Paraphrasing

Paraphrasing can be difficult. If you're struggling to paraphrase a source, try using some of these 7 strategies:

Strategy	Original Example	Paraphrase
1. Use synonyms	A. The global population has <i>increased significantly</i> .	A. The world population has <i>risen considerably</i> .
	B. <i>Scientists predict</i> that the population will exceed 10 billion.	B. <i>Experts estimate</i> that the population will be more than 10 billion.
2. Use antonyms	A. It is <i>difficult</i> to find work in rural areas.	A. It is <i>not easy</i> to find work in rural areas.
	B. Living in a city is <i>more expensive</i> than in the country.	B. Living in the country is <i>cheaper</i> than in a city.
3. Simplify	A. There is <i>insufficient</i> housing to meet the demand.	A. There is <i>not enough</i> housing to meet demand.
	B. People are <i>migrating</i> from <i>rural to urban areas</i> .	B. People are <i>moving</i> from <i>the country to the city</i> .
4. Use phrases that explain or define	A. There has been <i>a fall</i> in the <i>rural population</i>.B. <i>Urban populations</i> are growing.	A. <i>Fewer people</i> live in the <i>country</i>.B. <i>More people</i> live in <i>towns and cities</i>.
5. Use categories or examples	 A. Overcrowding puts a strain on <i>social infrastructure</i>. B. Consumption of <i>fossil fuels</i> is increasing. 	 A. Overcrowding puts a strain on <i>schools and hospitals</i>. B. Consumption of <i>oil, gas, and coal</i> is increasing.
6. Use other word forms	A. Towns and cities have <i>expanded</i> rapidly.B. Experts are unsure whether the economy will remain <i>stable</i>.	A. There has been a rapid <i>expansion</i> of towns and cities.B. Experts are unsure about the <i>stability</i> of the economy.
7. Rearrange the words or phrases	 A. <i>To fight a damaging disease</i>, the farmers began to grow genetically modified crops. B. Many students aren't able to paraphrase well <i>without using a dictionary</i>. 	 A. The farmers began to grow genetically modified crops <i>to fight a</i> <i>damaging disease</i>. B. <i>Without using a dictionary</i>, many students aren't able to paraphrase well.

Reminders:

- Use a minimum of *two* of the above strategies if you are having trouble putting a sentence into your own words. More is better than less!
 - Example:
 - [Original]: Living *in a city is more expensive* than in *the country*.
 - [Paraphrase]: Living *out of the city is cheaper* than in *urban areas*.
 - Don't forget to include an *in-text citation* for every sentence that you paraphrase.
 - <u>Example:</u> Experts estimate that the population will be more than 10 billion (Hunt 2019).

Quoting, Paraphrasing, Summarizing

There are 3 ways to put information from a source into your paper.¹

	Quoting	Paraphrasing	Summarizing
What is it?	*Taking the exact words from the source.	 *Taking ideas from the source and sharing them in your own vocabulary. *Usually about the same length as the original. *The meaning should remain the same. 	 *Taking a longer text and putting the most important ideas in a shorter format using your vocabulary. *Usually lists ideas in the same order. *The meaning should remain the same.
When should I use it?	 *The vocabulary is very specific; paraphrasing would change the meaning. *The author is an expert; you want to show their exact words. *In general, only 10% of your paper should be quotes. 	 *The meaning is more important than the vocabulary words. *You're changing a small amount of text. *Focusing on details or examples from the source. *Most commonly used method for sharing research information. 	 *You need to put ideas from a large block of text into a smaller section. *You don't need to use all the details in the original. *To give an overview or background information. *Not used as commonly as paraphrasing.
What does it look like? ² <u>Original source:</u> Lester, James D. Writing Research Papers. 2nd ed., 1976, pp. 46-47 <u>Adapted from</u> https://owl.purdue.edu/o wl/research_and_citation/ using_research/ _paraphrasing_and_summa rizing/paraphrasing.html	 <u>Shorter quotations</u>: "Probably only about 10% of your final manuscript should appear as directly quoted matter" (Lester, 1976). <u>Longer quotations</u>: Check the style guide for what constitutes a block or long quote and how to format it. Usually, longer quotes won't use quotation marks. 	Original: Students frequently overuse direct quotation in taking notes, and as a result they overuse quotations in the final [research] paper. Paraphrase: In research papers, students often quote excessively, failing to keep quoted material down to a desirable level (Lester, 1976).	Original: Students frequently overuse direct quotation in taking notes, and as a result they overuse quotations in the final [research] paper. Only about 10% of your final manuscript should appear as directly quoted matter. Therefore, strive to limit the amount of exact transcribing of source materials while taking notes. Summary: Students should take just a few notes in direct quotation from sources to help minimize the amount of quoted material in a research paper (Lester, 1976).

¹Information adapted from <u>Writing Matters</u> by Rebecca Moore Howard

² The above examples are using APA style citations. See handouts for additional information about in-text citations or for other styles.