APA Style: 6th Edition

APA is a way to format papers for behavioral and social sciences, education, and nursing.

**General Format**
- Double-spaced
- Times New Roman font
- Include title page and abstract (unless instructed otherwise)
- Reference page (entries listed alphabetically by last name)
- 1-inch margins on all sides
- 12 pt. font.
- 8.5 x 11 inch paper

**Sample Title Page**

In a header, type “Running head:” followed by the first short meaningful phrase of your title in ALL CAPITALS.

The full title of your paper

Your first and last name

Affiliated institution

Running head: EFFECTS OF WRITING

The Effects of Writing on Student Performance in Sports:
A Longitudinal Study of First-Year Students
Janet Manilog
California State University San Marcos

Author’s Note (if any)

1 inch margins

*NOTE: This sample is not to scale.

Insert page # in top right hand corner in same header as running head

Do not change font on title page. No bold, underline, size differences, etc.

Insert title in the upper half of the page

Includes additional author, funding, or research information
The Effects of Writing on Student Performance in Sports: A Longitudinal Study of First-Year Students

First-year college students who engage in sports outside and within the university frequently cite making time for writing as a challenge to their busy schedules. Because of the growing population of students...

References


