc, or scan the QR code to the left of this announcement.

PUBLIC HEALTH CENTRAL CAFE

Join our Community Partnerships and Internship Coordinator, Ms. Olivia Lee, at Public Health Central Cafe! These open Q&A sessions take place **every third Wednesday of the month** in our Department Suite, ELB 501, and are a great way to learn more about the program, gain additional insight into the internship process and career pathways in public health, and connect with your peers and instructors! Coffee, tea, and light snacks provided.



UPCOMING EVENTS

FALL 2024 GRADUATION CELEBRATION

Thursday, December 5th, 2024

Union CoWork San Marcos | 6:00 - 8:00pm

This celebration will be held at Union Cowork, across from the Extended Learning Building on **Thursday, December 5th, from 6:00pm until 8:00pm**. Food and light refreshments will be provided, and all attending students will be able to bring **up to 2 guests**.

All graduating students present at the event will receive one white MPH stole - if you are attending virtually or are unable to attend, we can mail your stole to you, or you can pick it up at ELB 501 during our regular office hours before or after the event.

Please note that this event is separate from the University-wide Commencement ceremony. You can find more information about Commencement on the ceremony's webpage: <https://www.csusm.edu/commencement/index.html>

STUDENT OPPORTUNITIES

USPHS Day at CSUSM - Save the Date!



U.S. PUBLIC HEALTH SERVICE COMMISSIONED CORPS

Wednesday, March 5th, 2025
USU Ballroom & Meeting Rooms
9:00am - 5:00pm

Do you want to join a team of dedicated public health professionals who are focused on safeguarding and improving our nation's health? Are you interested in a rewarding career that provides career flexibility and opportunities to travel and serve on the front lines of public health emergencies? If so, then you may be interested in a career with the Commissioned Corps of the U.S. Public Health Service!

CSUSM is honored to welcome representatives from the US Public Health Service for an all-day event on **Wednesday, March 5th**. The Commissioned Corps works on the frontlines of public health to fight disease, conduct research and care for patients in underserved communities across the nation and throughout the world. Its members lead public health and policy development within the Department of Health and Human Services and throughout the federal government.

For more information, please visit www.usphs.gov.

Center for Contemplative Practices Student Fellowship Program

The Center for Contemplative Practices (CCP) is launching their Student Fellowship Program this fall. This award program offers students facing financial constraints an opportunity to develop mindfulness skills relevant to their chosen career path.

Participants will engage in a series of mindfulness-related workshops, courses, and research opportunities with the Center for up to 1 year. The CCP anticipates that these opportunities will enhance participants' resumes and aid them in their pursuit of professional and personal goals.

This fellowship is open to students who have an interest in mindfulness as a personal and professional practice. The program will run over two semesters from Fall 2024 through Spring 2025. If you have already taken a 6-week or semester-long mindfulness course, you can enroll in the program for one semester. **Student fellows will receive \$500 per semester.**

For more information and application details, please visit csusm.edu/mindfulcsusm/internship.html or email mindfulcsusm@csusm.edu. The application deadline is May 10th, 2024.