



Faculty Center

Faculty Learning Community for Contemplative Pedagogy for Social Justice

Leader(s): Dr. Pamela Redela & Marnie Eldridge, M.A.

Description

In this FLC we will introduce a variety of contemplative practices designed to help us create more inclusive, identity-safe student learning communities that have the courage and resilience to deal with issues of social injustice. Some themes include developing the capacity to be vulnerable, self-aware and reflexive; valuing the struggle together; developing compassion, public love and resilience.

Participants from the Spring 2021 FLC on the same topic will continue work on their individual goals and will serve as mentors to incoming participants. These FLCs are designed to be ongoing spaces that faculty can return to for trying on new practices and refreshing current ones.

FLC Learning Outcomes

- Demonstrate an understanding of how contemplative pedagogy can enhance solidarity and learning within the classroom.
- Recognize the importance of mindfulness in developing a social justice-minded perspective.
- Understand the role of introspection in maintaining positive engagement in all aspects of learning and interactions with academic disciplines that center social justice.
- Integrate contemplative practices into pedagogy to enhance learning.

Who should apply?

Faculty from any discipline that centers social justice and any rank are encouraged to apply.

How will faculty be selected?

- Faculty who are open to mindfulness practice. No experience necessary.
- Faculty who are willing to incorporate contemplative pedagogies into their courses.
- Diverse representation from different ranks, disciplines, and colleges

What are the deliverables?

- Introduction to a personal mindfulness practice.
- Concrete action plan for implementing contemplative practices into a specific course.



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Time Commitment

Meeting dates: Fridays 2-3:30pm via Zoom

Sept. 17, Oct. 1, Oct. 15, Oct. 29, Nov. 12, Nov. 19, Dec. 10, Dec. 17

Compensation

Faculty will receive \$250 for participating in the FLC, upon completion of action plan and missing no more than 2 meetings.

Faculty will also receive a Certificate of Completion as well as the book: "Integrating Mindfulness into Anti-Oppression Pedagogy" by Beth Berila.

Application:

Please include a short description of knowledge/experience in the aforementioned areas and why you are interested in Contemplative Pedagogy. Priority will be given to faculty who submit their [application](#) by **September 10, 2021**.